# Tropical Herbs & Spices



## **Tropical Herbs And Spices Periplus Tropical Nature Guide**

**Ben-Erik van Wyk** 

#### **Tropical Herbs And Spices Periplus Tropical Nature Guide:**

Tropical Herbs & Spices Wendy Hutton, 1998-08-15 This handy field guide introduces over 35 herbs spices and aromatics commonly found in Thailand Each exotic item is described in detail and its country of origin and areas of growth are discussed Culinary options are given with tips and how to make the most of these tasty flavorings and there are four recipes Illustrated with beautiful color photographs clearly presented for easy identification this book is a must for lovers of Tropical Herbs and Spices of Malaysia and Singapore Wendy Hutton, 1997 tropical tastes Asian Vegetables Wendy Hutton, 2012-11-20 Here at last is a book which all cooks need to know about the fast growing list of Asian vegetables found in Asian grocery stores and specialty gourmet shops With attractive watercolors and photographs A Cook's Guide to Asian Vegetables helps you identify more than 170 vegetables and vegetable products commonly used in Asian cuisine and sold world wide Categories include Beans peas pulses Cabbage and other leafy greens Fruiting vegetables Gourds and melons Herbs Mushrooms and other fungi The onion family Preserved vegetables Seaweeds Tofu and other soy products Tubers stems and roots Any many more This Asian cookbook offers insightful tips on how cooks have used the vegetables throughout history their appearance nutritional content and flavor selection storage and preparation as well as information on traditional Asian herbal remedies and folk beliefs Fresh dried and preserved vegetables and herbs are described in this volume together with simple recipes from around Asia that demonstrate how various vegetables can be served This cookbook also features over 100 recipes to craft delicious vegetable dishes from all over Asia Culinary Herbs & Spices of the World Ben-Erik van Wyk,2024-05-31 If you re ready to delve deeply into the herbs and spices that characterize the world's cuisines then this scholarly reference is for you New York Times For centuries herbs and spices have been an integral part of many of the world's great cuisines But spices have a history of doing much more than adding life to bland foods They have been the inspiration for among other things trade exploration and poetry Priests employed them in worship and shamans used them as charms to ward off evil spirits Nations fought over access to and monopoly of certain spices Not only were many men s fortunes made in the pursuit of spices spices at many periods throughout history literally served as currency In Culinary Herbs and Spices of the World Ben Erik van Wyk offers the first fully illustrated scientific guide to nearly all commercial herbs and spices in existence Van Wyk covers more than 150 species from black pepper and blackcurrant to white mustard and white ginger detailing the propagation cultivation and culinary uses of each Introductory chapters capture the essence of culinary traditions traditional herb and spice mixtures preservation presentation and the chemistry of flavors and individual entries include the chemical compounds and structures responsible for each spice or herb s characteristic flavor Van Wyk also offers a global view of the most famous use or signature dish for each herb or spice satisfying the foodie's curiosity about new dishes from little known culinary traditions. This beautiful thorough well written and researched text will be of interest in any public or academic library reference collections as well as to chefs gardeners

lovers of food culinary adventurers and anyone who enjoys a good encyclopedia Library Journal starred review **Thailand** Handy Pocket Guide to Tropical Herbs & Spices Wendy Hutton, 2010-07-15 Learn the essentials of Asian spices and .2003 herbs with this useful and portable reference book The Handy Pocket Guide to Tropical Herbs Spices introduces over 35 different herbs spices and aromatics commonly found in Asia Each item is clearly presented and described in detail with notes on its country of origin and areas of growth Culinary options are also provided with helpful tips on how to make the most of these tasty flavorings With four exciting Asian spice recipes for readers to try this book is an absolute must for lovers of tropical tastes Periplus Handy Pocket Guides are practical field guides useful for identifying various natural objects ranging from plants and animals to gemstones and seashells Each page of each title throughout the series is filled with clear precise photographs and informative text Scientific and local language names are given **Insight Guides: Indonesia** Insight Guides, 2012-07-06 Insight Guide Indonesia is an essential guide to one of the world's last tourism frontiers a far flung archipelago of rainforests volcanoes vivid festivals and teeming cities all brought to life through evocative photography Our inspirational Best of Indonesia section highlights the unmissable sights and experiences while a comprehensive Travel Tips section gives you all the practical information you need to plan your trip and our selective listings bring you the best hotels and restaurants Colourful magazine style features offer a unique insight into the incomparable Balinese festivals unique Sulawesi wildlife and colourful batik fabrics A detailed Places section with full colour maps cross referenced to the text guides you from the jungles of darkest Borneo to the beaches of Bali the ancient trading ports of Java and the spice islands to Insight Guides Indonesia (Travel Guide eBook) Insight Guides, 2016-05-03 Insight the primeval Papuan highlands Guide Indonesia is an essential guide to one of the world's last tourism frontiers a far flung archipelago of rainforests volcanoes vivid festivals and teeming cities all brought to life through evocative photography Our inspirational Best of Indonesia section highlights the unmissable sights and experiences while a comprehensive Travel Tips section gives you all the practical information you need to plan your trip Colourful magazine style features offer a unique insight into the incomparable Balinese festivals unique Sulawesi wildlife and colourful batik fabrics A detailed Places section with full colour maps cross referenced to the text guides you from the jungles of darkest Borneo to the beaches of Bali the ancient trading ports of Java and the spice islands to the primeval Papuan highlands Insight Guide Indonesia now includes the Walking Eye app free to download to smartphones and tablets on purchase of the book The Indonesia app includes our independent selection of the best hotels and restaurants plus activity event and shopping listings About Insight Guides Insight Guides has over 40 years experience of publishing high quality visual travel guides We produce around 400 full color print guide books and maps as well as picture packed eBooks to meet different travelers needs Insight Guides unique combination of beautiful travel photography and focus on history and culture together create a unique visual reference and planning tool to inspire your next adventure Insight Guides has spawned many imitators but is still the best of its type Wanderlust Magazine

**Bangkok** Joe Cummings,1999 Including practical information for the business or independent traveller this guide features hundreds of accommodation and restaurant options local excursions to historic towns coverage of temples museums and river trips and a Thai language section with script and pronunciation guide

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