

Unit Guide – Unit 1: Scientific Foundations of Psychology

1.1 – Introducing Psychology

1.1.A – Recognize how philosophical and physiological perspectives shaped the development of psychological thought.

Philosophical and physiological perspectives shaped the development of psychological thought. While psychology was not formed as a science until 1879, philosophers and scientists made connections between the mind and the body. “The science of mental life” until the 1800s.

- **Socrates** – pondered sensations and perceptions as clues to form ideas
- **Plato** – link mind and emotions to the body
- **Socrates and Plato** – mind separable from the body; continues after death; innate knowledge
- **Aristotle** – not innate; acquired through observation and experience
- **Descartes** – how immaterial mind and physical body communicate – dissected animals and concluded brain fluids communicated animal spirits through what we now call nerves to muscles
- **Spinoz** – beings seek order in chaos; patterns in randomness; confirmation bias
- **Locke** – blank slate / empiricism – observation and experimentation enable all knowledge
- **Wilhelm Wundt** – German university of Leipzig – 1879 – apparatus measuring reaction speed to sound and brightness of sound – 1/100 of a second longer, started psychological lab at LPA magazine in 1880 with O. Stanley Hall

Nature vs. Nurture Debate – Plato and Aristotle, Descartes and Locke, nature reinforced by Darwinism; contemporary: nurture works on what nature endows.

psychology – science of behavior and mental processes. **behavior** – what organisms do; mental processes – internal, subjective experiences we infer from behavior – sensations, perceptions, dreams, thoughts, beliefs, and feelings.

1.1.B – Identify the research contributions of major historical figures in psychology.

Mary Whitton Calkins – student of William James, denied Harvard Ph.D.

Charles Darwin – adaptation, evolution, and led to evolutionary psychology

Dorothea Dix – American activist on behalf of the insane who lobbied to Congress and created the first generation of mental asylums

Sigmund Freud – of reaction psychology and psychoanalysis

Stanley Hall – first psychology lab and dept. at John Hopkins with Wilhelm Wundt

William James – functionalism, 1890s-1900s

Ivan Pavlov – gastrointestinal scientist; conditioning and behavior in dogs

Jean Piaget – genetic epistemologist who pioneered work in child development

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Zhe Xu



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Peterson's Annual Guides to Graduate Study Peterson's Guides, Inc,1983 *Resources in Education* ,1983

Reader's Guide to Periodical Literature Supplement ,1926 **Applied Sport Psychology** Brian Hemmings,Tim Holder,2013-09-09 Taking a refreshingly different approach to the subject this new textbook uses original case studies of psychological support work with individual athletes and groups to illustrate the underlying theory and inform the reader of cutting edge practice in the field It addresses real world issues and helps the student understand the problems and challenges that the sport psychologist faces and is employed to resolve The book begins by exploring the use of case studies as a professional method for disseminating applied knowledge and practice in sport psychology The remaining chapters constitute the core of the book the case studies themselves Each case study demonstrates scientific rigour in reporting the background information initial assessment intervention and monitoring evaluation of the intervention and also considers consultant effectiveness through reflective practice The chapters also contain summaries and an accompanying set of questions for students Written by a team of experienced practitioners this book shows how sport psychology actually works in practice As such it will prove invaluable to students of sport psychology in both sport and exercise science and psychology programmes It will also be an extremely useful resource for coaches and sports professionals undergoing training in sport psychology *The Education Index* ,1982 **Lewis's Medical-Surgical Nursing 6th Australia and New Zealand Edition** Diane Brown,Thomas Buckley,Robyn Aitken,Helen Edwards,2023-11-28 Lewis s Medical Surgical Nursing has long been considered a comprehensive and reliable resource for nursing students preparing for their transition into clinical practice This sixth edition has been fully updated to incorporate the latest research data current clinical practice procedures and guidelines The text addresses core skills and knowledge that students need to pass their exams and go on to provide expert clinical care It prepares nurses to assess patients understand underlying diseases and their signs and symptoms and go on to plan and deliver care The text encourages readers to develop their clinical reasoning and problem solving skills in order to apply theory to their work This edition has been produced by leading expert nursing academics and clinicians who bring a strengthened focus on inclusion and diversity Provides a person centred holistic approach to patient assessment and care Complex concepts are illustrated with figures tables summaries and reflections of best practice Case studies throughout based on real life medical surgical scenarios help students to apply theory to real life Clinical practice features offer practical guidance for students Underpinned by the nursing process framework Instructor resources on Evolve Image collection PowerPoint slides Student and Instructor resources on Evolve Answer guidelines for clinical reasoning questions in case studies Student case studies Fluids and electrolytes tutorial eNursing Care Plans Clinical Cases Case Study Review questions and answers with answer rationale Conceptual Care Map Create Refreshed and up to date evidence statistics standards and procedures Updated chapters on the deteriorating patient and advanced life support to reflect recent international ILCOR

and national ARC practice guidelines New chapter on caring for individuals with intellectual disability and autism Increased focus throughout on culturally safe care that aims to improve access to services and improved health outcomes for M ori Aboriginal and Torres Strait Islander people Focus on the impact of COVID 19 Enhanced content on gender equity mental health intellectual disability and autism harm minimisation for people experiencing the effects of alcohol and other drugs patient safety and nurses wellbeing and safety at work Updated Evolve resources for students and instructors *A Review and Evaluation of Nursing Productivity* ,1977 **Social Sciences Index** ,1984 Cumulated Index Medicus ,1966 **Joyce in the Belly of the Big Truck; Workbook** Joyce A. Cascio,2005-05 *Business Periodicals Index* ,1961 Author Index to Psychological Index, 1894 to 1935, and Psychological Abstracts, 1927 to 1958 Columbia University. Psychology Library,1960 Who's Who in American Nursing 1988-1989 Jeffrey Franz,1989 Bibliographic Guide to Anthropology and Archaeology ,1987 **The Catholic Periodical and Literature Index** ,1961 Medical-surgical Nursing Kathleen Newton Shafer,1971 *The Catholic Periodical Index* Laurence Andrew Michael Leavey,1961 **California Nurse** ,1983 **Bulletin** Ball State University,1966 **Directory of Applied Psychologists** American Association for Applied Psychology,1943

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