

WHEN TWO BECOME ONE

Enhancing Sexual Intimacy in Marriage

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When Two Become One Christopher McCluskey, Rachel McCluskey, 2006-07-01 Healthy vibrant sex between husband and wife is the deepest expression of love And God intended it to be that way More than a how to book on better sex When Two Become One offers a vision of lovemaking that encourages a deeper experience of intimacy in the physical spiritual and emotional realms It introduces The Lovemaking Cycle a model for examining lovemaking in order to solve intimacy problems Included are discussion questions that encourage spouses to communicate with each other Finally a book for Christian husbands and wives that blends both emotional and sexual fulfillment in one volume This is a perfect resource for married couples and counselors and makes a great gift for engaged couples When Two Become One Christopher McCluskey, Rachel McCluskey, 2006-07 Written by a certified sex therapist and his wife this paperback edition of When Two Become One helps couples find sexual fulfillment with The Lovemaking Cycle The Marriage Project Kathi Lipp, 2009-12-01 More love more laughter more lingerie What would marriages look like if for 21 days husbands and wives put their marriage on project status Plenty of books describe how to improve marriage how to save a marriage and how to ramp up the intimacy in a marriage In The Marriage Project Kathi Lipp shows readers how to put the fun back in marriage with 21 simple yet effective projects such as doing something they enjoyed together before they got married or flirting with their spouse via e mail or text messages Each of the projects contains a project description suggestions for how to complete the project reports from other couples on how they accomplished the project a prayer a place to record project results In addition to the daily projects three bonus projects encourage couples to turn up the heat in the bedroom For couples who haven t given up on the dream of being head over heels with their spouse again The Marriage Project provides just the right boost Included are tips on how to use The Marriage Project to revitalize marriages in a local church or small group The Smart Stepfamily Marriage Ron L. Deal, David H. Olson, 2015-05-12 Make This Marriage Last a Lifetime Leading blended family authority Ron Deal and marriage and family expert David Olson show you how to build on your relationship strengths and improve your weaknesses Whether you re dating engaged a young stepfamily or an empty nest couple The Smart Stepfamily Marriage gives you the tools you need at any stage to create a remarriage that will last Each chapter of this book explores one of the key qualities of happy remarriages as identified by research Like a GPS for your relationship this book has built in discussion questions that can help you and your partner discover where you are where you d like to be and how to get there The online survey gives you a report with personalized results for your relationship The Smart Stepfamily Marriage is the road map to a healthy marriage Gary D Chapman PhD author The Five Love Languages and When Sorry Isn t Enough Remarried or marrying again This book is loaded with specific useful ideas for helping your marriage reach its full potential Scott Stanley PhD author A Lasting Promise research professor University of Denver This book is a must read for any remarried couple It includes the tools needed to create and maintain a wonderful remarriage from the foreword by

Evelyn Husband Thompson widow of Space Shuttle Columbia Commander Rick Husband now remarried to Bill Thompson The Smart Stepfamily Marriage is the most up to date relevant complete guide for remarried couples I know of no other resource like it Francesca Adler Baeder PhD professor and director Center for Children Youth and Families Auburn University director National Stepfamily Resource Center This book will help you thrive in your marriage and beat the odds of divorce The preventative information is the best I have ever seen and the practical application covers it all I have put The Smart Stepfamily Marriage at the top of my resource library for couples who find themselves in this beautiful and yet challenging world of remarriage Jim Burns PhD president HomeWord author of Creating an Intimate Marriage Confident Parenting and The Purity Code Remarriages have unique challenges and different relational needs than first marriages Based on a national study of 50 000 couples this book is a wonderful resource for remarriage couples Take the online Couple Checkup and get a report about your relationship read the book and build a relationship that lasts Dr Gary Smalley author of The DNA of Relationships You want a marriage that lasts forever right Blended family couples can beat the odds this book will tell you how Dr Dennis Rainey president of FamilyLife author of Stepping Up The Smart Stepdad Ron L. Deal, 2011-04-01 While resources abound for stepmothers stepfathers are often left to travel a difficult road without clear directions Ron Deal offers advice for men navigating the stepfamily minefield including how to connect with stepchildren being a godly role model how to discipline dealing with the biological dad and keeping the bond strong with one s new spouse He gives perspective on what the kids are going through and why things don't work the same as in a biological family The Smart Stepdad provides essential guidelines to help stepfathers not only survive but succeed as both dad and husband

Happy Habits for Every Couple Kathi Lipp,Roger Lipp,2015-01-01 When was the last time you flirted with your husband Was it before you had kids Do you spend more time on the couch with your wife watching movies or with a bag of chips watching The Game Does your idea of a hot date include a drive thru and springing for the extra large fries What would your marriage look like if for 21 days you turned your attention to happy habits that will better your relationship Plenty of books describe how to improve a marriage how to save a marriage even how to ramp up intimacy in a marriage In Happy Habits for Every Couple Kathi Lipp and husband Roger show you practical fun filled ways to put love and laughter back into your marriage Here are just a few of the results you ll see when you put Happy Habits for Every Couple into practice new levels of warmth and tenderness in your relationshipa deeper sense of security with your spousea marriage filled with fun and flirting If you haven t given up the dream of being head over heels with your spouse again following this 21 day plan will give you just the boost you need to bring you closer together

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Be Devoted Bob Schuchts, 2020-02-21 Winner of a

third place award for marriage and family life books from the Catholic Media Association Drawing from his popular healing conferences forty years of marriage and decades of clinical work as a couple s therapist bestselling author Bob Schuchts presents his first resource for married and engaged couples and those who desire true love in their relationships Be Devoted This highly anticipated guide delivers sound Catholic teaching rich storytelling and practical tools for healing along with psychological insights and expertise to help couples create a relationship that is rich in trust passion and unity The key to a healthy and passionate marriage is as simple as fostering genuine love and affection or devotion according to retired couple s therapist and healing expert Bob Schuchts of the John Paul II Healing Center True devotion only develops however when both spouses take responsibility for their actions and emotional wounds something each of us brings to all of our relationships These wounds which are often rooted in childhood and past relationships exist in all of us to some degree making it difficult for couples to cultivate friendship resolve conflicts and build trust Drawing on the riches of St John Paul II s theology of the body Be Devoted is an essential guide to healing from these wounds within your marriage while providing practical tools for cultivating unity The first part of the book focuses on building intimacy unity and communion and the second part offers wisdom and guidance for restoring trust when it is damaged You ll find practical tools for cultivating intimacy resolving conflicts and restoring sexual passion To help you engage deeply and prayerfully Be Devoted includes Take A Moment reflection questions prayer guides for couples scripts for apologizing and tackling difficult discussions practical ways for understanding and working through conflicts spiritual exercises for healing past wounds prompts for journaling appendices with extended prayer exercises and resources Be Restored Bob Schuchts, 2021-09-24 Winner of a third place award in the healing and self help category from the Catholic Media Association We all have sexual wounds some caused by over sexualized culture some by our personal choices and some through the actions of others Have you struggled with wounds from sexual abuse and molestation pornography use infidelity divorce sexual identity confusion genophobia or unwanted sexual compulsions In Be Restored bestselling and award winning author Bob Schuchts of the John Paul II Healing Center offers you concrete steps for healing and wholeness relying on a combination of clinical expertise Catholic theology and personal experience as a survivor to guide you An essential guide to healing sexual wounds Be Restored speaks to our deepest longing for sexual wholeness It reveals the way to be freed from debilitating shame sexual compulsions and sin identity confusion and wounds in psychosexual development You will discover the reasons behind your emotional pain and how it s connected to your sexual wounds whether those wounds come from acute moments of sexual trauma in the past or from the more subtle trauma of living in our sex saturated world Speaking from his own experience of sexual woundedness and his professional background as a marriage and family therapist Schuchts the bestselling author of Be Healed is sensitive to the shame of sexual wounds In Be Restored he compassionately guides readers through a comprehensive understanding of potential areas of sexual wounds and shame He then lays out a practical roadmap for restoring sexual wholeness Each

chapter in Be Restored contains Take a Moment reflections and personal activities that include prayer and scripture based exercises emotional mapping and thought provoking reflection questions Four appendices offer specific instructions and prayers for restoring sexual wholeness **The 5 Sex Needs of Men and Women** Gary Rosberg, Barbara Rosberg, Ginger Kolbaba, 2006 Lists the top sex needs of husbands and wives and discusses how to meet those needs from a Christian perspective

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