

Instruction Manual



○ FUNCTION and SPECIFICATION:

1. Standard display: hour, minute, second, month, date, week displayed clearly.
2. Alarm: hourly chime.
3. Stopwatch: perfect to use every second, especially when having outdoor sport activities.
4. LED backlight function: easy to check and set the time in dark environment.

○ BUTTON FUNCTIONS:

- M--MODE: Selecting button
- L--Light: Light button
- S--Start: Adjusting button
- R--Reset: Shift button
- A--AM: Morning time
- P--PM: Afternoon time

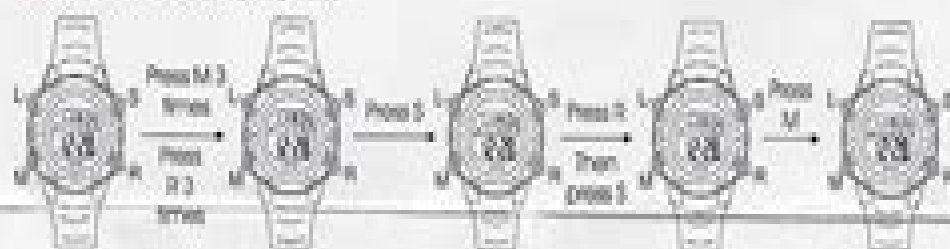
☑ How to set time:



Begin with Time Display Mode:

Press M three times, then press R, minute flashing, press S for setting minute. Next Press R, hour flashing, press S for setting hour. Time set was fashioned. Press M, time display mode.

☑ How to set date/month:



Begin with Time Display Mode:

Press M three times, then press R three times, date flashing, press S for setting date. Next press R, month flashing, press S for setting month. Date and month set was fashioned. Press M, time display mode.

☑ How to set week:



Begin with Time Display Mode:

Press M three times, then press R five times, week flashing, press S for setting week. Week set was fashioned. Press M, time display mode.

(PS: Monday-MO; Tuesday-TU; Wednesday-WE; Thursday-TH; Friday-FR; Saturday-SA; Sunday-SU)



Wr 30m Manual

Emma K. Gordon



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