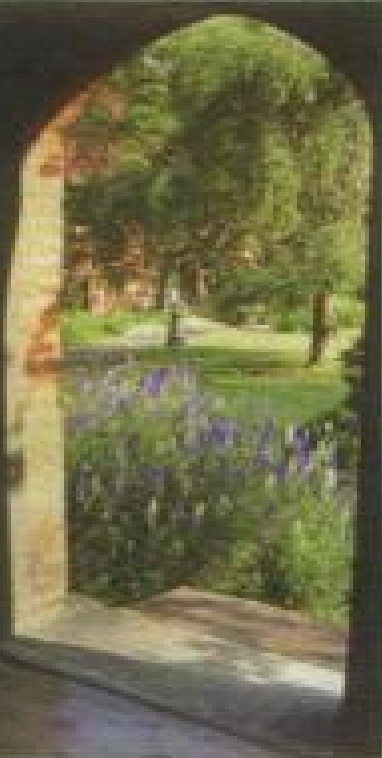


**Twelve
Steps
to
Inner
Freedom:**

**Humility
Revisited**



Joan D. Chittister

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Recorded at Big Sky Studio, Waterford, PA
70 minutes

Twelve Steps to Inner Freedom: Humility Revisited

Joan Chittister, OSB

Sister Joan reads the text from her popular, practical, yet profound guide to "right living." She re-examines the timeless 12 Step Program of Saint Benedict. Step-by-step, Joan Chittister shows how humility can bring harmony to the soul and peace to the world.

Accompaniment:

Marilyn Schauble, OSB



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grounding Anglican laywoman and writer Esther de Waal says that Benedict's Rule helps her know how to be human now today tomorrow and for the rest of my life This accessible introduction to the Rule of Benedict intended for readers unfamiliar with Benedictine monasticism presents the Rule as a guide to a God centered balanced approach to life It shows us how to use Benedict's wisdom to build relationships and communities formed by love and respect It offers historical background and personal reflections on Benedictine topics such as living in the present moment balance finding God in everyday life individual and community prayer hospitality and healthy approaches to work and service

The Monastic Way Hannah Ward, 2013-01-25 A book of daily readings drawn from the writings of those who have lived the monastic life in all the major spiritual traditions of the Eastern and Western Churches Benedictine Franciscan Orthodox Carmelite and others For each month there is a specific theme Starting Out Seeking Guidance Living With Others Balancing Life and so on through the year Each theme is introduced by quotations from one of the great monastic Rules and for each day of the year there is an excerpt from the writings of a huge variety of men and women stretching across the centuries from 5th century Desert Mothers to Basil Hume Joan Chittister Thomas Merton and many more familiar and new names This is a book for all who are looking to an ancient rooted wisdom for practical guidance on living in the world today *Augustine and Frontiers of Pluralism* Boleslaw Z. Kabala, Thomas P. Harmon, Ashleen Menchaca-Bagnulo, 2025-05-14 This book focuses on St Augustine as a worthwhile resource for thinking through the challenges and prospects of pluralism The contributors speak to several dimensions of this organizing concept understanding of which is advanced by engagement with Augustine The volume brings together scholars from different disciplines faith traditions and political commitments all of whom have deemed it worthwhile to return to Augustine to learn about a signature theme of common life in the twenty first century The chapters address a variety of topics including civic engagement feminism Black religious thought domination liberalism and time In an age of pluralism the hope is to access the insights of the thinker who struggled with a plurality of desires motivations and political theological imaginations and to benefit from his thoughts The book will be of particular interest to scholars of theology philosophy and political science

Reaching for God Roberta Werner, 2013 Reaching for God is a compendium of Benedictine life and prayer for oblates It brings together in one volume the essence of Benedictine spirituality its history its relevance through the ages and in the present and a summary of the most fundamental gifts and values it offers for living a meaningful life Here the meaning and purpose of the oblate way of life is explained in a clear and encouraging way Werner offers guidance and examples of prayer to enrich any spiritual life Sister Roberta Werner OSB having worked as a teacher caregiver and educational administrator is now the assistant oblate director at St Benedict's Monastery in St Joseph Minnesota In this role she guides an oblate discussion group contributes to oblate newsletter publications has set up an oblate library and makes the spiritual journey with the many oblates who connect with her and with the monastery in their search for God

Poor Formation as a Principal Factor to the Crisis in Priesthood Today Paul UCHE Nwobi, 2012-09-27 This

book is on the spirituality of life crisis and formation When this spirituality is denied or neglected life is in crisis The Church with its priesthood is losing its face and meaning in today's world due to the evading crisis How to define and contain this crisis in today's world and cultures is what this book is all about Without a well grounded spirituality of formation life is a bundle of crisis with a limited vision meaning and purpose This book is a must read for everyone especially school teachers college professors seminary formators bishops priests religious men and women students seminarians and aspirants to religious life

Blessed Mary and the Monks of England Matthew J. Mills, 2024 In the study of historical Mariology the monastic communities of England in the eleventh and twelfth centuries the period so dramatically interrupted and reshaped by the Norman conquest of 1066 receive too little attention This monastic age was a time of great flourishing for both religious life and Mariology marked by new currents of prayer and thought In this volume Matthew Mills uncovers and draws together vibrant contributions to Marian doctrine and devotion by some of those then living in England under the sixth century Rule of St Benedict the Benedictines and their successors the Cistercians In a thematic unfolding of Mary's life and identity from conception to assumption and intercession a picture emerges of a Mariology shaped by the constant of monastic liturgy anchored in the biblical and patristic wisdom cherished and transmitted by the Venerable Bede and animated by love Towering figures such as Anselm of Canterbury and Ired of Rievaulx are also placed within a wider landscape alongside lesser known but still significant others including the Cistercian abbot John of Forde royal confessor and pioneer of Marian exegesis of the Song of Songs England's monastic Mariology was colored by Greek as well as Latin influences and touched by key experiences of the contemporary church at large apocalyptic disappointment reform sacramentalism and intense yearning for salvation In particular Mills brings to light the significance of Mary for monks understanding of their own profession their mother and their lady Mary was also their icon and exemplar of life in St Benedict's school for the Lord's service Rule Prol 45

Heart on Fire Annika Spalde, 2010-03-10 An exploration of mysticism as a practical path in the world that we all can choose

Mary MacKillop Margaret Paton, 2010 Blessed Mary MacKillop 15 January 1842 8 August 1909 of Scottish descent was an Australian Roman Catholic nun who together with Father Julian Tenison Woods founded the Sisters of St Joseph of the Sacred Heart This book delves deeply into what inspired this great Australian

The American Benedictine Review , 2005

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