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recognize terms drug classes and pathologic conditions *Herbal Formularies for Health Professionals, Volume 2* Jill Stansbury, 2018 *Herbal Formularies for Health Professionals* is a five volume set that serves as a comprehensive practical reference manual for herbalists physicians nurses and allied health professionals Dr Jill Stansbury draws on her decades of clinical experience and her extensive research to provide an unparalleled range of herbal formulas Organized by body system each volume includes hundreds of formulas to treat common health conditions as well as formulas that address specific energetic or symptomatic presentations including Dr Stansbury's own formulas formulas from herbal folklore and formulas from Traditional Chinese Medicine For each formula Dr Stansbury offers a brief explanation of how the selected herbs address the specific condition The book offers many sidebars and user friendly lists helping readers quickly choose which herbs are best for specific presentations and details traditional uses of both western herbs and traditional Asian herbs and formulas that are readily available in the United States Volume II focuses on circulation and respiration offering formulas and supporting information for treating a wide range of vascular pulmonary and respiratory conditions including angina coronary artery disease hypertension congestive heart failure Reynaud's syndrome anemia coughs bronchitis cystic fibrosis and emphysema Each volume in the set also includes a discussion of how herbal therapy fits into an overall treatment plan or approach for a particular health condition modern research findings on individual herbs and their mode of action in the body lists of herbs that might be beneficial for specific conditions advice on botanicals to avoid for particular conditions Each chapter includes a materia medica section listing 50 or more individual herbs with tips on their properties modes of action and very specific symptoms each plant best addresses These formularies are also a tutorial for budding herbalists on the sophisticated art of fine tuning the precision of an herbal formula for the constitution and overall health condition of an individual patient rather than a basic diagnosis The text aims to teach via example helping clinicians develop their own intuition and ability to create effective herbal formulas Volume 1 Digestion and Elimination debuted the set in February 2018 Volume III Endocrinology will be published in fall 2018 Volumes IV Neurology Pyschiatry and Pain Management and V Immunology Orthopedics and Otolaryngology will be published in spring 2019 [Herbal Formularies for Health Professionals, Volume 1](#) Jill Stansbury, 2018 *Herbal Formularies for Health Professionals* is a five volume set that serves as a comprehensive practical reference manual for herbalists physicians nurses and allied health professionals Dr Jill Stansbury draws on her decades of clinical experience and her extensive research to provide an unparalleled range of herbal formulas Organized by body system each volume includes hundreds of formulas to treat common health conditions as well as formulas that address specific energetic or symptomatic presentations including Dr Stansbury's own formulas formulas from herbal folklore and formulas from Traditional Chinese Medicine For each formula Dr Stansbury offers a brief explanation of how the selected herbs address the specific condition The book offers many sidebars and user friendly lists helping readers quickly choose which herbs are best for specific presentations and details traditional uses of both western herbs and traditional

Asian herbs and formulas that are readily available in the United States Volume 1 focuses on digestive health and the emunctories an herbal term referring to the organs of elimination the gastrointestinal system the urinary system and the skin This volume offers formulas and supporting information for treating gastrointestinal and biliary conditions liver and gallbladder conditions renal and urinary conditions and dermatologic conditions Each chapter includes a materia medica section that describes individual herbs with tips on their properties modes of action and the specific symptoms each plant best addresses Each chapter includes a materia medica section that describes individual herbs with tips on their properties modes of action and the specific symptoms each plant best addresses These formularies are also a tutorial for budding herbalists on the sophisticated art of fine tuning the precision of an herbal formula for the constitution and overall health condition of an individual patient rather than a basic diagnosis The text aims to teach via example helping clinicians develop their own intuition and ability to create effective herbal formulas Volume 2 Circulation and Respiration is also available and Volume 3 Endocrinology will be published in May 2019 Volumes 4 Neurology Pyschiatry and Pain Management and 5 Immunology Orthopedics and Otolarnygology will be published in 2020

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