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JODIE SWEETIN

WITH JON WARECH



A MEMOIR



UNSWEETINED

Unsweetened A Memoir

Amy Dresner



Unsweetined A Memoir:

unSweetined Jodie Sweetin, 2009-11-03 In this explosive Us Weekly and brutally honest E Online memoir Jodie Sweetin once Danny Tanner's bubbly daughter on America's favorite family sitcom takes readers behind the scenes of Full House and into her terrifying and uplifting real life story of addiction and recovery How rude Jodie Sweetin melted our hearts and made us laugh for eight years as cherub faced goody two shoes middle child Stephanie Tanner Her ups and downs seemed not so different from our own but more than a decade after the popular television show ended the star publicly revealed her shocking recovery from methamphetamine addiction Even then she kept a painful secret one that could not be solved in thirty minutes with a hug a stern talking to or a bowl of ice cream around the family table The harrowing battle she swore she had won was really just beginning In this deeply personal utterly raw and ultimately inspiring memoir Jodie comes clean about the double life she led the crippling identity crisis the hidden anguish of juggling a regular childhood with her Hollywood life and the vicious cycle of abuse and recovery that led to a relapse even as she wrote this book Finally becoming a mother gave her the determination and the courage to get sober With resilience charm and humor she writes candidly about taking each day at a time Hers is not a story of success or defeat but of facing your demons finding yourself and telling the whole truth unSweetined

Sitcommentary Mark A. Robinson, 2019-10-15 From I Love Lucy to Black-ish sitcoms have often paved the way for social change Television comedy has long been on the frontline in how America evolves on social issues There is something about comedy that makes difficult issues more palatable with humor an effective device for presenting ideas that lead to social change From I Love Lucy which introduced the first television pregnancy to Will Grace which normalized gay characters the situation comedy has challenged the public to revisit social mores and reshape how we think about the world in which we live In Sitcommentary Television Comedies That Changed America Mark A Robinson looks at more than three dozen programs that have tackled social issues from the 1940s to the present The author examines shows that frequently addressed hot button topics throughout their runs such as All in the Family Maude and Black-ish as well as programs with special episodes that grappled with a societal concern like ageism class gender race or sexual orientation Among the important sitcoms discussed in this volume are such beloved shows as The Brady Bunch A Different World The Facts of Life The Golden Girls Good Times The Jeffersons The Mary Tyler Moore Show M A S H Modern Family Murphy Brown One Day at a Time Roseanne and Soap Each has broken down barriers and facilitated discussion debate and social evolution in America Arranged in chronological order these TV shows have influenced the masses by tackling tough topics or shining a spotlight on taboo subjects With discussions of some of the most popular shows of all time Sitcommentary will appeal to fans of these shows as well as anyone interested in the cultural history of America and American television TV in the USA Vincent LoBrutto, 2018-01-04 This three volume set is a valuable resource for researching the history of American television An encyclopedic range of information documents how television forever changed the face of media and continues

to be a powerful influence on society What are the reasons behind enduring popularity of television genres such as police crime dramas soap operas sitcoms and reality TV What impact has television had on the culture and morality of American life Does television largely emulate and reflect real life and society or vice versa How does television's influence differ from that of other media such as newspapers and magazines radio movies and the Internet These are just a few of the questions explored in the three volume encyclopedia *TV in the USA A History of Icons Idols and Ideas* This expansive set covers television from 1950 to the present day addressing shows of all genres well known programs and short lived series alike broadcast on the traditional and cable networks All three volumes lead off with a keynote essay regarding the technical and historical features of the decades covered Each entry on a specific show investigates the narrative themes and history of the program provides comprehensive information about when the show started and ended and why and identifies the star players directors producers and other key members of the crew of each television production The set also features essays that explore how a particular program or type of show has influenced or reflected American society and it includes numerous sidebars packed with interesting data related information and additional insights into the subject matter

Booktalking Nonfiction Jennifer Bromann-Bender, 2013-12-20 Booktalking Nonfiction 200 Sure Fire Winners for Middle and High School Readers will provide an introduction to selecting and writing booktalks for nonfiction books with a focus on unique informational texts and biographies and autobiographies A booktalk is a summary of a book presented in a way that would interest someone in reading the book described Why non fiction Because the Common Core Standards Initiative which most states have adopted requires that 70% of the materials students read be from the category of informational texts it is especially important to focus on nonfiction when sharing books with students Here's everything you need to do just that Chapters cover selecting writing preparing and presenting booktalks special tips for high interest low level books and using non fiction in the library and the classroom Two hundred ready to present booktalks arranged by genre are also included Genres include animals famous people sports crime and serial killers movies and television religion war history and the supernatural

The Publishers Weekly, 2009 **This River** James Brown, 2011-03-10 Continues where Brown's first memoir *The Los Angeles Diaries* left off It's molten stuff the story of his efforts to control his river of rage Los Angeles Times Award winning author James Brown gained a cult following after chronicling his turbulent childhood and spiraling drug addiction in *The Los Angeles Diaries* *This River* picks up where Brown left off in his first memoir describing his tenuous relationship with sobriety telling of agonizing relapses and tracking his attempts to become a better father This is the heartbreaking and at times uplifting tale of Brown's battles peeking into his former life as an addict and detailing his subsequent ascent to sobriety and fight for redemption A beautifully crafted and intensely moving book Without artifice or pretension without false moves of any sort James Brown goes after the biggest literary game death love children degeneration hopelessness hope I read this book straight through in one spellbound sitting and I will read it again in a week

or two It is so good Tim O'Brien National Book Award winning author of *The Things They Carried* Beautifully written this is clear eyed truth telling by a man coming to terms with the best and worst in himself and others Booklist This River pulls no punches art shouldn't and Brown doesn't The good the bad the ugly are all there in a lucid uncluttered muscular prose studded with honesty willpower and courage Brown's is a story of a man who against overwhelming odds not only came back from the abyss but triumphed Duff Brenna author of AWP Best Novel *The Book of Mamie* **If We Break** Kathleen Buhle, 2022-06-14 NATIONAL BESTSELLER Kathleen Buhle shares her story of resilience and self discovery after her marriage to Hunter Biden unraveled in the wake of substance abuse and infidelity in this dignified and revealing People memoir Kathleen Buhle's brave and honest story transcends politics division hearsay and judgment Connie Britton This is not a story about good versus evil Or who was right Or who was better For decades Kathleen Buhle chose to play the role of the good wife beginning when as a naive young woman from a working class family on the South Side of Chicago she met the dashing son of a senator at the Jesuit Volunteer Corps in Oregon Within months of falling in love Kathleen found herself pregnant and engaged living a life beyond anything she'd ever known Determined to build her family on a foundation of love Kathleen was convinced her and Hunter's commitment to each other could overcome any obstacle But when Hunter's drinking evolved into dependency she was forced to learn how rapidly and irrevocably a marriage can fall apart under the merciless power of addiction When the lies became insurmountable Kathleen was forced to reckon with the compromises she had made to try to save her marriage She wondered if she could survive on her own The result is a memoir that is page turning and heart breaking Here Kathleen asks why she kept so much hidden from her daughters and herself for so many years why she became dependent on one man and why she was more faithful to a vow of secrecy than to her own truth This inspiring chronicle of radical honesty and self actualization speaks to women who have lost part of their identity and want to reclaim it [My Fair Junkie](#) Amy Dresner, 2017-09-12 In the tradition of *Blackout* and *Permanent Midnight* a darkly funny and revealing debut memoir of one woman's twenty year battle with sex drugs and alcohol addiction and what happens when she finally emerges on the other side Growing up in Beverly Hills Amy Dresner had it all a top notch private school education the most expensive summer camps and even a weekly clothing allowance But at 24 she started dabbling in meth in San Francisco and unleashed a fiendish addiction monster Soon if you could snort it smoke it or have sex with she did Smart and charming with Daddy's money to fall back on she sort of managed to keep it all together But on Christmas Eve 2011 all of that changed when high on Oxycontin she stupidly brandished a bread knife on her husband and was promptly arrested for felony domestic violence with a deadly weapon Within months she found herself in the psych ward and then penniless divorced and looking at 240 hours of court ordered community service For two years assigned to a Hollywood Boulevard chain gang she swept up syringes and worse as she bounced from rehabs to halfway houses all while struggling with sobriety sex addiction and starting over in her forties In the tradition of *Orange Is the New Black* and Jerry Stahl's *Permanent*

Midnight Amy Dresner's *My Fair Junkie* is an insightful darkly funny and shamelessly honest memoir of one woman's battle with all forms of addiction hitting rock bottom and forging a path to a life worth living **Beautiful Things** Hunter Biden, 2021-04-06 Hunter Biden recounts his descent into substance abuse and his tortuous path to sobriety The story ends with where Hunter is today *It Was Me All Along* Andie Mitchell, 2015-12-29 NEW YORK TIMES BESTSELLER A heartbreakingly honest endearing memoir of incredible weight loss by a young food blogger who battles body image issues and overcomes food addiction to find self acceptance All her life Andie Mitchell had eaten lustily and mindlessly Food was her babysitter her best friend her confidant and it provided a refuge from her fractured family But when she stepped on the scale on her twentieth birthday and it registered a shocking 268 pounds she knew she had to change the way she thought about food and herself that her life was at stake *It Was Me All Along* takes Andie from working class Boston to the romantic streets of Rome from morbidly obese to half her size from seeking comfort in anything that came cream filled and two to a pack to finding balance in exquisite but modest bowls of handmade pasta This story is about much more than a woman who loves food and abhors her body It is about someone who made changes when her situation seemed too far gone and how she discovered balance in an off kilter world More than anything though it is the story of her finding beauty in acceptance and learning to love all parts of herself Never Give in to Fear Marti MacGibbon, 2010-07-29 A new enhanced edition of this book is coming out complete with three new chapters *Never Give in to Fear Laughing All the Way Up from Rock Bottom* will be available Oct 8 2012 Details Stay Strong Publishing *Never Give in to Fear Laughing All the Way Up from Rock Bottom* release date Oct 8 2012 distributed by AtlasBooks 15 95 Trade Paperback ISBN 978 0 9860067 0 8 376 pages 5 99 E book ISBN 978 0 9860067 1 5 Praise for *Never Give in to Fear* Foreword Clarion Reviews Five Stars out of Five MacGibbon is self aware and is able to show the humor of the moment without losing the tense pacing of her story The memoir whips along hardly taking breath What makes *Never Give in to Fear* shine is MacGibbon's ease with her story She doesn't apologize for who she is and she doesn't try to win over the reader It's just the facts ma'am and by the time the first chapter is over she's already on a roll Honest to a fault in ruthless pursuit of the story MacGibbon's memoir is captivating from the very first sentence MacGibbon has written and lived her way through a forbidding place It's wonderful to not only read her story but to know that she has flourished in her years of recovery A memoir that offers hope even in the worst of times *Never Give in to Fear* is a terrific read It's the perfect book for a reader in recovery though MacGibbon's real life adventures will be equally appealing to anyone who needs a little more adrenaline in their reading list Claire Foster It's amazing that Marti MacGibbon survived her harrowing life and had the guts to recount it not too preachy the author's candor and sense of humor keep the pages turning Suzanne Daly the bohemian com Quitter Erica C. Barnett, 2020-07-07 Barnett's prose style is brassy and cleareyed with echoes of Anne Lamott Beth Macy The New York Times Book Review Emotionally devastating and self aware this cautionary tale about substance abuse is a worthy heir to Cat Marnell's *How to Murder Your Life* Publishers Weekly

starred review A startlingly frank memoir of one woman's struggles with alcoholism and recovery with essential new insights into addiction and treatment Erica C Barnett had her first sip of alcohol when she was thirteen and she quickly developed a taste for drinking to oblivion with her friends In her late twenties her addiction became inescapable Volatile relationships blackouts and unsuccessful stints in detox defined her life with the vodka bottles she hid throughout her apartment and offices acting as both her tormentors and closest friends By the time she was in her late thirties Erica Barnett had run the gauntlet of alcoholism She had recovered and relapsed time and again but after each new program or detox center would find herself far from rehabilitated Rock bottom Barnett writes is a lie It is always possible she learned to go lower than your lowest point She found that the terms other alcoholics used to describe the trajectory of their addiction rock bottom and moment of clarity and the mottos touted by Alcoholics Anonymous such as let go and let God and you're only as sick as your secrets didn't correspond to her experience and could actually be detrimental With remarkably brave and vulnerable writing Barnett expands on her personal story to confront the dire state of addiction in America the rise of alcoholism in American women in the last century and the lack of rehabilitation options available to addicts At a time when opioid addiction is a national epidemic and one in twelve Americans suffers from alcohol abuse disorder *Quitter* is essential reading for our age and an ultimately hopeful story of Barnett's own hard fought path to sobriety *Stepping Stones* Marilea C.

Rabasa,2025-07-30 Addiction is a stealth predator Unrecognized it will grow and flourish Unchecked it destroys Marilea Rabasa grew up in post WWII Massachusetts in a family that lived comfortably and offered her every advantage But they were also haunted by closely guarded family secrets Alcoholism reached back through several generations and it was not openly discussed Shame and stigma perpetuated the silence And Marilea became part of this ongoing tragedy From an unhappy childhood to a life overseas in the diplomatic service to now living on an island in Puget Sound *Stepping Stones* chronicles Marilea's experiences weaving a compelling tale of travel motherhood addiction and heartbreaking loss The constant thread throughout this story is the many faces and forms of addiction phantoms that stalk her like an obsessed lover What if anything will free her of the masks she has worn all her life An inspiring poignant recovery story *Stepping Stones* tells how Marilea took on the demons that plagued her all her life and defeated them **Apology to the Young Addict**

James Brown,2020-03-03 Husband addict father skeptic Now sixty with years of sobriety under his belt the celebrated author of *The Los Angeles Diaries* and *This River* returns with his most moving work yet Opening with the tragic tale of an elderly couple consumed by opioid addiction and moving through the horrors of a Las Vegas massacre to the loss of a beloved sponsor these essays draw on Brown's personal journey to illustrate how an individual life in all its messiness and charm can offer a blueprint for healing From writing about finding a new path in life while raising three sons to making peace with the family whose ghosts have haunted him and helping the next generation of addicts overcome their disease this haunting and hopeful book is a reinvention of the recovery story and a lasting testimony from the master of the modern memoir The third

panel in Brown's masterwork triptych on addiction from youth to sixty *Apology to the Young Addict* also accomplishes at last a staggeringly rare mercy on the ghosts of memory the ravages of disease the brutal hypocrisies of religion and finally most shockingly on himself Gina Frangello author of *Every Kind of Wanting* and *A Life in Men* **Good Morning, Destroyer of Men's Souls** Nina Renata Aron, 2021-04-20 A scorching memoir of a love affair with an addict weaving personal reckoning with psychology and history to understand the nature of addiction codependency and our appetite for obsessive love Ferocious glints with hard won truths Aron lights a path through the darkness of her past toward a better future Los Angeles Times NAMED ONE OF THE BEST BOOKS OF THE YEAR BY PARADE The disease he has is addiction Nina Renata Aron writes of her boyfriend K The disease I have is loving him Their love affair is dramatic urgent overwhelming an intoxicating antidote to the long lonely days of early motherhood Soon after they get together K starts using again and years of relapses and broken promises follow Even as his addiction deepens she stays convinced she is the one who can get him sober After an adolescence marred by family trauma and addiction Nina can't help but feel responsible for those suffering around her How can she break this pattern If she leaves K has she failed him Writing in prose at once unflinching and acrobatic Aron delivers a piercing memoir of romance and addiction drawing on intimate anecdotes as well as academic research to crack open the long feminized and overlooked phenomenon of codependency She shifts between visceral ferocious accounts of her affair with K and introspective analyses of the part she plays in his addictions as well as defining moments in the history of codependency from the temperance movement to the formation of Al Anon to more recent research in the psychology of addiction *Good Morning Destroyer of Men's Souls* is a blazing bighearted book that illuminates and adds nuance to the messy tethers between femininity enabling and love Praise for *Good Morning Destroyer of Men's Souls* Unflinching Aron writes in gripping prose about the thrills and dangers of her own substance use and relationship with K their weak kneed passion and wolfish needs as well as her guilt ridden enabling and savior complex optimism San Francisco Chronicle In Nina Renata Aron's scorching unvarnished memoir an addiction story gets spun from the perspective of the helpless partner the lover too stuck in a dangerous dynamic to find her way out Entertainment Weekly A raw and eloquently unflinching memoir Kirkus Reviews

If I Die Before I Wake Barb Rogers, 2010-04-01 A woman shares the story of her descent into alcoholism her journey to getting clean and sober and life on the other side The tragic death of her teenage son Jon forces Barb Rogers to delve into the horror that was her life to that point Due to a home life fraught with substance and emotional abuse she found herself bottomed out more than once and homeless along the way When asked in early recovery if I knew any prayers the one I could think of was the child's nighttime prayer Now I lay me down to sleep As I thought of it I recalled the long nights when I simply wanted to go to sleep and never wake up Barb learned most of her life lessons through pain tragedy and addiction This is not a glamorous story it is real and raw It is not about survival of the fittest but the weak the hopeless the helpless the truly addicted not only to substances but to drama anger excuses and justifications Barb reflects on how she reached her

lowest point just what it was and how and why she finally reached out to a 12 step program for help She shows the reader what it s really like to survive to stay clean and sober and to find a way to the other side Recovery was one of the most difficult things she ever did but it was worth every effort I put out Barb Rogers would be the first to tell you she s not special But her story told well and with humor is sure to inspire anyone to put in the work to improve their lives Praise for If I Die before I Wake Raw vivid and brutally heart wrenching Barb s account of her shattered life will undoubtedly hit home with many Jennifer Storm author of Blackout Girl and Leave the Light On Gripping tragic and absolutely impossible to put down Rachael Brownell author of Mommy Doesn t Drink Here Anymore An inspiring story that reflects the transformative power of Twelve Step recovery This is a particularly important book for any woman who is struggling with sobriety and feels she will never achieve it Stephanie S Covington author of A Woman s Way Through the Twelve Steps White Out Michael W. Clune,2023-03-21 The tenth anniversary edition of Michael Clune s classic memoir of addiction and recovery Dreamily exact sensual and hilarious One of the year s best books The New Yorker How do you describe an addiction in which your drug of choice creates a hole in your memory a white out so that every time you use it is the first time new fascinating vivid Michael W Clune s story takes us straight inside such an addiction what he calls the memory disease With dark humor and in crystalline prose Clune s account of life inside the heroin underground reads like no other Whisking us between the halves of his precarious double life between the streets of Baltimore and the college classroom where Clune is a graduate student teaching literature we spiral along with him as he approaches rock bottom from nodding off in a row house with a one armed junkie and a murderous religious freak to having his life threatened in a Chicago jail while facing a felony possession charge After his descent into addiction we follow Clune through detox treatment and finally into recovery as he returns to his childhood home where the memory disease and his heroin induced white out begin to fade White Out is more than a memoir It is a rigorous investigation that offers clarity hope and even beauty to anyone who wants to understand the disease or its cure This tenth anniversary edition includes a new preface by the author *Savaged to Wellness* Melody Paul,2020-05-14 This is a recovery story about a Micmac woman named Melody Paul She is from the Canadian province of Nova Scotia in an island called Cape Breton famously known for its beautiful trails She was raised in Eskasoni Eskasoni is one of the largest native Micmac tribe reservations in the world Growing up in her native culture community she struggles to adapt and decides to adventure and explore new places Melody finds her first job on the blueberry barrens of Down East Maine then discovers other ways to support herself She soon learns to adapt to the American way of life Unfortunately her life choice leads her to poverty abuse discrimination and substance abuse Running becomes a behavior she cannot contain dysfunctional behavior becomes her way of life with the combination of her addiction issues it is the exact combination for a perfect storm It is hustling her way to what she needs to fuel her substance use Hurting others along the way doesn t matter to her whatsoever because she was sick with addiction then finally one day something changes the course of her life path that is

when she gets charged with trafficking drugs that causes her friend to overdose Melody finally owns up to what she has become and decides to face her demons in the cold brick wall of the Maine State Prison This is when her healing starts She prays daily and becomes more aware of her actions and behaviors Melody starts to write and heals herself from the damages of addiction This is a story of recovery *Damaged Goods* Shelley Louise,2018-03-28 This is a deeply personal story of a young woman s journey through addiction the loss of her love and her mother s suicide Heartbreaking at times this memoir is more than a drug a log as you are taken into her raw lifestyle as an addict and the long road to recovery Powerful and inspiring **Hunger** Roxane Gay,2017-06-13 New York Times bestselling author Roxane Gay has written with intimacy and sensitivity about food and bodies using her own emotional and psychological struggles as a means of exploring our shared anxieties over pleasure consumption appearance and health As a woman who describes her own body as wildly undisciplined Roxane understands the tension between desire and denial between self comfort and self care In *Hunger* she casts an insightful and critical eye on her childhood teens and twenties including the devastating act of violence that acted as a turning point in her young life and brings readers into the present and the realities pains and joys of her daily life With the bracing candor vulnerability and authority that have made her one of the most admired voices of her generation Roxane explores what it means to be overweight in a time when the bigger you are the less you are seen *Hunger* is a deeply personal memoir from one of our finest writers and tells a story that hasn t yet been told but needs to be Freshman Common Read California State University Channel Islands

The Top Books of the Year Unsweetened A Memoir The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the captivating narratives that have enthralled audiences this year. Unsweetened A Memoir : Colleen Hoover "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and thrilling novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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