

# Transformational Reminiscence

LIFE STORY WORK



JOHN A. KUNZ  
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WITH CONTRIBUTORS

# Transformational Reminiscence Life Story Work

**Michael H. Thaut, Volker Hoemberg**



## **Transformational Reminiscence Life Story Work:**

Transformational Reminiscence John A. Kunz, Florence Gray Soltys, 2007-04-23 As recently as fifty years ago people believed that reminiscing was a sign of senility Today along with a greater understanding of the significance of reminiscence we have seen the rising popularity of private memoirs in various forms from oral histories by universities to audio and videotapes for family archives John A Kunz and Florence Gray Soltys have made a major contribution to the field by providing a framework for individuals and groups engaged in this enriching and important work Robert N Butler MD Finally a book that takes a big picture look at the complexities of using life story work with older adults Using the life story matrix as a framework the authors and their contributors cover the complexities of reminiscence and life review techniques and advice for making a personal story public and the delicate balance of when to focus on content and when the process of telling one's life story can be therapeutic or destructive Transformational Reminiscence teaches the reader how to use the full spectrum of life story approaches to enhance quality of life for older adults ameliorate social and psychological problems and intervene if they occur Practical applications anecdotes exercises that help clarify the experiential side of the content and helpful suggestions enhance each chapter and ensure a safe and ethical application of this technique This book is a must read for anyone who uses a life story approach in his or her work with older adults or is teaching or supervising others in doing so

**Reminiscence and Life Story Work** Faith Gibson, 2011 Previously published under title Reminiscence and recall

**International Perspectives on Reminiscence, Life Review and Life Story Work** Faith Gibson, 2018-11-21 This book collates the latest research developments and evidence base for reminiscence life review and life story work in a single volume Charting the wide applications for narrative therapeutic methods the book emphasises the effectiveness of these approaches with varied people from different cultural backgrounds

**Aging Well** May Wykle, Sarah Gueldner, 2011 Aging Well Gerontological Education for Nurses and Other Health Professionals brings a fresh outlook to gerontological education and promotes the experience of aging as a positive circumstance and elders as a treasure of society Discussion centers on the application of research findings to encourage elders to rise above and beyond disability to help them retain their identity of personhood and integrate into society in general and their immediate community in particular Contributors include individuals from the academic gerontological community and clinicians as well as experts from related fields such as social policy and community planning This comprehensive text contains vital information necessary to caring for elders including topics such as disease and disabilities associated with aging to illuminate underlying philosophical tenants and social issues Each chapter provides a summary of the key points with suggestions on how to apply them on a daily basis

Creating Life Story Theatre Karin Diamond, Alison O'Connor, Clark Baim, 2025-02-20 Balancing practical exercises and case studies this book equips practitioners students and academics with guidance for exploring the process of making theatre from personal stories Inviting you to consider the ethical challenges and rewards of this specialized area of theatre making this book

contextualizes the authors original approaches within the range of existing applied theatre practice It draws on the authors practice and research in prisons with military veterans and families older adults people living with dementia intergenerational community groups and end of life care settings Offering guiding principles for practitioners undertaking work in this field and sharing techniques and exercises to help develop your style and approach it also features handy hints and pitfalls to consider while working with someone s most precious commodity their life story Featuring both the authors and participants perspectives the book explores concepts such as collaborative editing and co creation ownership and accountability ethics and boundaries and rolling consent Alongside a growing interest in using personal stories in applied theatre it argues that there is increasing evidence for the role of the arts in the promotion of health prevention of ill health and management and treatment of illness In light of the steady increase in a diverse range of arts practitioners embracing narrative practice this book is an accessible practitioner level text on the subject      **Positive Ageing** Nilanjana

Sanyal, Manisha Dasgupta, 2020-12-20 This book presents a kaleidoscopic view of the positive layers of ageing as well as key interventions that can help generate and maintain positivity and well being among the elderly It explores the connections of ageing with spirituality nature and existentialism and leisure to encourage creativity individuation happiness and emotional detachment It further examines various interventions such as end of life care mindfulness and yoga retrospection life review and so on which may improve the overall quality of life by promoting the health of the elderly individual The book focuses on authentic ageing transpersonal gerontology the concept of the elder child geriatric interventions and caregiving and suggests practical improvements in health and facilities for the elderly It also covers aspects of the inner life of the prolonged ailing or dying person from a mental health perspective and emphasizes the value of positive ageing A guide to applied geriatrics and geriatric psychology with its simple style and clear methods in end to end praxis the book shows how mental well being can be fostered in the elderly to help them find meaning and purpose in old age This book will interest students teachers and researchers of psychology positive psychology geropsychology and gerontological studies sociology and social work public health medical education and geriatric nursing It will also be useful to practitioners including psychologists counsellors gerontologists mental health professionals and NGOs working with the elderly and the interested reader      **Handbook of**

**Neurologic Music Therapy** Michael H. Thaut, Volker Hoemberg, 2014-07-17 Neurologic Music Therapy NMT is a form of music therapy developed for people suffering from cognitive sensory or motor dysfunctions arising from neurological diseases of the nervous system People who can benefit from this therapy include sufferers from stroke traumatic brain injury Parkinson s and Huntington s disease cerebral palsy Alzheimer s disease autism and other neurological diseases affecting cognition movement and communication e g MS Muscular Dystrophy etc The Handbook of Neurologic Music Therapy is a comprehensive landmark text presenting a new and revolutionary model of music in rehabilitation therapy and medicine that is scientifically validated and clinically tested Each of the 20 clinical techniques is described in detail with specific exercises

richly illustrated and with pertinent background information regarding research and clinical diagnoses The book is a must have for all neurologic music therapists and those who want to become one clinicians university faculty and students alike Physicians and therapists from other disciplines will find this tome an important guide to provide new insight how music can contribute significantly to brain rehabilitation and how Neurologic Music Therapists can be effective interdisciplinary providers in patient care

Narrative and Stories in Health Care Yasmin Gunaratnam, David Oliviere, 2009-04-09 The use of narrative methods has a long history in palliative care pioneered by Dame Cicely Saunders founder of the modern hospice movement Narrative and Stories in Health Care provides a vibrant multidisciplinary examination of work with narrative and stories in contemporary health and social care with a focus on the care of people who are ill and dying It animates the academic literature with provocative real world examples from international contributors including palliative care service users and those working in the social and human sciences medicine theology and the creative arts Narrative and Stories in Health Care addresses and clarifies core issues What is a narrative What is a story What are some of the main methods and models that can be used and for what purposes What practical and ethical dilemmas can the methods entail in work with illness death and dying As well as highlighting the power of stories to create new possibilities the book also acknowledges the conceptual methodological and ethnical problems and challenges inherent in narrative work As the hospice and palliative care movement evolves to meet the challenges of 21st century health care this fascinating book highlights how narratives and stories can be attended to in ways that are productive ethical and caring

Social Work Practice With Older Adults Jill M. Chonody, Barbra Teater, 2017-12 This book presents a contemporary framework based on the World Health Organization's active aging policy that allows students to focus on client strengths and resources when working with the elderly Covering micro mezzo and macro practice domains the text examines all aspects of working with aging populations from assessment through termination

**Cultural Methods in Psychology** Kate C. McLean, 2022 As I sat down to write this chapter about the use of life story methods for capturing cultural historical aspects of LGBTQ identity development I was transported back in time It was a hot summer day in 2004 I had travelled back from the big city where I was attending university to visit my family This was my first summer away from home At that moment my family and I sat in the parking lot of a diner having just finished breakfast at a local greasy spoon a ritualistic send off before I started my four hour return drive In those moments our car felt unusually cramped My dad was in the back seat with me my mom and brother in the front I didn't have much of an appetite that morning knowing that in mere minutes I would come out to my family as gay On our way out of the restaurant walking to our separate cars I somehow managed to muster up the courage to tell my family there was something important I wanted them to know So there I was in the backseat of the car with a message for my family Looking back on it the message was more like an ultimatum They could learn to love this new version of me as I had done or our routine see you later might be a goodbye This is the beginning of my story both my coming out story and in some ways my life story

Thankfully my family is still an important part of this story

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