Challenging Myths, Creating Meanings

## Women's Sexuality

across the Life Span

Judith C. Daniluk

# Womens Sexuality Across The Life Span Challenging Myths Creating Meanings

**Judith Worell** 

#### **Womens Sexuality Across The Life Span Challenging Myths Creating Meanings:**

Women's Sexuality Across the Life Span Judith C. Daniluk, 2003-06-09 Moving beyond a traditional focus on sexual functioning this book emphasizes the complex interaction of psychological social cultural and biological influences on womens s sense of themselves as sexual beings Written for practitioners and educators its goal is to challenge contradictory messages and meanings that cause many women to feel disconnected from their bodies and from their needs and desires Themes explored include the development of sexual awareness and sexuality in childhood and adolescence the critical sexual choices of young adulthood and the multiple transitions characterizing the middle and later years of life The book features creative exercises and interventions to help girls and women construct more affirming sexual meanings **Sexuality Across the Life Span** Judith C. Daniluk, 2003-06-09 Moving beyond a traditional focus on sexual functioning this book emphasizes the complex interaction of psychological social cultural and biological influences on womens s sense of themselves as sexual beings Written for practitioners and educators its goal is to challenge contradictory messages and meanings that cause many women to feel disconnected from their bodies and from their needs and desires Themes explored include the development of sexual awareness and sexuality in childhood and adolescence the critical sexual choices of young adulthood and the multiple transitions characterizing the middle and later years of life The book features creative exercises and interventions to help girls and women construct more affirming sexual meanings Handbook of Stressful Transitions Across the Lifespan Thomas W. Miller, 2009-11-28 This volume provides a unique and valuable contribution to our understanding of the impact of stressful life events and mass trauma on the person the culture and society in the course of the life span It provides a comprehensive look at our psychological state of affairs at the beginning of the twenty first century There are several volumes that address some or most of these areas indivially but this volume is unique in that it has brought together theoreticians researchers and clinicians who address critical challenges in our lives But we are now several months into the global financial crisis requiring a transition not only for the western world but for the third world How on earth do families in trauma zones from Sri Lanka to Afghanistan New Orleans to Gaza cope with similar declining older relatives with added traumas and zero medical resources attempt to survive In news reports politicians and financiers denying the inevitable and struggling for solutions that cannot be relevant to the new reality that they have yet to discover

Issues in the Psychology of Women Maryka Biaggio, Michel Hersen, 2007-05-08 Over the past 15 years I MB have taught a graduate level course in Psychology of Women to students in two different professional psychology programs Because my students were at the doctoral level and often had some familiarity with the psychology of women these courses focused on bringing a feminist analysis of psychology and integrating a feminist analysis into one s scholarly work and professional activities Although I used several fine psychology of women textbooks during this time I found none that was specifically designed for graduate students Thus I always augmented the textbook with journal articles on specific aspects of

the topic and these focused articles have typically been well received by the students The s dents whom I have encountered in these courses have often expressed a wish for a textbook that is designed for their needs I think what they are asking for is one that could serve as a foundation for their scholarly analysis of psychology as well as a springboard for thoughtful application of a feminist perspective to the profession of psychology Therefore Issues in the Psychology of Women has been designed to serve as a textbook for advanced undergraduate or graduate courses including Psychology of Women or Feminist Analysis of Psychology This book is the collective work of authors with special expertise in their chapter topic **Contemporary Indian Films and Media** Aysha Viswamohan, 2024-12-23 This book investigates the ways in which contemporary Indian cinema particularly 2010 onwards has projected and represented women on screen not just on films and TV but also on new media platforms like OTT and other digital media The wide ranging essays reflect on issues of gender violence sexuality performance domestic and public spaces along with the role of women in the Indian film industry They draw on current global discourses on gender including Me Too Time s Up LGBTQIA and a call for wages for women on a par with their male counterparts and other socio cultural debates in the Indian society The book will be of great interest to scholars and researchers of film studies gender studies culture studies and South Asian studies The Essential Handbook of Women's Sexuality Donna Marie Castañeda, 2013-01-24 This cutting edge two volume set with contributions by distinguished and internationally recognized scholars provides a comprehensive picture of contemporary issues in the field of women's sexuality emphasizing women's diversity and international perspectives. The multifaceted field of women's sexuality has expanded as a field of inquiry over the last 25 years to encompass a wide range of new perspectives theories topics findings and controversies The chapters in this work review and question the utility of standard sexuality frameworks addressing purely biological models heteronormative definitions of sexuality and others and provide new insights and approaches to understanding women s sexuality The intersectional and contextual nature of women s sexuality and how it is inextricably connected to women s relational social economic and cultural contexts is highlighted. The Essential Handbook of Women's Sexuality includes in depth coverage of a wide range of women's sexuality topics including sexual desire and satisfaction sexuality in relationships development across the lifespan sexuality concerns in diverse countries pornography lesbian bisexual and transgender women women from diverse backgrounds health and sexuality reconceptualizations of women's sexual problems trauma rape and intimate partner violence and mental health and therapy These volumes can serve as a resource for students researchers and anyone seeking a greater understanding of women s sexuality In Search of Aphrodite Chelsea Wakefield, 2015-10-14 What does it mean to be in search of Aphrodite For most women sex is complex and more than a juxtaposition of body parts Women sense the possibility of depth meaning even transcendence but in a somatically disconnected sexually superficial world it can be difficult for a woman to discover her inner fire define who she is sexually and confidently communicate this to her partner Part philosophy part treatment manual In Search of Aphrodite

addresses women s sexual problems from an inspiring creative perspective integrating Jungian Psychology and sex therapy Readers will deepen their understanding of the sexual psyche and how this realm impacts women s lives as well as what the author calls the journey of Sexual Individuation TM Chelsea Wakefield covers a variety of topics such as healing ancient wounds resolving inner conflicts exploring sexual essence identity scripts primal instinct desire fantasy longing and more She offers pathways to sexual enrichment and improved communication with a partner Sexual archetypes are introduced and organized around the author's Sexual Essence Wheel Gatekeepers and Eros inhibiting archetypes are described along with what to do when treatment stalls This book is appropriate for Clinicians who are nervous about venturing into conversations about women's sexuality Clinicians who are comfortable with sexual topics and are curious about new interventions Sex therapists who want a treatment model that acknowledges the multidimensional aspects of sexuality Jungian analysts and Jungian oriented practitioners who want helpful tools for addressing sexual issues as an invitation into individuation Pastoral counselors and spiritual quidance practitioners who seek to heal souls wounded by sexual trauma and sex negative teachings Women who want to explore their sexual psyche and define their sexual essence and men who wish to better understand the sexual depths of women Rich with case histories and an Inner Cast of Characters that clients can explore this resource will help women discover joyful embodiment innate eroticism and sexual pleasure A New View of Women's Sexual Problems Ellyn Kaschak, Leonore Tiefer, 2014-02-25 Take a new look at women s sexuality This fascinating book looks at the wide ranging therapeutic social and political implications of the new paradigm of women's sexuality International in scope and multidisciplinary in approach A New View of Women's Sexual Problems examines the theoretical and practical effects of the landmark document produced by the Working Group on a New View of Women's Sexuality The book brings together gender theory psychology social science and medicine in a powerful cultural critique of the reigning medical approach to women s sexual health International experts from India Costa Rica Israel the US and many other cultures place this revolutionary idea in cultural and political context as well as extrapolating fresh new treatment options for dealing with women s sexual problems A New View of Women's Sexual Problems analyzes the new paradigm's implications in many fields including family medicine couples counseling for straight and lesbian partners STD prevention and sexual health issues sex therapy sex education feminist theory developmental psychology Encyclopedia of Women and Gender, Two-Volume Set Judith Worell, 2001-09-13 Covers the psychology of women the psychology of men and gender differences while discussing psychological differences in personality cognition and behavior as well as biologically based differences and how those differences impact behavior Deserving Desire Beth Montemurro, 2014-09-01 Women experience considerable changes in their bodies lives and identity between the ages of twenty and seventy including marriage motherhood the dissolution of relationships and menopause all of which often impact sexuality In Deserving Desire Beth Montemurro takes a wide ranging look at the evolution of women's sexuality over time with a specific focus on the development of sexual subjectivity that is

sexual confidence agency and a sense of entitlement to sexual desire Detailed stories of the ninety five women in this study explore how they become more comfortable with their bodies when most begin to enjoy sex feel confident and positive about engaging in it and how they become sexual subjects in control of their bodies Deserving Desire explores the complex multi stage process in which sexual subjectivity evolves over a woman s lifetime As girls they learn about sex and how those around them parents peers religion and media regard sex Physical and emotional transitions such as having a baby or ending a relationship further affect women s sexual confidence and desire Montemurro emphasizes that sexual subjectivity is about feeling in control of sexual decision making and acting purposefully and confidently Though adolescent sexuality has been a major focus of sociological research few studies have examined as Montemurro does here the development of sexuality through women s lives and the events that change the way women feel about themselves their bodies and their relationships

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