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Why We Get Sick

The New Science of Darwinian Medicine

RANDOLPH M. NESSE, M.D., AND GEORGE C. WILLIAMS, PH.D.

Why We Get Sick The New Science Of Darwinian Medicine

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Why We Get Sick The New Science Of Darwinian Medicine:

Why We Get Sick Randolph M. Nesse, MD, George C. Williams, 2012-02-08 The next time you get sick consider this before picking up the aspirin your body may be doing exactly what it s supposed to In this ground breaking book two pioneers of the science of Darwinian medicine argue that illness as well as the factors that predispose us toward it are subject to the same laws of natural selection that otherwise make our bodies such miracles of design Among the concerns they raise When may a fever be beneficial Why do pregnant women get morning sickness How do certain viruses manipulate their hosts into infecting others What evolutionary factors may be responsible for depression and panic disorder Deftly summarizing research on disorders ranging from allergies to Alzheimer's and form cancer to Huntington's chorea Why We Get Sick answers these questions and more The result is a book that will revolutionize our attitudes toward illness and will intrigue and instruct lay person and medical practitioners alike Why We Get Sick Randolph M. Nesse, 1995 Oxford Handbook of Evolutionary Medicine Martin Brüne, Wulf Schiefenhövel, 2019-01-31 Medicine is grounded in the natural sciences where biology stands out with regard to our understanding of human physiology and the conditions that cause dysfunction Ironically though evolutionary biology is a relatively disregarded field One reason for this omission is that evolution is deemed a slow process Indeed the macroanatomical features of our species have changed very little in the last 300 000 years A more detailed look however reveals that novel ecological contingencies partly in relation to cultural evolution have brought about subtle changes pertaining to metabolism and immunology including adaptations to dietary innovations as well as adaptations to the exposure to novel pathogens Rapid pathogen evolution and evolution of cancer cells cause major problems for the immune system Moreover many adaptations to past ecologies have actually turned into risk factors for somatic disease and psychological disorder in our modern worlds i e mismatch among which epidemics of autoimmune diseases cardiovascular diseases diabetes and obesity as well as several forms of cancer stand out One could add depression anxiety and other psychiatric conditions to the list The Oxford Handbook of Evolutionary Medicine is a compilation of up to date insights into the evolutionary history of ourselves as a species exploring how and why our evolved design may convey vulnerability to disease Written in a classic textbook style emphasising physiology and pathophysiology of all major organ systems the Oxford Handbook of Evolutionary Medicine is valuable reading for students as well as scholars in the fields of medicine biology anthropology and psychology Evolutionary Thinking in Medicine Alexandra Alvergne, Crispin Jenkinson, Charlotte Faurie, 2016-05-13 The aim of this edited book is to provide health professionals across a wide variety of specialisms with a targeted access to evolutionary medicine Throughout the book the views of both medical and evolutionary scientists on the latest relevant research is presented with a focus on practical implications. The inclusion of boxes explaining the theoretical background as well as both a glossary for technical terms and a lay summary for non specialists enable medical researchers public health professionals policy makers physicians students scholars and the public

alike to quickly and easily access appropriate information This edited volume is thus relevant to anyone keen on finding out how evolutionary medicine can improve the health and well being of people History of Psychiatry and Medical Psychology Edwin R. Wallace, John Gach, 2010-04-13 Most of the prefatory issues are extensively elaborated upon in the Prolegomenon which also contains the complete references to the texts and authors discussed below Nevertheless the Preface would be grossly incomplete without touching on some of these issues books and scholars Too many of this book s chapters e g Mora s Marx s D B Weiner s examine and reference important earlier as well as contemporary general histories of psychiatry and specialized monographs in German French Italian and Spanish Also in his 1968 Short History of Psychiatry d cussed below Ackerknecht pp xi xii references important nineteenth and earlier twentieth century psychiatric histories in English French and German Such citations will of course not be repeated here Finally thanks to several publishers re editions of dozens of classical psychiatric texts one can consult their bibliographies as well See Prolegomenon for references to these splendid series In a rough and ready sense medical history began in classical Greece for example On Ancient Medicine While traditionally included in the Hippocratic corpus this text seems more likely to have been written by a non or even anti Hippocratic doctor Moreover the Hippocratic and other schools were hardly as secular as we now suppose On Epilepsy for example does not so much declare the prevalent denotation of it as the sacred disease erroneous as it does that it is no more nor less sacred than any other disease A Multidisciplinary Approach to Pandemics Philippe Bourbeau, Jean-Michel Marcoux, Brooke A. Ackerly, 2022 This edited volume provides a comparative analysis of the ways in which pandemics are Latest Findings in Intellectual and Developmental Disabilities Research theorized and studied across several disciplines Uner Tan, 2012-02-15 Intellectual and Developmental Disabilities presents reports on a wide range of areas in the field of neurological and intellectual disability including habitual human guadrupedal locomotion with associated cognitive disabilities Fragile X syndrome autism spectrum disorders Down syndrome and intellectual developmental disability among children in an African setting Studies are presented from researchers around the world looking at aspects as wide ranging as the genetics behind the conditions to new and innovative therapeutic approaches **Evolutionary Medicine** Wenda Trevathan, Euclid O. Smith, James Joseph McKenna, 1999 Evolution is the single most important idea in modern biology shedding light on virtually every biological question from the shape of orchid blossoms to the distribution of species across the planet Until recently however the theory has had little impact on medical research or practice Evolutionary Medicine shows how this is beginning to change Collecting work from leaders in the field this volume describes an array of new and innovative approaches to human health that are based on an appreciation of our long evolutionary history For example it shows how evolution helps to explain the complex relationship between our immune systems and the virulence and transmission of human viruses It also shows how comparisons between how we live today and how our hunter gatherer ancestors lived thousands of years ago illuminate a variety of contemporary ills including obesity lower back pain and

insomnia Evolutionary Medicine covers issues at every stage of life from infancy colic jaundice SIDS parent infant sleep struggles ear infections breast feeding asthma to adulthood sexually transmitted diseases depression overeating addictions child abuse cardiovascular disease breast and ovarian cancer to old age osteoporosis geriatric sleep problems Written for a wide range of students and researchers in medicine anthropology and psychology it is an invaluable guide to this rapidly Textbook of Evolutionary Psychiatry and Psychosomatic Medicine Martin Brüne, 2015-11-12 Psychiatry and Psychosomatic Medicine are concerned with medical conditions affecting brain mind and behaviour in manifold ways Traditional approaches have focused on a restricted array of potential causes of psychiatric and psychosomatic conditions including adverse experiences such as trauma neglect or abuse genetic vulnerability and epigenetic regulation of gene expression Whilst essential for the understanding of mental disorders these approaches have disregarded important questions such as why the human mind is vulnerable to dysfunction at all The Textbook of Evolutionary Psychiatry and Psychosomatic Medicine updates and expands the previous edition to provide answers to these questions by emphasising an evolutionary perspective on psychiatric and psychosomatic conditions It explains how the human brain mind has been shaped by natural and sexual selection why adaptations to environmental conditions in our evolutionary past may nowadays work in suboptimal ways and how human cognition emotions and behaviour can be scientifically framed to improve our understanding of how people try to attain important biosocial goals pertaining to one s status in society mating eliciting and providing care and maintaining rewarding relationships The evolutionary topics relevant to the understanding of psychiatric and psychosomatic conditions include the concepts of genetic plasticity life history theory stress regulation and immunological aspects In addition it is argued that an evolutionary framework is also necessary to understand how psychotherapy and psychopharmacology work to improve the lives of patients with psychiatric and psychosomatic disorders The Textbook of Evolutionary Psychiatry and Psychosomatic Medicine is a valuable text for all students of Psychology Medicine and Psychotherapy who seek an understanding of the evolutionary issues surrounding health and disease The Evolution of Psychopathology Todd K. Shackelford, Virgil Zeigler-Hill, 2017-08-01 This review of recent evolutionary theories on psychopathology takes on controversies and contradictions both with established psychological thought and within the evolutionary field itself Opening with the ancestral origins of the familiar biopsychosocial model of psychological conditions the book traces distinctive biological and cultural pathways shaping human development and their critical impact on psychiatric and medical disorders Analyses of disparate phenomena such as jealousy social anxiety depressive symptoms and antisocial behavior describe adaptive functions that have far outlasted their usefulness or that require further study and perhaps new directions for treatment In addition the book s compelling explorations of violence greed addiction and suicide challenge us to revisit many of our assumptions regarding what it means to be human Included in the coverage Evolutionary foundations of psychiatric compared to non psychiatric disorders

Evolutionary psychopathology uncomplicated depression and the distinction between normal and disordered sadness
Depression is rumination really adaptive A CBT approach to coping with sexual betrayal and the green eyed monster
Criminology s modern synthesis remaking the science of crime with Darwinian insight Anthropathology the abiding malady of
the species With its wealth of interdisciplinary viewpoints The Evolution of Psychopathology makes an appropriate
supplementary text for advanced graduate courses in the evolutionary sciences particularly in psychology biology
anthropology sociology and philosophy

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