

WOLFGANG GÜLLICH

UNA VIDA EN LA VERTICAL

Wolfgang Güllich marcó, como ningún otro escalador, el deporte de la vertical. Nacido el 24 de octubre de 1960 en Ludwigshafen, Alemania, comenzó a practicar la escalada a los catorce años. En los años ochenta y a principios de los noventa inició una nueva época, elevando el nivel internacional de la escalada sucesivamente hasta los grados 8b, 8b+, 8c, y finalmente 9a de dificultad extrema. Dejó las huellas de su genio en todos los continentes y llevó la idea de la escalada libre hasta las poderosas paredes del Karakórum y de la Patagonia. Abrió cientos de vías en todo el mundo, entre las cuales destacan las legendarias *Kanal im Rucken*, *Punks in the Gym*, *Wall Street*, *Action Direkte*, *Eternal Flame* o *Riders on the Storm*. Reconocido como uno de los más excepcionales escaladores de todos los tiempos, aunaba las cualidades de deportista con una gran fuerza de carácter y riqueza de espíritu. Murió el 31 de agosto de 1992 a consecuencia de las heridas sufridas en un accidente de coche.

Wolfgang Güllich, una vida en la vertical ofrece un amplio panorama de la biografía del gran escalador alemán, narrada por uno de sus más íntimos amigos y compañeros de escaladas.

«Una increíble sensación de alegría borra todo rastro de tensión; repentinamente tengo la impresión de que no estaba en juego mi vida, subjetivamente no estaba haciendo nada peligroso. Estoy sentado en la plataforma llana de la cumbre y aprecio el sol. «la realidad aparte» pertenece ya al pasado. Es el pensar en la muerte lo que nos hace sentirnos vivos.»

WOLFGANG GÜLLICH

Después de la primera ascensión en solo integral de *Separate Reality*,
Yosemite, 1986

Desnivel



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Puja Mehta



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Libros españoles en venta, ISBN , 1995 *Maximum Climbing* Ana Gabriela Junker, University of Wyoming.
Department of Modern and Classical Languages, 2012 Esta obra es una traducción del libro *Maximum Climbing* 2010 por Eric Hirst Escalar al máximo es el título elegido para el texto equivalente Eric Hirst presenta en este libro una visión bastante amplia de todas las áreas que conforman el proceso para llegar a ser un escalador que se vuelve uno con la piedra encontrando una íntima relación con la montaña y en vez de ser un sufrimiento o un esfuerzo físico brutal se convierte en una danza y una armonía descubriendo los inimaginables movimientos que el cuerpo puede realizar Erick Hirst hace hincapié en que el buen rendimiento en la escalada surge a través de un equilibrio y enfoque en la vida cotidiana el rendimiento en la escalada no es un elemento independiente del diario vivir sino que es la resonancia de los hábitos personales de minuto a minuto Es decir el enfoque no sólo debe estar en ganar más fuerza física sino en encontrar una armonía y un conocimiento de uno mismo los pensamientos las decisiones las acciones tomadas los valores la inspiración la actitud etc

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Table of Contents Wolfgang Gullich Una Vida En La Vertical

1. Understanding the eBook Wolfgang Gullich Una Vida En La Vertical
 - The Rise of Digital Reading Wolfgang Gullich Una Vida En La Vertical
 - Advantages of eBooks Over Traditional Books
2. Identifying Wolfgang Gullich Una Vida En La Vertical
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Wolfgang Gullich Una Vida En La Vertical
 - User-Friendly Interface
4. Exploring eBook Recommendations from Wolfgang Gullich Una Vida En La Vertical

- Personalized Recommendations
- Wolfgang Gullich Una Vida En La Vertical User Reviews and Ratings
- Wolfgang Gullich Una Vida En La Vertical and Bestseller Lists
- 5. Accessing Wolfgang Gullich Una Vida En La Vertical Free and Paid eBooks
 - Wolfgang Gullich Una Vida En La Vertical Public Domain eBooks
 - Wolfgang Gullich Una Vida En La Vertical eBook Subscription Services
 - Wolfgang Gullich Una Vida En La Vertical Budget-Friendly Options
- 6. Navigating Wolfgang Gullich Una Vida En La Vertical eBook Formats
 - ePub, PDF, MOBI, and More
 - Wolfgang Gullich Una Vida En La Vertical Compatibility with Devices
 - Wolfgang Gullich Una Vida En La Vertical Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Wolfgang Gullich Una Vida En La Vertical
 - Highlighting and Note-Taking Wolfgang Gullich Una Vida En La Vertical
 - Interactive Elements Wolfgang Gullich Una Vida En La Vertical
- 8. Staying Engaged with Wolfgang Gullich Una Vida En La Vertical
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Wolfgang Gullich Una Vida En La Vertical
- 9. Balancing eBooks and Physical Books Wolfgang Gullich Una Vida En La Vertical
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Wolfgang Gullich Una Vida En La Vertical
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Wolfgang Gullich Una Vida En La Vertical
 - Setting Reading Goals Wolfgang Gullich Una Vida En La Vertical
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Wolfgang Gullich Una Vida En La Vertical

- Fact-Checking eBook Content of Wolfgang Gullich Una Vida En La Vertical
- Distinguishing Credible Sources

13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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