

Understanding an Afrocentric World View:

Introduction to an Optimal Psychology

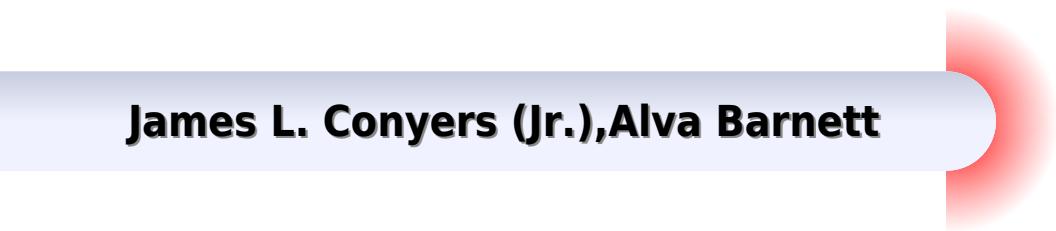
Second Edition

Linda James Myers



Understanding An Afrocentric World View Introduction To Optimal Psychology

James L. Conyers (Jr.),Alva Barnett



Understanding An Afrocentric World View Introduction To Optimal Psychology:

Understanding an Afrocentric World View Linda James Myers,1992-12-31 Understanding an Afrocentric World View Introduction to an Optimal Psychology stands as a groundbreaking and timeless classic in the field of Africana Studies Psychology and Human Development Its reverberating in depth analysis of and prescriptive cure for racism and other societal isms identifies the essential factors at their core and how to change them Dr Linda James Myers provides rare insights into social forces behind the systemic racism that have been with us for over 400 years Her time tested Optimal Conceptual Theory and its corollary psychotherapeutic strategies unearth the characteristics of the suboptimal mindset that keeps us trapped in the vicious pattern of oppressive injustice that is harmful to ourselves as well as others and its optimal alternative Unlike other treatise on the subject James Myers offers readers the tools and developmental processes for making the shift in consciousness needed for improving the quality of their own lives and for creating a just sacred and sustainable world Her comprehensive holistic and integrative approach reflects a Black cultural perspective seldom heard but proven effective and traceable to the beginnings of all human culture and civilization *The SAGE Encyclopedia of African Cultural Heritage in North America* Mwalimu J. Shujaa,Kenya J. Shujaa,2015-07-13 The Encyclopedia of African Cultural Heritage in North America provides an accessible ready reference on the retention and continuity of African culture within the United States Our conceptual framework holds first that culture is a form of self knowledge and knowledge about self in the world as transmitted from one person to another Second that African people continuously create their own cultural history as they move through time and space Third that African descended people living outside of Africa are also contributors to and participate in the creation of African cultural history Entries focus on illuminating Africanisms cultural retentions traceable to an African origin and cultural continuities ongoing practices and processes through which African culture continues to be created and formed Thus the focus is more culturally specific and less concerned with the broader transatlantic demographic political and geographic issues that are the focus of similar recent reference works We also focus less on biographies of individuals and political and economic ties and more on processes and manifestations of African cultural heritage and continuity FEATURES A two volume A to Z work available in a choice of print or electronic formats 350 signed entries each concluding with Cross references and Further Readings 150 figures and photos Front matter consisting of an Introduction and a Reader s Guide organizing entries thematically to more easily guide users to related entries Signed articles concluding with cross references *Re-examining Psychology* Len T. Holdstock,2013-08-21 First published in 2004 Re examining Psychology takes a critical look at some of the principles underlying the discipline and offers an insight into alternative psychological perspectives deriving from sub Saharan Africa **Preventing Prejudice** Joseph G. Ponterotto,Shawn O. Utsey,Paul B. Pedersen,2006-03-28 A unique and refreshing book that tackles two of the most interrelated and problematic issues in our society prejudice and racism The First Edition was unanimously acclaimed as a major contribution to the field

and this second edition is destined to be a classic It represents one of the most clear concise and honest looks at the origins manifestations dynamics and psychological costs of prejudice and racism written thus far This is truly a superb book that makes a major contribution to the field and should be read by everyone Derald Wing Sue Ph D Teachers College Columbia University This text is an authentic expression and plea that challenges each of us to build alliances across demographic boundaries in order to fight an insidious social disease Drs Ponterotto Utsey and Pedersen succeed in dislodging us from our comfortable categories of intellectual emotional behavioral and spiritual apathy and invite us to transcend the amount of social disappointment and despair and strive towards a more hopeful and optimistic future Thomas A Parham Ph D Distinguished Psychologist Association of Black Psychologists A critical resource book for educators counselors and parents to learn more about how to handle prejudice and should be required reading for all of us who work with diverse populations It is a powerful book that helps us to see that we can make a difference in fighting prejudice Nadya A Fouad Ph D University of Wisconsin Milwaukee An impressive deliberate and problem oriented second edition Prejudice has no boundaries and spares no one Preventing Prejudice offers hope and resources to all of us counselors educators and parents We are all agents of change Patricia Arredondo Ed D Arizona State University and President American Counseling Association The Second Edition of Preventing Prejudice A Guide for Counselors Educators and Parents has been completely revised and expanded to provide the most up to date and extensive coverage of prejudice and racism available The new edition of this bestselling text presents a comprehensive overview of these topics and also includes practical tools for combating prejudice development in children adolescents and adults Key Features Stresses the importance of critical role models The text emphasizes the critical role counselors educators and parents must play in the fight against prejudice and racism Pragmatic in nature the book includes strategies that can be used by parents teachers and counselors in working to reduce prejudice across the lifespan Encourages healthy identity development The text reviews an extensive body of empirical research on the link between identity development prejudice and mental health The book summarizes racial biracial multiracial and gay and lesbian identity models A major new theory highlights the link of multicultural personality development to prejudice free attitudes and behavior as well as to quality of life Offers field tested tools The text provides concrete easy to implement exercises on preventing prejudice and increasing multicultural awareness In addition the book includes a review of tests and instruments that measure prejudice and a list of films and books that serve as a resource guide for readers The authors draw on theory and research in social developmental counseling and cross cultural psychology as well as in sociology and education Intended Audience This text is designed for advanced undergraduate and graduate courses on prejudice and racism in the fields of multicultural education counseling social work developmental psychology and human development It is also an ideal resource for teachers counselors administrators managers and parents *Helping?* Gillian Berry, 2025-05-14 This book exists to encourage helping professionals particularly those at the beginning of their careers to critically explore and understand

current strategies in fields such as psychotherapy psychology and social work Historical examples of helping policies and strategies used over the years are reviewed and critically evaluated as to whether they helped or hurt the communities they were designed to support Current policies will be discussed to evaluate whether they are helping the communities they serve In alignment with an Indigenous African centered philosophy of holism multi dimensionality and interconnectedness this work takes a multilayered approach to storytelling by weaving together three journeys the author s personal journey of exploration the journey of the Black Girl from George Bernard Shaw s novella described below and the reader s In it the author details her understanding of the philosophical framework she learned in professional helping training programs why she came to believe they were inadequate and how this sparked her global search to understand how to be an effective helper The author s journey is paralleled with the famous and controversial novella by George Bernard Shaw The Adventures of the Black Girl in Her Search for God which is a depiction of the universal search for understanding This text contrasts this alternative perspective on helping with the dominant approaches to what constitutes helping The protagonist s journey is mirrored by the author s stories of discovery and reflective questions are designed to enable the reader s journey toward becoming a professional helper in the context of current systems This text explores what helping may look like from an alternative philosophical perspective seeking to facilitate a process that will enable people to live more satisfyingly Each chapter offers theoretical underpinnings from an Indigenous African centered perspective a critique of dominant approaches to helping and a different stage of the Black Girl and authors paralleled searches for understanding about God and healing respectively

Rural Social Work T. Laine Scales, Calvin L. Streeter, H. Stephen Cooper, 2013-08-12 A thoughtful text integrating strengths assets and capacity building themes with contemporary issues in rural social work practice Now in its second edition *Rural Social Work* is a collection of contributed readings from social work scholars students and practitioners presenting a framework for resource building based on the strengths assets and capacities of people a tool essential for working with rural communities This guide considers methods for social workers to participate in the work of sustaining rural communities Each chapter features a reading integrating the themes of capacity building and rural social work discussion questions that facilitate critical thinking around the chapter and suggested activities and assignments *Rural Social Work Second Edition* explores Important practice issues in rural communities including the challenges of working with stigmatized populations such as gay lesbian bisexual and transgendered people the homeless and people living with HIV AIDS Practice models that hold special promise for rural social workers including evidence based practice and community partnership models Newer research tools such as asset mapping social network analysis concept mapping and Geographic Information Systems GIS Exploring how social workers can integrate the tremendous resources that exist in rural communities into their practice *Rural Social Work Second Edition* provides a solid introduction to the complex challenging and rewarding work of building and sustaining rural communities

Leading Issues in African-American Studies Nikongo

Ba-Nikongo, 1997 African American Studies remains one of the more controversial disciplines in the courses of academic pursuit today. In part much of the controversy emanates from an inability of practitioners to agree upon any rigid definition of just what constitutes and just what is encompassed within the field. At least there is some agreement that its achievement of institutional acceptance with separate programs, departments and granting of advanced degrees warrants its treatment as a legitimate field of pursuit in and of itself but indeed this is where the agreement ends. On a range of topics scholars in the field of African American Studies hold decidedly different opinions. What ought we to include as African American Studies? Is Afrocentricity a figment of the imagination or sound scientific enquiry? And what place if any does race and racism continue to play in the life changes of African Americans? Bi-racialism, underclassness, intra-community crime and Afro-Jewish relations are also prominent subjects of consideration. In *Leading Issues in African American Studies* Ba-Nikongo has brought together scholars from every associated field of African American Studies and offers a range of perspective on a myriad of topics. The text presents differing viewpoints on political, social, economic, cultural and legal issues and succeeds in addressing every major contemporary area of debate in African American academic circles. *Towards an Understanding of Africology* Victor Oguejiofor Okafor, 2006

Contemporary Mental Health Issues Among African Americans Debra A. Harley, John M. Dillard, 2005 *African Psychology in Historical Perspective and Related Commentary* Daudi Ajani ya Azibo, 1996 Professionals whether engaged primarily in theory, research or practice will welcome the freshness and depth of vision this anthology affords into the history and teaching of psychology into the methodology of culture specific research into the peculiar predicament of the African American into the effects of oppression and the very nature of human personality. Students of psychology at every level will find in this book valuable and proactive alternatives to the prevailing Eurocentric analyses. **Three Black Generations at the Crossroads** Lois Benjamin, 2000 Drawing on research and interviews in an ongoing project on black professionals in the US and utilizing the postfigurative, cofigurative and prefigurative models of anthropologist Margaret Mead, Benjamin has provided a neat structure to understand 20th century US cultural values through the window of the African American community. Recommended for a variety of readers and students of the 20th century. *Choice Magazine* *Understanding the Meaning of African-American Culture* Dedra Monette Campbell, 1996

Families in Society, 2007 **Substance Abuse Prevention** Snehendu B. Kar, 1999 Analyses the meaning and dynamics of multiculturalism affecting prevention, intervention, relative risks and knowledge gaps across ethnic groups, social trends affecting health risks and substance abuse, lessons learned from substance abuse research and prevention, role of the media and promises and limits of the public health paradigm. *Africana History, Culture and Social Policy* James L. Conyers (Jr.), Alva Barnett, 1999 In this collection of compelling essays, scholars critically examine the history, culture and social policies that surround the African Diaspora and explore how these have shaped the experiences of African Americans today. The essays address a wide range of related topics that include historical perspectives on black clergy, the historical

significance of black poetry and literature the place of black studies in the academy racism on campuses and issues concerning social work In seeking to promote dialogue between scholars of various disciplines this volume fosters a non hegemonic perspective that is critical for investigating and understanding contemporary African American culture

Psychology of Learning for Instruction Marcy Perkins Driscoll,2000 In this text the applications and implications of learning theories are explained and illustrated using examples ranging from primary school instruction to corporate training A theme of the book is reflective practice designed to foster a critical and reflective mode of thinking when considering any approach to learning and instruction

Spirituality and the Black Helping Tradition in Social Work Elmer P. Martin,Joanne Mitchell Martin,2002 In the black helping tradition spirituality is the sense of the sacred and divine It is a critical value deeply rooted in the African worldview and used by African Americans as a tool for survival Provocative and well written this is the first book to draw a relationship between social work spirituality and the helping tradition among African Americans Offering a wealth of historical detail and narrative Elmer and Joanne Martin explore spirituality as a foundation for understanding people of African descent and as a skill to evoke self help This ground breaking book raises compelling questions about the limitations and strengths of mainstream social work in issues of black spirituality and its role in strengthening the black community today

Word ,1993 **DePaul Journal of Health Care Law** ,2006 **Joint Acquisitions List of Africana** ,1991

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