ALEJANDRO LORENTE

VUELTA CUERPO EXIO PUNTOS

UNA GUÍA DE
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<u>Vuelta Al Cuerpo En Cuarenta Puntos La Plus Vitae</u>

Alejandro Lorente

Vuelta Al Cuerpo En Cuarenta Puntos La Plus Vitae:

La vuelta al cuerpo en cuarenta puntos Alejandro Lorente, 2009-06-30 La milenaria medicina china ha demostrado a trav s de los siglos su enorme eficacia para tratar enfermedades y dolores de un modo r pido y seguro siendo la digitopuntura es decir la presi n con los dedos en determinados puntos del cuerpo una forma sencilla y sumamente efectiva de tratamiento que uno puede practicar con los dem s y consigo mismo Basada en la ciencia de los meridianos y avalada por siglos de experiencia este libro pone la digitopuntura al alcance de todos de un modo nunca antes expuesto al lector occidental En esta obra el autor un especialista reconocido internacionalmente explica de forma f cil la localizaci n de 40 puntos fundamentales en el tratamiento de numerosas dolencias comunes y c mo ejercer sobre ellos la digitopuntura Dolores de muelas de cabeza o de espalda problemas articulares estomacales o sexuales insomnio falta de vigor alergias rinitis o diarreas entre otras muchas y comunes dolencias pueden ser tratadas y espectacularmente mejoradas por medio de esta sencilla pr ctica Asimismo conocimientos b sicos de la medicina china y su concepci n de la salud y enfermedad son tratados con amenidad y gran sentido did ctico En resumen un libro enormemente til que le ayudar a mejorar su vida y la de los suyos cuerpo en 40 puntos Alejandro Lorente García-Mauriño, La milenaria medicina china ha demostrado a trav s de los siglos su enorme eficacia para tratar enfermedades y dolores de un modo r pido y seguro siendo la digitopuntura es decir la presi n con los dedos en determinados puntos del cuerpo una forma sencilla y sumamente efectiva de tratamiento que uno puede practicar con los dem s y consigo mismo Basada en la ciencia de los meridianos y avalada por siglos de experiencia este libro pone la digitopuntura al alcance de todos de un modo nunca antes expuesto al lector occidental En esta obra el autor un especialista reconocido internacionalmente explica de forma f cil la localizaci n de 40 puntos fundamentales en el tratamiento de numerosas dolencias comunes y c mo ejercer sobre ellos la digitopuntura Dolores de muelas de cabeza o de espalda problemas articulares estomacales o sexuales insomnio falta de vigor alergias rinitis o diarreas entre otras muchas y comunes dolencias pueden ser tratadas y espectacularmente mejoradas por medio de esta sencilla pr ctica Asimismo conocimientos b sicos de la medicina china y su concepci n de la salud y enfermedad son tratados con amenidad y gran sentido did ctico En resumen un libro enormemente til que le ayudar a mejorar su vida y la de los suyos

The Enigmatic Realm of Vuelta Al Cuerpo En Cuarenta Puntos La Plus Vitae: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Vuelta Al Cuerpo En Cuarenta Puntos La Plus Vitae** a literary masterpiece penned with a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book is core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of those that partake in its reading experience.

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