

Youthoria

Adolescent substance misuse –
problems, prevention and treatment

Phil Harris



Russell House Publishing

Youthoria Adolescent Substance Misuse Problems Prevention And Treatment

Phil Harris



Youthoria Adolescent Substance Misuse Problems Prevention And Treatment:

Youthoria Phil Harris, 2013 Work with young people on issues of substance misuse has for too long been based on adult oriented research and adapted from adult focused practice Introducing and assessing the evidence base that is being developed around work with children and young people Youthoria provides startling and compelling conclusions that revise not only our understanding of problematic young substance users but also of young people in all contexts of need The book explains how young people s problematic substance use is not a random occurrence but is entwined in adolescent development itself It offers new directions in which to assess young people in ways that are truly developmentally informed so as to implement effective prevention and treatment efforts Youthoria will help anyone working with young people and families not only to develop a framework for learning and practice that makes sense of the complexity of young people s needs but to do so in ways which make sense to young people As a stimulating challenge to academics and practitioners alike the book will help them increase their knowledge and range of skills to support young people and their families across the full spectrum of their needs map the complexity of young people s substance use to ensure that those who need it receive optimal support improve outcomes especially while working with the most vulnerable marginalized and excluded among young people Harris an independent scholar with years of experience in the field of drug abuse treatment provides a comprehensive review and analysis of adolescent substance use associated problems factors increasing and decreasing the risk of use and treatment interventions His perspective on adolescent substance related issues is refreshing examining them from within a broader context that includes historical cultural social and developmental influences on patterns of use and resulting problems Highly recommended Choice Vol 51 No 03 November 2013 Tackling Causes and Consequences of Health Inequalities James Matheson, John Patterson, Laura Neilson, 2020-01-14 Addressing health inequalities is a key focus for health and social care organizations This book explores how best frontline health workers in areas of deprivation can address these problems Aimed at doctors and their wider multidisciplinary teams this book provides key knowledge and practical advice on how to address the causes and consequences of health inequalities to achieve better outcomes for patients Considering the psychological financial and social aspects of well being as well as health concerns this book offers a concise but comprehensive overview of the key issues in health inequalities and most importantly how practically to address them Key Features Comprehensively covers the breadth of subjects identified by RCGP s work to formulate a curriculum for health inequalities The first book to address the urgent area of causes and consequences of health inequalities in clinical practice Chapters are authored by expert practitioners with proven experience in each aspect of health care Applied practical focus demonstrating approaches that will work and can be applied in every situation of inequality Provides evidence of how community based primary care can make a change Innovations in Adolescent Substance Abuse Interventions Eric Wagner, Holly Waldron, 2001-09-14 Innovations in Adolescent Substance Abuse Interventions focuses on developmentally

appropriate approaches to the assessment prevention or treatment of substance use problems among adolescents Organized into 16 chapters this book begins with an assessment of adolescent substance use theory methods and effectiveness of a drug abuse prevention approach and problem behavior prevention programming for schools and community groups Some chapters follow on the community family and school based interventions for adolescents with substance use problems Other chapters explain psychopharmacological therapy the assertive aftercare protocol for adolescent substance abusers and twelve step based interventions for adolescents

Adolescent Substance Abuse Carl Leukefeld, Thomas P. Gullotta, Michelle Staton-Tindall, 2010-04-02 Substance abuse is and has always been an indisputable fact of life People especially young people abuse various legal and illegal substances for any number of reasons to intensify feelings to achieve deeper consciousness to escape reality to self medicate And as substance abusing teenagers mature they pose particular challenges to the professionals charged with keeping them clean and sober and helping them maintain recovery into adulthood Adolescent Substance Abuse Evidence Based Approaches to Prevention and Treatment offers clear interdisciplinary guidance that grounds readers in the many contexts developmental genetic social and familial among them crucial to creating effective interventions and prevention methods Its contributors examine current findings regarding popularly used therapies including psychopharmacology residential treatment school and community based programs group homes and specific forms of individual family and group therapy Accessible to a wide professional audience this volume 1 Presents evidence based support for the treatment decision making process by identifying interventions that work might work and don't work 2 Identifies individual traits associated with susceptibility to substance abuse and addiction in youth 3 Provides a biogenetic model of the effects of drugs on the brain and refines the concept of gateway drugs 4 Evaluates the effectiveness of prevention programs in school and community settings 5 Adds historical spiritual and legal perspectives on substance use and misuse 6 Includes the bonus resource the Community Prevention Handbook on Adolescent Substance Abuse and Treatment This volume is an all in one reference for counseling professionals and clinicians working with youth and families as well as program developers in state and local agencies and graduate students in counseling and prevention

Adolescent Substance Abuse Carl G. Leukefeld, Thomas P. Gullotta, 2018-08-25 The second edition of this book incorporates the latest theory research and best practices for understanding treating and preventing substance abuse among adolescents It updates the progress made in treatments for and prevention of the misuse of substances and adds new specific chapters on prescriptions opiates and methamphetamine abuse The book discusses the effects of commonly abused substances from tobacco and alcohol to stimulants and opioids on the human brain and the various psychosocial routes to their misuse by adolescents Chapters provide evidence based guidelines for assessing adolescent treatment needs and review psychological pharmacological family and self help interventions The book offers new paths in diverse directions analyzes the core components of substance use prevention critiques emerging school based interventions and introduces a nuanced

reconceptualization of recovery Topics featured in the book include The effect of family and caregiver situations on adolescent substance abuse A biological genetic perspective on adolescent substance abuse School based preventions and the evolution of evidence based strategies The role of adolescent self help in substance abuse interventions Community based interventions to reduce alcohol use and misuse Adolescent Substance Abuse Second Edition is a must have reference for researchers clinicians practitioners and graduate students in the fields of child and school psychology social work public health developmental psychology child and adolescent psychiatry and various interrelated mental health and social policy arenas

Youth and Their Families Julie Anne Laser-Maira, David Blair, Jamie Blair Echevarria, Darin Wallis, Orion Castro, Jason Conger, 2019 Youth and Their Families explores adolescent substance abuse in the context of Family Systems Therapy FST which helps clinicians view their client as an entire family system being affected by the issue FST can be used at every stage of the substance abuse intervention continuum from prevention to intervention to provide increased functioning and strength in the family system This book incorporates easily applicable clinical skill acquisition with the use of lively cases to give the reader requisite skills to be an effective family systems therapist

Adolescent Substance Abuse Jerome Beker, Richard Isralowitz, Mark Singer, 2014-02-04 An enlightening discussion of the major issues related to the prevention and treatment of adolescent substance abuse Information packed chapters lend a new perspective to the field and suggest implications for practice in services for youth

Treating Adolescent Substance Use Justine W. Welsh, Scott E. Hadland, 2019-02-01 Clinicians are now facing new substance use related challenges such as the opioid crisis a changing political landscape regarding marijuana and the emergence of new delivery devices such as e cigarettes Unfortunately it is more critical than ever that clinicians caring for adolescents have a proficiency in treating substance use This book is a comprehensive clinical guide that discusses the prevalence of substance use among adolescents and young adults as well as prevention strategies available screening methods practical treatment applications and their outcomes Using a multidisciplinary approach with inclusion of authors from diverse clinical backgrounds this definitive guide provides the best practices for treating adolescent substance use disorders from medical behavioral and social standpoints Supplemented with case examples and written by experts in the field Treating Adolescent Substance Use appeals to all clinicians that treat adolescent patients

Treatment of Adolescents with Substance Use Disorders, 1999 EXECUTIVE SUMMARY AND RECOMMENDATIONS This document Treatment of Adolescents With Substance Use Disorders is a revision and update of Treatment Improvement Protocol TIP 4 published in 1993 by the Center for Substance Abuse Treatment CSAT of the Substance Abuse and Mental Health Services Administration SAMHSA Like TIP 4 this document aims to help treatment providers design and deliver better services to adolescent clients with substance use disorders In 1992 CSAT convened a Consensus Panel of experts on adolescent substance use disorder treatment to produce guidelines for treatment programs on designing and delivering effective services to adolescent clients The clients addressed in the TIP included among others

young people involved with the juvenile and criminal justice systems CSAT also intended for the Panel's guidelines to help governmental agencies and treatment providers establish, fund, operate, monitor, and evaluate treatment programs for substance using adolescents. The result of that Panel's work was TIP 4 Guidelines for the Treatment of Alcohol and Other Drug Abusing Adolescents. In July 1997 CSAT convened a small Revision Panel to review TIP 4. The Panel recommended changes and developed content for this revised TIP. Since the publication of TIP 4, the understanding of substance use disorders and its treatment among adolescents has advanced. More is known today about the immediate and long term physiologic, behavioral, and social consequences of use, abuse, and dependency. New research attention has begun to examine the effectiveness of various treatment methods and components that meet the specific treatment needs of substance using adolescents, and this literature is reviewed. However, the literature is small. Fortunately, a large multisite national study on the effectiveness of treatment for adolescent substance users is underway with funds from the National Institute on Drug Abuse. CSAT is also conducting studies on adolescents focusing on marijuana treatment diversion programs in the juvenile justice system, JJS, and exemplary treatment programs. The field will likely mature greatly by the knowledge advanced from these studies. The structure of the earlier TIP, of separate inpatient and outpatient treatment chapters, which represented a continuum of service intensity, was viewed by the Revision Panel to be less central to treatment decisions than a continuum based on the severity of the substance use disorder. This shift in focus better reflects clinical experience, extant treatment research, and the recent changes regarding reimbursement by health care payors for treatment. However, the Revision Panel retained a broad definition of treatment. Treatment is defined in this TIP as those activities that might be undertaken to deal with problems associated with substance involvement and with individuals manifesting a substance use disorder. Although the Panel recognizes that primary or secondary prevention of substance use are included in expanded definitions of treatment, the Panel limited the continuum of interventions to what is traditionally viewed as acute intervention, rehabilitation, and maintenance. The elements of the continuum primarily reflect the treatment philosophies of providers, with less emphasis on settings and modalities. In addition to defining the treatment needs of adolescents and providing a full description of the use of the severity continuum, the Revision Panel focused attention on three common types of treatment for adolescents today: 12 Step based treatment, treatment in the adolescent therapeutic community, and family therapy. The 12 Step model lies at the heart of many adolescent treatment programs. Therapeutic communities (TCs) are an intensive type of residential treatment that is attracting attention as a preferred approach for substance using juveniles incarcerated in the justice system. Clinicians have found that effective treatment of the adolescent almost always involves the family, and the effectiveness of family therapy has been documented extensively, particularly among those substance using adolescents who are normally the most difficult to treat. This revision of the earlier TIP then offers guidelines for using the severity continuum to make treatment decisions and for providing three common models of treatment for adolescents with substance use disorders.

Recommendations of the Revision Panel supported by extensive clinical experience and the literature are summarized below. The organization of this TIP reflects the core facets of initiating, engaging, and maintaining the change process for youths with substance use disorders. Chapter 1 details the scope and complexity of the problem. Chapter 2 covers factors considered in making treatment decisions, and Chapter 3 details the features of successful programs. Chapters 4, 5, and 6 introduce and describe the treatment approaches used in 12-Step based treatment, therapeutic communities, and family therapy, respectively. Chapter 7 discusses adolescents with distinctive treatment needs, such as youths involved in the juvenile justice system, homeless and runaway youth, and youth with coexisting disorders. Chapter 8 describes the legal and ethical issues that relate to diagnosis and treatment of adolescents. This new TIP derives from CSAT's intention to provide protocols that reflect the work now being done by providers of high quality treatment. As with other TIPs, this document brings the best knowledge from the field to State and local treatment programs. In order to avoid awkward construction and sexism, this TIP alternates between he and she for generic examples. The companion document, TIP 31, Screening and Assessing Adolescents for Substance Use Disorders, a revision of TIP 3, has also been published (CSAT, 1999). Principles of Adolescent Substance Use Disorder Treatment (National Drug Abuse, 2018-05-29). Principles of Adolescent Substance Use Disorder Treatment focuses on the unique realities of adolescent substance use, which includes abuse of illicit and prescription drugs, alcohol, and tobacco, and the special treatment needs for people aged 12 to 17. The adolescent years are a key window for both substance use and the development of substance use disorders. Brain systems governing emotion and reward seeking are fully developed by this time, but circuits governing judgment and self-inhibition are still maturing, causing teenagers to act on impulse, seek new sensations, and be easily swayed by their peers, all of which may draw them to take risks, such as trying drugs of abuse. What is more, because critical neural circuits are still actively forming, teens' brains are particularly susceptible to being modified by those substances in a lasting way, making the development of a substance use disorder much more likely. In addition, abusing drugs during adolescence can interfere with meeting crucial social and developmental milestones and also compromise cognitive development. Historically, the focus with adolescents has tended to be on steering young people clear of drugs before problems arise. But the reality is that different interventions are needed for adolescents at different places along the substance use spectrum, and some require treatment, not just prevention. Scientific research has now established the efficacy of a number of treatment approaches that can address substance use during the teen years. This guide describes those approaches as well as presents a set of guiding principles and frequently asked questions about substance abuse and treatment in this age group. Brief Interventions for Adolescent Alcohol and Substance Abuse (Peter M. Monti, Suzanne M. Colby, Tracy O'Leary Tevyaw, 2018-04-16). Bringing together leading experts, this book demonstrates the unique value of brief motivational interventions for addressing adolescent alcohol and other substance use in a range of clinical contexts. It presents cutting edge knowledge on the etiology and developmental context of adolescent addictive behaviors and reviews

exemplary treatment approaches Effective strategies are described for intervening with diverse populations such as college students youth in the justice system and in foster care those with co occurring substance abuse and psychiatric problems LGBT youth and Latino and American Indian adolescents This book replaces the editors influential earlier work Adolescents Alcohol and Substance Abuse with an expanded focus on practical applications Most of the chapters are completely new

Preventing Youth Substance Abuse Patrick H. Tolan, José Szapocznik, Soledad Sambrano, 2007 Adolescent substance use can interfere with cognitive emotional and social development and may even affect later functioning in adult domains such as parenting and employment The Center for Substance Abuse Prevention CSAP recognized that this problem does not arise anew in adolescence but in fact has roots in childhood CSAP identified four critical predictors from childhood for substance use that could be valuable targets for prevention of adolescent substance use parental management of and involvement with the child and the child's social competence self regulation and school achievement In this book the editors bring together a body of intervention research into a practical guide that shows how seven selected prevention programs address these risk factors After introducing the developmental and setting factors that affect risk for substance use a general framework for translating this research into practice is provided Chapters describing each intervention contain user friendly explanations of the theoretical basis intended population methods and procedures and critical implementation characteristics of each program and summarize how it was tested and shown to reduce risk for substance abuse Illustrative case examples are woven throughout the text showing the benefits gained from the approach The book is organized to describe interventions that apply to participants at differing developmental periods Chapters include programs for universal or general population and for high risk youth and families The included chapters cover programs developed and tested for a variety of ethnic and cultural groups across varying locations

Adolescent Substance Abuse Gary Lawson, Ann W. Lawson, 1992 This comprehensive book not only covers treatment of the adolescent population it also looks at the causes issues and related problems special groups and prevention It provides a solid etiological background for why adolescents use drugs and explores a broad range of treatment approaches

Adolescents, Alcohol, and Substance Abuse Peter M. Monti, Suzanne M. Colby, Tracy O'Leary Tevyaw, 2012-01-27 This volume reviews a range of empirically supported approaches to prevention and treatment of adolescent substance use problems The focus is on motivationally based brief interventions that can be delivered in a variety of contexts that address key developmental considerations and that draw on cutting edge knowledge on addictive behavior change From expert contributors coverage encompasses alcohol skills training integrative behavioral and family therapy motivational interviewing interventions for dually diagnosed youth Internet based education prevention and treatment and applications to HIV prevention The volume is extensively referenced and includes numerous clinical illustrations and vignettes

Helping Students Overcome Substance Abuse Jason J. Burrow-Sanchez, Leanne S. Hawken, 2013-12-17 Unique in its coverage of both prevention and intervention this book provides evidence based strategies

and ready to use tools for addressing substance abuse in middle and high school settings Readers learn ways to identify students at risk and implement programs that meet a broad continuum of needs from psychoeducational and support groups to individual intervention and referral to community services Also provided is up to date information on the nature of adolescent substance abuse problems their prevalence and how they develop Clearly organized and accessible the book is designed for optimal practical utility Special features include illustrative case examples resources and reproducible worksheets and forms This book is in The Guilford Practical Intervention in the Schools Series edited by T Chris Riley Tillman

Clinical Manual of Youth Addictive Disorders Yifrah Kaminer, Ken C. Winters, 2019-10-30 This long awaited follow up to the classic text Clinical Manual of Adolescent Substance Abuse Treatment presents the latest research on substance use and substance use disorders SUDs in adolescents 12-18 and emerging adults 18-25 years of age This new manual offers a substantive update of the previous manual's 16 chapters offering 7 additional chapters devoted to important new topics such as pediatric primary care assessment and intervention electronic tools specific substances e.g. cannabis opioids alcohol and much more Psychiatrists psychologists social workers and substance abuse specialists as well as applied researchers and public health professionals will find this new manual a research rich and clinically compelling resource for understanding disease course prevention diagnosis substance specific interventions co-occurring disorders and issues related to special populations The strengths of this text edited by two of the foremost experts on addiction among youth are many Because youth are not simply miniature adults the book uses a developmentally informed approach to understand the onset of substance use and the trajectory to SUD and behavioral addictive disorders An extensive section of the book is devoted to epidemiology diagnosis and interventions for specific substances of abuse including alcohol tobacco cannabis and opioids The full range of interventions are described for each including pharmacotherapy cognitive behavior therapy motivational enhancement and psychosocial strategies An introduction on the nature of the association between co-occurring disorders is followed by chapters on internalizing disorders such as depression suicidal behavior psychotic disorders externalizing disorders such as attention deficit hyperactivity and behavioral addictions Special chapters are devoted to the management of youth with SUDs in the juvenile justice system and the consequences for the child of maternal substance use during pregnancy Advances in research and clinical strategies make both topics timely Three appendixes complete the book The first offers resources for screening and assessment tools the second provides a select list of websites for parents who are seeking advice and resources about drug prevention and intervention and the third lists websites containing general information about self-help including how to find local AA or NA meetings Emerging research on developmental psychopathology and adolescent development has implications for how we view current prevention intervention and treatment paradigms and Clinical Manual of Youth Addictive Disorders is indispensable in helping the reader understand and implement effective strategies for these patients and their families

Substance Abuse and Dependence in

Adolescence Cecilia A. Essau, 2014-04-04 Recent years have seen a growth in the numbers of studies of substance abuse and dependence in adolescence focusing on prevalence risk factors comorbidity course and outcome At the same time numerous prevention and intervention strategies have been developed Substance Abuse and Dependence in Adolescence presents a comprehensive review of state of the art empirical and practical information on this topic Cecilia A Essau along with an eminent group of international researchers and clinicians summarises the most recent empirical findings and state of the art knowledge on substance abuse and dependence in adolescence and includes comprehensive information on prevention and treatment Substance Abuse and Dependence in Adolescence contains general issues related to substance use disorders epidemiology comorbidity course outcome and risk factors the prevention and intervention of substance abuse and dependence a discussion of progress and unresolved issues in substance use disorders recommendations for future studies in the field Substance Abuse and Dependence in Adolescence will be an invaluable resource for students researchers and other professionals working in the fields of psychology psychiatry paediatrics social work and other mental health professions

Clinical Handbook of Adolescent Addiction Richard Rosner, 2012-11-19 Since 1960 the burden of adolescent illness has shifted from the traditional causes of disease to the more behavior related problems such as drinking smoking and drug abuse nearly half of American adolescents have used an illicit drug sometime during their life Instilling in adolescents the knowledge skills and values that foster physical and mental health will require substantial changes in the way health professionals work and the way they connect with families schools and community organizations At the same time the major textbooks on addiction medicine and addiction psychiatry devote relatively little attention to the special problems of diagnosing and treating adolescent addicts Similarly the major textbooks on general and child and adolescent psychiatry direct relatively little attention to the issues surrounding adolescent addiction The Clinical Handbook of Adolescent Addiction is one response to the challenge of meeting the mental health needs and behavior related problems of addicted teenagers The work has been edited as an independent project by members of the American Society for Adolescent Psychiatry the oldest professional organization of psychiatrists devoted solely to the mental health care and treatment of teenagers in the USA The forensic psychiatry perspective permeates the entire book It will help to produce health providers with a deep and sensitive understanding of the developmental needs and behavior related problems of adolescents The Clinical Handbook of Adolescent Addiction is a practical tool for all those who help adolescents practitioners of family medicine general psychiatrists child adolescent psychiatrists adolescent psychiatrists addiction psychiatrists non psychiatric physicians specializing in addiction medicine forensic psychiatrists psychologists clinical social workers mental health administrators Court Probation Parole Correctional health workers The book is organized in a user friendly format so that readers can easily locate the chapters that provide the information that is required In some instances topics of special importance deliberately have been addressed in more than one chapter to illuminate the topics from a variety of vantage points One aim of the

editors is to move the topic from being a specialist area to a generalist one by providing tools for generalist to use

Adolescent Substance Abuse Carl Leukefeld, Thomas P. Gullotta, Michelle Staton-Tindall, 2008-12-12 Substance abuse is and has always been an indisputable fact of life People especially young people abuse various legal and illegal substances for any number of reasons to intensify feelings to achieve deeper consciousness to escape reality to self medicate And as substance abusing teenagers mature they pose particular challenges to the professionals charged with keeping them clean and sober and helping them maintain recovery into adulthood Adolescent Substance Abuse Evidence Based Approaches to Prevention and Treatment offers clear interdisciplinary guidance that grounds readers in the many contexts developmental genetic social and familial among them crucial to creating effective interventions and prevention methods Its contributors examine current findings regarding popularly used therapies including psychopharmacology residential treatment school and community based programs group homes and specific forms of individual family and group therapy Accessible to a wide professional audience this volume 1 Presents evidence based support for the treatment decision making process by identifying interventions that work might work and don t work 2 Identifies individual traits associated with susceptibility to substance abuse and addiction in youth 3 Provides a biogenetic model of the effects of drugs on the brain and refines the concept of gateway drugs 4 Evaluates the effectiveness of prevention programs in school and community settings 5 Adds historical spiritual and legal perspectives on substance use and misuse 6 Includes the bonus resource the Community Prevention Handbook on Adolescent Substance Abuse and Treatment This volume is an all in one reference for counseling professionals and clinicians working with youth and families as well as program developers in state and local agencies and graduate students in counseling and prevention

Adolescents and Substance Use Philip James, Catriona Kearns, Ann Campbell, Bobby nP. Smyth, 2013-09-30 Highly Commended BMA Medical Book Awards 2014 This highly practical manual presents an ideal introduction to adolescent substance use It offers invaluable guidance for all professionals involved with adolescents including social workers health and social care professionals youth workers family support workers teachers counsellors mental heal

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