

SYMPTOMS OF RELIGIOUS ADDICTION

- ✓ **Obsessive Focus on Religious Rituals:** Neglect of personal and family commitments.
- ✓ **Distress When Unable to Engage:** Using religion to escape painful realities.
- ✓ **Isolation:** Shutting away from others to focus on religious practices.
- ✓ **Judgmental Attitudes:** Forming quick opinions about others based on religious beliefs.



When Religion Is An Addiction

Robert N. Minor



When Religion Is An Addiction:

When Religion Is an Addiction Robert N. Minor, 2007 When Religion is an Addiction first asks us to change our understanding of the radical religious right to consider it in a new light so that we can do something that will first of all ensure the health of those outside the addiction and secondly end our own activities that are part of the dynamics that further the religious right wing Chapters two through seven set out the new understanding of many in the religious right wing and how it explains what we've been seeing in social issues and politics The ultimate goal is not only to set forth a way to understand the problem but also to point to solutions Chapter one sets the tone for that by calling us to stop arguing about religion in general The recent spate of books that defend atheism what Time magazine has labelled an atheist literary wave are a welcome alternative voice in American religious dialogue They also encourage such arguments and soothe the atheist choir while providing further opportunities for the right wing to use religion for its accompanying feeling of righteousness Chapter eight discusses practical guidelines for dealing with people who use religion as their addiction People in Dr Minor's workshops have already found these guidelines helpful reassuring and empowering

The Addiction of Religion Kendra Foy, 2020-09-21 The Karl Marx called religion The opiate of the masses The Addiction of Religion is a journey into the exploration of how religion shapes our lives It is a moving view into religion from the perspective religion as an addiction It raises the question are we addicted to religion Are we holding on to fallacies that our parents learned from their parents Where does the LGBTQ community fit into the scope of religion How do I find acceptance and my soul's true identity in the universe Can all of the other religions that are not my own really be wrong What if everything they taught me about religion isn't even real The Addiction of Religion takes a candid look at several religious points of view to see their similarities and their differences Look to understand how the addiction to religion starts and grows with us as we grow into adulthood Read compelling personal accounts from all walks of life about their individual journeys with religion The Recoverist bears her soul in this book of discovery about who we are as God God is living through us in the journey to know The Recoverist bears her soul in this book of discovery about who we are as God God is living through us in the journey to know Itself She offers the questions the debates and answers to many of the topics that philosophers have studied for all time She is not afraid to challenge conventional religion and to dissect it at its core She examines the idea of morality sexuality and spirituality with unabashed candor This book will challenge everything you were ever taught to believe

Religious Addiction, Mental Health and Spirituality Regina Pinto-Moura, Regina Johnson, 2008-06 The most destructive Frankenstein was created in the name of God among Brazilians in Somerville Massachusetts An unhealthy faith system it was established As a result many Brazilians may not trust any authority They are becoming unable to discern who supports their integrity and who not Visibly the mental health of some religious leaders became an issue The questions that arise at the intersection of faith and mental illness are not easily answered It is impossible to deny the damage caused by some leaders around the Boston greater area

Faith has been destroyed lives have been lost and an entire generation has been spiritually emotionally and psychologically mutilated This book represents an action to take responsibility before God and the second generation of Brazilians in the United States In order to understand the reasons behind this process of deconversion the challenge is to consider some aspects of religious addictions mental health and spirituality The Brazilian community has been diagnosed with a spiritual tumor This illness has the potential for causing isolation Unless addressed this sense of isolation and unproductive faith can be ongoing Many of the Brazilians feel that their faith has been stolen and it s time to take it back Authentic accountability with each other could be the very thing that re ignites our passion for Christ and His kingdom Rev Dr Regina Pinto Moura The Rev Dr Regina Pinto Moura pastors the Shalom International Baptist Community in Somerville Massachusetts She also serves side by side with her husband the Rev Dr Jota Moura Rocha Ordained in Massachusetts in 2003 Regina earned a Masters in Counseling Psychology and Addiction from Cambridge College Cambridge MA She has a Doctorate from Gordon Conwell Theological Seminary for her studies in Ministry in Complex Urban Settings

When God Becomes a Drug Leo Booth,1991 Father Leo Booth nationally renowned spokesperson on recovery issues reveals a startling picture of millions of people living dysfunctional lives through their religious addiction Father Booth offers a clear cut program giving readers practical ways to overcome excessive devotion and attain healthy spirituality

Toxic Faith Stephen Arterburn,Jack Felton,2011-04-13 Experiencing Healing from Painful Spiritual Abuse When religion becomes a means to avoid or control life it becomes toxic Those who possess a toxic faith have stepped across the line from a balanced perspective of God to an unbalanced faith in a weak powerless or uncaring God They seek a God to fix every mess prevent every hurt and mend every conflict Toxic Faith distinguishes between a healthy faith and a misguided religiosity that traps believers in an addictive practice of religion It shows how unbalanced ministries misguided churches and unscrupulous leaders can lead their followers away from God and into a desolate experience of religion that drives many to despair Toxic Faith shows readers how to find hope for a return to genuine healthy faith that can add meaning to life In the words of the author I want to help you throw out that toxic faith and bring you back to the real thing

Interreligious Curriculum for Peace Education in Nigeria Isaiah Ekundayo Dada,2019-04-18 Nigeria a country under a military regime for several years transitioned to a civilian regime in May 1999 Since this change violent conflicts between Christians and Muslims have continued to erupt They constitute one of the gravest dangers facing Nigeria a country with a population of 189 million people What have Nigerian religious leaders done about this situation especially in educational circles Have they received formal educational training to understand the causes of this violence and especially how to provide alternatives for more peaceful relations within Nigeria Does the current educational system in Nigeria provide the main ingredients for the promotion of a culture of peace The absence and neglect of interreligious peace education as part of a peace education core program and the lack of an interreligious curriculum for peace education in the training of religious leaders are the two problems contributing towards

the lack of effectiveness of religious leaders in promoting less violent and more peaceful living The solution to the problem is proposed in this book entitled Interreligious Curriculum for Peace Education in Nigeria The book develops a one year curriculum building on Yoruba Islamic Christian conceptions of peace and teaches how to create safe caring spiritual peaceful and successful interfaith relationships between all Nigerian religious communities In the long term the book helps to educate religious leaders to contribute in themselves and with the help of their respective religious communities to reducing the growing religious violence in Nigeria

Spiritual Sobriety Elizabeth Esther,2016-04-19 It s easy to get high on God in America But is this good religion In a compelling follow up to her memoir Girl at the End of the World Elizabeth Esther explores how religious fervor can become religious addiction The evidence is everywhere In families who inexplicably choose to harm their children in order to abide by cultic church doctrine But in ordinary believers too who use God the same way addicts use drugs or alcohol to numb pain alter their mood or simply to escape the realities of this messy unpredictable thing called life If you ve ever wondered how a religion that preaches freedom and love can produce judgmental and unkind followers if you ve ever felt captive to the demanding God of your own childhood if you ve struggled to find contentment without needing another emotional hit from a life changing conference or mountain top experience then Spiritual Sobriety is for you The author who grew up in a hyper controlling church cult will help you find hope and rebirth in the ruins of disillusioned faith Filled with stories and warm practical advice Spiritual Sobriety offers a gentle path out of the desperate cycles of craving euphoria hangover and into a freer clean and sober faith practice

Awakening from the American Dream Master Charles Cannon,Will Willkinson,2014-03-11 Awakening From The American Dream From Crisis To Consciousness is an expose of the American Dream as illusory enculturation It is a call to awakening to true reality in which happiness is not something to be pursued but rather innately experienced as one s birthright The book invites readers to wake up from the American Dream rather than trying to make it work or creating a new dream A dream is a dream it can never be reality Part One focuses on the initial stages of awakening beginning to question Dream beliefs like the pursuit of happiness if you re chasing it you don t have it Part Two uses the Socratic Method to question popular myths about life in America relative to twelve specific areas of life like the economy health marriage religion etc Readers are invited to challenge their own convictions and open to new possibilities Part Three is about what it is like to live wide awake taking personal responsibility for the reality you create and being a leader by example for others

Second Thoughts Janet M. Ruane,Karen A. Cerulo,2019-06-06 Is it true that numbers don t lie Is America the land of equal opportunity Is marriage a dying institution Each of the 23 essays in Second Thoughts reviews a familiar conventional wisdom and introduces relevant sociological concepts and theories in order to explain qualify and sometimes debunk that conventional wisdom

Religion, Spirituality, and Positive Psychology Thomas G. Plante Ph.D.,2012-07-19 A multidisciplinary team of scholars shows how spiritual and religious practices actually do power psychological physical and social benefits producing stronger individuals

and healthier societies In recent years scholars from an array of disciplines applied cutting edge research techniques to determining the effects of faith Religion Spirituality and Positive Psychology Understanding the Psychological Fruits of Faith brings those scholars together to share what they learned Through their thoughtful evidence based reflections this insightful book demonstrates the positive benefits of spiritual and religious engagement both for individual practitioners and for society as a whole The book covers Buddhism Christianity Islam Judaism and other major traditions across culture in two sections The first focuses on ways in which religious and spiritual engagement improves psychological and behavioral health The second highlights the application of this knowledge to physical psychological and social problems Each chapter focuses on a spiritual fruit among them humility hope tolerance gratitude forgiveness better health and recovery from disease or addiction explaining how the fruit is planted and why faith helps it flourish

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