

Kirk A. Bingaman



TREATING THE NEW ANXIETY

A COGNITIVE-THEOLOGICAL APPROACH

Treating The New Anxiety A Cognitive Theological Approach

Kirk A. Bingaman



Treating The New Anxiety A Cognitive Theological Approach:

Treating the New Anxiety Kirk A. Bingaman, 2007 A new form of anxiety has emerged stemming in part from our post 9 11 reality but even more stemming from the influence of supermodernity Whereas postmodernism theorizes an anxiety that results from the collapse or loss of meaning through the lens of supermodernity it appears that the new anxiety is evoked more by an excess of meaning generated by the rapid acceleration of human life and the media s daily bombardment with serious global national and local concerns This book explores the nature of the anxiety our supermodern condition provokes and proposes that with the void left by the diminishment of religious involvement and practice the therapy session becomes the definitive place for meaning making Building on a cognitive therapy approach that emphasizes the client s belief system Bingaman demonstrates that to treat this new anxiety most effectively practitioners must help clients identify and explore their core theological beliefs and spiritual values

Pastoral Power Beyond Psychology's Marginalization Philip Browning Helsel, 2016-04-29 This book explores the suffering of social class and how traditional biomedical models for mental illness do not adequately account for the stresses of poverty Turning to mental health user testimonies this book equips ministers and counsellors to become working class advocates

Icons of Unbelief S. T. Joshi, 2008-10-30 Discusses the ideas and impact of 27 atheists agnostics and secularists whose ideas have shaped society over the last 200 years In the opinion of many critics and philosophers we are entering an age of atheism marked by the waning of Christian fundamentalism and the flourishing of secular thought Through alphabetically arranged entries written by expert contributors this book profiles 27 iconic figures of unbelief whose ideas have shaped American society over the last 200 years Included are entries on influential figures of the past such as Albert Einstein and Voltaire as well as on such contemporary figures as Richard Dawkins and Sam Harris Each entry discusses the ideas and lasting significance of each person or group provides sidebars of interesting information and illuminating quotations and cites works for further reading The volume closes with a selected general bibliography Students in social studies and history classes will welcome this reference as a guide to the ideas central to the American separation of Church and State and to many of the political debates at the heart of society today Each entry discusses the ideas and lasting significance of the person or group provides sidebars of interesting information and quotations and closes with a list of works for further reading The volume ends with a selected general bibliography Students in history and social studies classes will welcome this reference as a guide to the American separation of Church and State and to the ideas central to contemporary political debates

Redeeming Fear Jason C. Whitehead, 2013-06-01 Our brains are hard wired to experience the emotion of fear Yet do not be afraid is a common refrain from the Bible used for both comfort and chastening We have often treated fear as something to be dismissed or suppressed Being afraid means more than simply fighting or running from a threat to be afraid is to remember that something in life is worth living for Whitehead helps us find the roots of hope in the soil of our fears so that we can form lives and communities

of hope in the midst of a culture of fear **Shadow Self** Mark Chironna,2024-09-17 Turn your darkest moments into opportunities for lasting joy and well being Discover how to make resurrection a daily practice and transform your worst failures into opportunities for true healing strength and a life fully lived Embark on a transformative journey with Shadow Self where pastor and philosopher Mark Chironna guides you through the depths of the human soul Here shadows and the potential for resurrection coexist Chironna invites you to face your darkest corners head on not merely to heal but to truly live Drawing on powerful biblical and cultural stories from Moses to Michael Corleone from Elijah to Spiderman he shows how our fears and dreams awaken our desire to confront adversities with courage The key to every story The shadows Our heroes like ourselves are not immune to pain and failure Anxiety and fear Grief and loss Financial stress Old trauma and wounds Social strife These shadowy parts of ourselves those things we try to hide are not residues to bury They are the means of our flourishing the tools to find and live our fullest self Our darkest moments are essential Our greatest mistakes become the very means by which we summon strength and find our truest selves According to Chironna this means of grace is resurrection Resurrection is not just a historical event but a daily practice a habit of rising above life s trials Practicing resurrection leads us out of the shadows Through this practice we move from languishing to flourishing We rediscover joy and move beyond trauma and fear toward a life well lived Shadow Self offers a roadmap from grief and isolation to healing and wholeness showing how to flourish even when hope seems lost This book challenges you to embrace failure as a necessary part of your journey to grace inviting you to step into the shadows confront your pain and emerge resurrected whole and fully alive **Pastoral and Spiritual Care in a Digital Age** Kirk A. Bingaman,2020-07-06 Artificial intelligence AI is changing what it means to be human Given our increasing merger with machines we have therefore entered uncharted territory and an era of unprecedented change For pastoral and spiritual care providers religious faith communities clinical practitioners and educators immediate theological reflection is needed focusing on the potential existential threat and opportunity and what will constitute human personhood in an age of technological enhancement Preserving our humanity in a digital age will require intentional focus on strengthening the neural circuitry associated with focused attention mindful and compassionate awareness and social and relational intelligence even as we put to good use the emerging digital technologies **Ministry with Persons with Mental Illness and Their Families, Second Edition** Robert H. Albers,William H. Meller,Steven D. Thurber,2019-12-03 Those who are afflicted as well as those who are adversely affected by mental illness often live lives of quiet desperation without recourse to appropriate assistance Most caregivers confronted with these illnesses in the work of ministry have had no training or accurate information about mental illnesses so frequently they do nothing resulting in further harm and damage Others may operate out of a theological system that does not adequately account for the nature severity or treatment of these illnesses In Ministry with Persons with Mental Illness and Their Families Second Edition psychiatrists and pastoral theologians come together in an interdisciplinary collaborative

effort to ensure accuracy of information concerning the medical dimensions of mental illness interpret these illnesses from a faith perspective and make suggestions relative to effective ministry Readers will learn how science and a faith tradition can not only co exist but work in tandem to alleviate the pain of the afflicted and affected *Pluralisation and social change* Lars Charbonnier,Johan Cilliers,Matthias Mader,Cas Wepener,Birgit Weyel,2018-09-24 Die Pluralisierung des Religi sen die ein besonders pr gnantes Kennzeichen gegenw rtig stattfindender gesellschaftlicher Wandlungsprozesse ist stellt eine enorme Herausforderung f r viele Akteure in Kirche Zivilgesellschaft Wirtschaft und Politik dar Das Ziel dieses Buches ist es den Begriff der religi sen Pluralisierung zu sch rfen indem er am Beispiel konkreter religi ser Ph nomene und Praktiken entfaltet wird Der Band umfasst Beitr ge zu zw lf Themenfeldern die f r die praktisch theologischen Diskurse in S dafrika und in Deutschland pr gend und gegenw rtig von hoher Relevanz sind Armut und Reichtum Bildung Schwellenriten und Passagen Gesundheit Religi se Vergemeinschaftungen und die Zukunft der Kirche Lebensanfang und Lebensende Medienwandel Migration und Interkulturalit t Populismus und Radikalisierung Religion und Wissen Umgang mit Vergangenheit Zusammenleben Mit diesem dialogischen Verfahren wird ein Beitrag zu einer kontextuellen Theologie geleistet die Theologie wesentlich als Gespr ch versteht Die Pluralisierungsthematik h lt Impulse f r eine kreativ konstruktive Gestaltung von Pluralit t im Sinne eines theologisch reflektierten Pluralismus bereit die f r Kirche und Gesellschaft im 21 Jahrhundert wegweisend sein kann *Social Policy Review 29* John Hudson,Catherine Needham,Elke Heins,2017-06-28 This annual volume presents an up to date and widely diverse review of the best recent social policy scholarship As debates continue over the future of liberalism and the effects of globalized capitalism this installment offers a comprehensive discussion of some of the most challenging issues facing social policy today including an examination of Brexit the Trump presidency post truth migration the lived experiences of food bank users and the future of welfare benefits **The Church Leader's Counseling Resource Book** Cynthia Franklin Ph.D.,Rowena Fong,2011-02-01 This all in one guide is designed to better equip clergy and the church leaders to meet their congregations needs in a spiritually grounded and scientifically sound manner Succinct easy to read chapters summarize all a pastor needs to know about a given problem area including its signs or symptoms questions to ask effective helping skills and most importantly when to refer to a mental health professional Synthesizing what research says about treatment approaches for mental health issues this user friendly reference is filled with guidelines case scenarios key points to remember resources for further help advice on integrating scripture and theology with the best available research and tips on partnering with others to provide the best possible care for each church member Each chapter is designed for quick lookup by problem area empowering church leaders to understand and help meet the challenges facing the children adults families and communities that they serve *The Emerging Church, Millennials, and Religion: Volume 2* Terry Shoemaker,Rachel C. Schneider,Xochitl Alvizo,2022-03-01 Millennials and progressive Christians are continuing their work of creating alternative spaces for spiritual and religious expressions in North America The practices and beliefs of

progressive Christian movements like the emerging church and millennials who tend toward spirituality over and against religion have been the targets of much criticism Yet millennials and progressive Christians continue to both curate spaces for self and collective expression while also engaging within contexts often critical or hostile This collection analyzes these movements from theological religious studies and social scientific perspectives to provide a more holistic view of what is taking shape in religious and spiritual trends and it ventures to project what may lie ahead for the progressive Christianity that is emerging and enduring

The Interior Architecture Theory Reader Gregory Marinic, 2018-01-17 The Interior Architecture Theory Reader presents a global compilation that collectively and specifically defines interior architecture Diverse views and comparative resources for interior architecture students educators scholars and practitioners are needed to develop a proper canon for this young discipline As a theoretical survey of interior architecture the book examines theory history and production to embrace a full range of interior identities in architecture interior design digital fabrication and spatial installation Authored by leading educators theorists and practitioners fifty chapters refine and expand the discourse surrounding interior architecture

Design for Equality and Justice Anna Bramwell-Dicks, Abigail Evans, Marco Winckler, Helen Petrie, José Abdelnour-Nocera, 2024-07-08 This volume presents a series of revised papers selected from workshops that took place during the 19th IFIP TC13 International Conference on Human Computer Interaction INTERACT 2023 held August 28th to September 1st 2023 at the University of York York UK The 54 revised full papers and 21 short papers presented were carefully selected from a competitive selection process INTERACT 2023 presents the following workshops WG 13 2 Human Centered Software Engineering Rethinking the Interplay of Human Computer Interaction and Software Engineering in the Age of Digital Transformation WG 13 3 Designing Technology for Neurodivergent Self Determination Challenges and Opportunities WG 13 4 2 7 HCI E2 2023 Second IFIP WG 2 7 13 4 Workshop on HCI Engineering Education WG 13 5 On Land at Sea and in the Air Human Computer Interaction in Safety Critical Spaces of Control WG 13 6 Sustainable Human Work Interaction Designs WG 13 8 HCI for Digital Democracy and Citizen Participation WG 13 10 Designing for Map based Interfaces and Interactions Algorithmic affordances in recommender interfaces Intelligence Augmentation Future Directions and Ethical Implications in HCI Interacting with Assistive Technology IATech Workshop Re Contextualizing Built Environments Critical Inclusive HCI Approaches for Cultural Heritage

Church and Religious 'Other' Gerard Mannion, 2008-09-25 This volume brings together the prestigious speakers at the inaugural Church in Our Times Lecture Series at Liverpool Hope throughout the first 4 months of 2006 and invited contributors from and addressing wider international contexts Africa Sri Lanka India and the United States The volume explores themes such as questions of ecclesial and religious identity in these post modern times the advent of neo exclusivism divisions within the contemporary Roman Catholic and Anglicans churches inter faith relations and dialogue questions of sexuality and Christian ministry contemporary understandings of ecclesial authority teaching and tradition the inter relation between the church and

the kingdom of God today an Asian appraisal of Pope Benedict's first sermon inculturation and the rhetoric and reality of the notion of Church as Christianity's most distinctive and defining feature and constructive proposals for ecumenical ways forward in the future The commonality and coherence of the papers along with the manner in which a number of them together contribute towards making a cumulative case upon similar issues of concern for the church in our times constitute a major strength of this collection This volume will interest faculty and students engaged in the study of the contemporary church ecumenism global Christianity secularity and inter religious dialogue as well as appealing to ministers and pastors as well as the general reader excited by the most pressing debates pertaining to the church in these times **Evagrius**

Ponticus and Cognitive Science George Tsakiridis, 2010-01-15 This study puts the thought of Evagrius Ponticus a fourth century theologian into dialogue with modern cognitive science in regard to the topic of evil specifically moral evil Evagrius in his writings about prayer and the ascetic life addressed the struggle with personal moral evil in terms of the eight thoughts or demons These thoughts were transmitted by John Cassian to the Western church and later recast by Gregory the Great as the Seven Deadly Sins Though present understandings of evil appear to differ greatly from those of Evagrius his wisdom concerning the battle against evil may prove to be of great help even today Using the work of Pierre Hadot to recover Evagrius context and the work of Paul Ricoeur to discuss how we construct descriptions and myths of evil Evagrius is brought into dialogue with the cognitive sciences Using current research especially the work of Eugene d'Aquili and Andrew Newberg this study reveals the contemporary relevance of Evagrius approach to combating evil In addition the interdisciplinary study of patristics and cognitive science opens the pathway to a better understanding between Christian tradition and the modern sciences Recent years have seen a resurgence in studies of Evagrius of Pontus bringing his work into a new relevance to today's world This book by Dr Tsakiridis examines the work of Evagrius and focuses on a perspective not well covered in the literature Evagrius importance to science especially the cognitive sciences The book is insightful and represents an important new contribution to studies of Evagrius work and to the science and religion discussion as a whole Gayle E Woloschak The Feinberg School Northwestern University Few writers in the field of religion and science have the competence to interpret so many and varied texts in patristic mystical and moral theology contemporary neuro science and the turn to spirituality in contemporary theology He shows how both cognitive science and mystical theology can mutually enrich and inform each other in ways unimagined by today's popular neo atheists and agnostics Robert A Cathey McCormick Theological Seminary In a thoroughly limpid style George Tsakiridis sets before us an exceptionally interesting project 1 he centers on sin evil and prayer in a way that is central to the religious life 2 he engages the cutting edge domain of cognitive sciences and 3 he invites us to take seriously both a much neglected fourth century religious thinker and the most contemporary work of scientists who focus on the mind and its activities Philip Hefner Lutheran School of Theology at Chicago Emeritus George Tsakiridis artfully compares and clarifies the concepts used by ancient and modern thinkers to

describe meditation ways to deal with good and evil and mysticism and adds neuroscientific studies of such experiences Though the times were vastly different enlightening human commonalities emerge Carol Rausch Albright Lutheran School of Theology at Chicago *Treating Trauma in Christian Counseling* Heather Davediuk Gingrich, Fred C. Gingrich, 2017-12-19 With extensive experience treating complex trauma Heather Gingrich and Fred Gingrich have brought together key essays representing the latest psychological research on trauma from a Christian integration perspective This text introduces counseling approaches trauma information and Christian reflections for students instructors clinicians and researchers alike

Between Jesus and the Black Dog Michael Rothery, Anne-Marie McLaughlin, 2021-07-20 Christians have a special worldview affecting how they experience depression the common cold afflicting our emotional well being and that is the focus of this short book In it Christians and the important people in their support networks will read about the good news and the bad the blessings and pitfalls that a Christian faith brings to the problem of managing depressions The book is hopeful without being simplistic and it is steadfast in its commitment to the goal of human flourishing in a problematic world

New Dictionary of Christian Ethics and Pastoral Theology David John Atkinson, David Field, Arthur Frank Holmes, Oliver O'Donovan, 1995 Instead of the usual A to Z listings throughout this reference work is organized into two parts The first part includes 18 extended articles arranged in theological order which introduce readers to the main themes of Christian ethics and pastoral theology Part two features more than 700 articles arranged alphabetically which are extensively cross referenced to the main themes from publisher **The Logic of the Body** Matthew A. LaPine, 2020-11-04 Do not be anxious about anything When it comes to stress and worry that's all we really need to say right Just repent of your anxiety and everything will be fine But emotional life is more complex than this In *The Logic of the Body* Matthew LaPine argues that Protestants must retrieve theological psychology in order to properly understand the emotional life of the human person With classical and modern resources in tow LaPine argues that one must not choose between viewing emotions exclusively as either cognitive and volitional on the one hand or simply a feeling of bodily change on the other The two stories can be reconciled through a robustly theological analysis In a culture filled with worry and anxiety *The Logic of the Body* offers a fresh path within the Reformed tradition **Christianity Today** Carl Ferdinand Howard Henry, 1963 A fortnightly magazine of evangelical conviction

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