



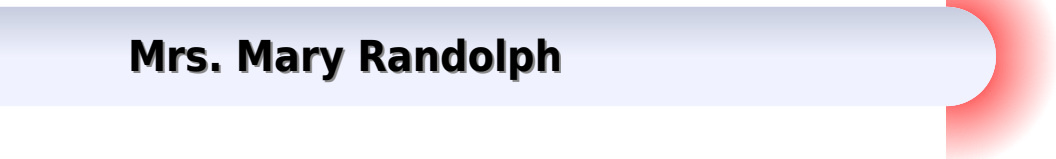
The Virginia House-wife

by Mary Randolph
with Historical Notes and Commentaries
by Karen Hess



The Virginia House Wife The Virginia House Wife

Mrs. Mary Randolph



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The Virginia Housewife: or Methodical Cook Mary Randolph, 2018-05-15 Reproduction of the original The Virginia Housewife or Methodical Cook by Mary Randolph The Virginia Housewife Mary Randolph, 2018-09-27 The Virginia Housewife By Mary Randolph Mary Randolph 1762 1828 was an American author known for writing The Virginia House Wife Or Methodical Cook 1824 one of the most influential housekeeping and cook books of the nineteenth century Randolph s influential housekeeping book The Virginia House Wife 1824 went through many editions until the 1860s Randolph tried to improve women s lives by limiting the time and money they had to spend in their kitchens The Virginia House Wife included many inexpensive ingredients that anyone could purchase to make impressive meals Besides popularizing the use of more than 40 vegetables Randolph s book also introduced to the Southern public dishes from abroad such as gazpacho boldly calling for poisonous tomatoes in her Spanish based recipes **The Virginia Housewife, Or, Methodical Cook** Mary Randolph, 1993-11-01 A nineteenth century guide to authentic early American cooking that includes recipes for a variety of dishes an introduction to the food and customs of the South and instructions for making soap and starch cleaning silver drying herbs and performing other usefull tasks *The Virginia House-Wife* Mary Randolph, 2018-06-21 The Virginia house wife by Mary Randolph Originally published in 1824 this influential classic guide by a noted Virginia hostess is widely regarded as the first truly Southern cookbook Compiled and written by Mary Randolph reputed to have been the best cook in Richmond it contains a treasury of cooking instructions for everything from hearty soups to exotic cordials Included are time honored recipes for a wide range of beef veal lamb and pork dishes along with fish poultry sauces vegetables pudding cakes preserves and more In addition to such traditional Southern fare as okra soup curry of catfish barbequed shoat a fat young hog field peas beaten biscuits and sweet potato buns readers will also find scores of recipes for dishes condiments and beverages rarely seen on today s dinner table sweetbread and oyster pie grilled calf s head shoulder of mutton with celery sauce fried calf s feet pheasant a la daub tansy pudding gooseberry fool cold stewed gooseberries with custard and whipped cream pickled nasturtiums walnut catsup vinegar of the four thieves ginger wine and many other edibles from a bygone era More than just a collection of recipes however this comprehensive cook s reference also provides a fascinating introduction to the food and customs of the antebellum South as well as handy instructions for making soap starch and cologne water cleaning silver drying herbs and much other useful advice For this edition Jan Longone a specialist in antiquarian wine and food books has contributed an informative new introduction that outlines the singular qualities of Mrs Randolph s book and its preeminent place in American culinary history Any cook antiquarian or lover of Americana will enjoy this rare glimpse into the kitchens of the past We are delighted to publish this classic book as part of our extensive Classic Library collection Many of the books in our collection have been out of print for decades and therefore have not been accessible to the general public The aim of our publishing program is to facilitate rapid access to this vast reservoir of literature and our view is that this is a

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cordials Included are time honored recipes for a wide range of beef veal lamb and pork dishes along with fish poultry sauces vegetables pudding cakes preserves and more In addition to such traditional Southern fare as okra soup curry of catfish barbequed shoat a fat young hog field peas beaten biscuits and sweet potato buns readers will also find scores of recipes for dishes condiments and beverages rarely seen on today s dinner table sweetbread and oyster pie grilled calf s head shoulder of mutton with celery sauce fried calf s feet pheasant a la daub tansy pudding gooseberry fool cold stewed gooseberries with custard and whipped cream pickled nasturtiums walnut catsup vinegar of the four thieves ginger wine and many other edibles from a bygone era More than just a collection of recipes however this comprehensive cook s reference also provides a fascinating introduction to the food and customs of the antebellum South as well as handy instructions for making soap starch and cologne water cleaning silver drying herbs and much other useful advice For this edition Jan Longone a specialist in antiquarian wine and food books has contributed an informative new introduction that outlines the singular qualities of Mrs Randolph s book and its preeminent place in American culinary history Any cook antiquarian or lover of Americana will enjoy this rare glimpse into the kitchens of the past We are delighted to publish this classic book as part of our extensive Classic Library collection Many of the books in our collection have been out of print for decades and therefore have not been accessible to the general public The aim of our publishing program is to facilitate rapid access to this vast reservoir of literature and our view is that this is a significant literary work which deserves to be brought back into print after many decades The contents of the vast majority of titles in the Classic Library have been scanned from the original works To ensure a high quality product each title has been meticulously hand curated by our staff Our philosophy has been guided by a desire to provide the reader with a book that is as close as possible to ownership of the original work We hope that you will enjoy this wonderful classic work and that for you it becomes an enriching experience

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SOUPS ASPARAGUS SOUP Take four large bunches of asparagus scrape it nicely cut off one inch of the tops and lay them in water chop the stalks and put them on the fire with a piece of bacon a large onion cut up and pepper and salt add two quarts of water boil them till the stalks are quite soft then pulp them through a sieve and strain the water to it which must be put back in the pot put into it a chicken cut up with the tops of asparagus which had been laid by boil it until these last articles are sufficiently done thicken with flour butter and milk and serve it up We are delighted to publish this classic book as part of our extensive Classic Library collection Many of the books in our collection have been out of print for decades and therefore have not been accessible to the general public The aim of our publishing program is to facilitate rapid access to this vast reservoir of literature and our view is that this is a significant literary work which deserves to be brought back into print after many decades The contents of the vast majority of titles in the Classic Library have been scanned from the original works To ensure a high quality product each title has been meticulously hand curated by our staff Our philosophy has been guided by a desire to provide the reader with a book that is

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