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Understand Politics Teach Yourself Teach Yourself General

Nicky Hayes

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democracy Political ideologies Elections and electoral systems Parties and party systems Pressure groups The media Constitutions The executive branch of government The bureaucracy The legislative branch of government The judiciary and law enforcement Sub national government The nation state in the modern world *Understand Psychology: Teach Yourself* Nicky Hayes, 2010-01-29 A FASCINATING INSIGHT INTO WHAT MAKES US TICK The bestselling Understand Psychology explains basic psychological processes and how they influence us in all aspects of everyday life It explores why we are the way we are how we came to be that way and what we might do to change seemingly fundamental traits The book puts psychology in context using non technical language to analyze everyday situations It is a comprehensive introduction that shows how human experience can be understood on many levels Understand Psychology takes you through every aspect of the subject from child development and social influences to the role of memories and emotions You will discover how we interact with each other why we dream what motivates us why children need to play and whether watching TV is bad for you Now fully revised and updated this 6th edition of the bestselling guide includes brand new material on mindfulness social living focusing in particular on shyness and loneliness and social media coping with stress decision making and forensic psychology addiction and modern drugs cognitive neuropsychology and the psychology of learning including teaching exams and exam stress The clear structure packed full of practical examples makes it easy to learn the essentials you really need to know ABOUT THE SERIES People have been learning with Teach Yourself since 1938 With a vast range of practical how to guides covering language learning lifestyle hobbies business psychology and self help there s a Teach Yourself book for whatever you want to do Join more than 60 million people who have reached their goals with Teach Yourself and never stop learning **Understand Applied Psychology: Teach Yourself** Nicky Hayes, 2010-06-25 Understand Applied Psychology shows how basic psychological processes are relevant to everyday situations and contexts From education to occupational psychology this book provides a comprehensive look at psychology in almost every area of day to day living It covers 18 different areas of applied psychology explaining how psychologists work in the community as a whole and how psychology is applied to working life and broader aspects of living The book also includes well developed but unknown areas such as space psychology and eco psychology showing the scope of applied psychology and giving ideas for other areas where it could usefully contribute to our everyday lives NOT GOT MUCH TIME One five and ten minute introductions to key principles to get you started AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success based on the author's many years of experience TEST YOURSELF Tests in the book and online to keep track of your progress EXTEND YOUR KNOWLEDGE Extra online articles at www teachyourself com to give you a richer understanding of applied psychology FIVE THINGS TO REMEMBER Quick refreshers to help you remember the key facts TRY THIS Innovative exercises illustrate what you ve learnt and how to use it Python Programming for Raspberry Pi, Sams Teach Yourself in 24 Hours Richard Blum, Christine Bresnahan, 2015-12-10 Python Programming for Raspberry Pi In just 24

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Yourself Accents - Europe Robert Blumenfeld, 2014-03-01 Limelight The third volume in dialect coach Robert Blumenfeld s new series on accents Teach Yourself Accents Europe A Handbook for Young Actors and Speakers covers the European accents most useful for the stage and screen French German Italian Russian Spanish Swedish and Yiddish The most important features of each accent are detailed enabling the actor to begin immediately to sound authentic and Mr Blumenfeld's unique approach makes the accents easily comprehensible. The incisive succinct introduction to studying any accent is useful above and beyond the specific details of the accents covered here The book provides a wealth of references to films where the reader can listen to authentic examples of the accents and information as to what roles require the accents There are extensive practice exercises all included in the accompanying audio as well as a selection of monologues and scenes All of this makes the book not only a perfect guide for the young acting student but also an authoritative reference for more experienced actors and for speakers of all levels Teach Yourself Accents - North America Robert Blumenfeld, 2013-08-01 Limelight Are you doing a play by Tennessee Williams Or one of David Mamet's plays set in Chicago Need to learn a Southern or Boston or New York or Caribbean Islands accent quickly or do you have plenty of time Then Teach Yourself Accents North America A Handbook for Young Actors and Speakers is for you an easy to use manual full of clear cogent advice and fascinating information Contemporary monologues and scenes for two are included and audio tracks feature extensive practice exercises Perfect for the young acting student the book will help anyone beginning a study of accents to get a rapid handle on the subject and use any accent immediately with an authentic sound More experienced actors who need an authoritative quick quide for an audition or for role preparation will find it equally useful as will speakers who want to improve a specific accent or liven up a presentation with an apt anecdote This second volume of the new Teach Yourself Accents series by Robert Blumenfeld author of the best selling Accents A Manual for Actors covers General American the most widely used accent of Standard American English as well as Northern and Southern regional accents AAVE African American Vernacular English Hispanic Caribbean Islands and Canadian English and French accents Teach Yourself Accents: The British Isles Robert Blumenfeld, 2013-06-01 Paperback w CD **Understand the Second World** War: Teach Yourself Alan Farmer, 2010-08-27 Understand the Second World War will show you how one of the most important events in history developed charting the main military campaigns and examining the path to Allied victory and its impact on the countries involved Full of anecdotes and details which provide a personal appeal it serves as an accessible introduction to one of the most important tragic and costly events in history NOT GOT MUCH TIME One five and ten minute introductions to key principles to get you started AUTHOR INSIGHTS Lots of instant help with common problems and quick tips for success based on the author's many years of experience EXTEND YOUR KNOWLEDGE Extra online articles at www teachyourself com to give you a richer understanding THINGS TO REMEMBER Quick refreshers to help you remember the key facts

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