

Case Study 145 Anorexia Case Study (Winningham's)

Best Answers Update 2023-2024

1. Using Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-V) criteria, how is the diagnosis of anorexia nervosa determined?

- Restriction of energy intake relative to requirements leading to a significantly low body weight in the context of age, sex, developmental trajectory, and physical health
- Intense fear of gaining weight or becoming fat, even though underweight
- Disturbance in the way in which one's body weight or shape is experienced, undue influence of body weight or shape on self-evaluation, or denial of the seriousness of the current low body weight

2. Identify eight clinical signs or symptoms of anorexia nervosa. Place a star or asterisk next to those that J.M. has.

- Emaciated and malnourished appearance*
- Hypotension (She has been blacking out, which can indicate hypotension. No vital signs were provided, but students might star this item.)
- Dysrhythmias, bradycardia
- Pale conjunctivae and mucous membranes
- Poor skin turgor and muscle tone
- Peripheral edema
- Excessive hair loss and dryness*
- Cold extremities*
- Lanugo
- Yellow skin
- Amenorrhea
- Headaches, sore throat, vague physical complaints
 - Chronic urinary tract infections
 - Constipation

Winningham Case Study Answers

Mariann M. Harding, Julie S. Snyder



Winningham Case Study Answers:

Winningham's Critical Thinking Cases in Nursing - E-Book Mariann M. Harding, Julie S. Snyder, 2015-01-10 Highly regarded for its clinically relevant and thought provoking content Winningham's Critical Thinking Cases in Nursing 6th Edition features 150 case studies that cover all four clinical practice areas medical surgical pediatric OB maternity and psychiatric nursing Each case covers a common patient problem drawn from actual clinical experiences and written by nurses who are clinical experts This edition reflects the most current standards of clinical practice including content on pharmacology nutrition and diagnostic laboratory tests to prepare you for all aspects of patient care From nursing educators Mariann Harding and Julie Snyder this workbook helps you develop your clinical nursing judgment and bridge the gap from nursing knowledge to nursing practice Comprehensive case study approach uses cases drawn from actual clinical experiences to help you identify changes anticipate possible complications and initiate therapeutic interventions Progressive case complexity builds on previous learning and helps you develop more and more expertise 150 case studies cover all major clinical areas including medical surgical pediatric OB maternity and psychiatric cases providing you with many diverse clinical situations and opportunities to apply knowledge and develop critical thinking skills Body system organization makes the book easier to use with medical surgical nursing textbooks and courses NEW QSEN icons highlight essential safety content NEW Increased emphasis on NCLEX Exam style alternate format questions includes multiple response prioritization and illustration based questions offering better NCLEX Examination preparation NEW Additional documentation questions and a NEW Chart View design provide more experience in documenting patient care based on real world electronic chart formats NEW Reorganized format presents cases in three parts 1 medical surgical cases 2 pediatric maternity and women's health cases and 3 psychiatric and alternative therapies cases NEW Increased difficulty level includes more questions about care of older adults and multi system situations UPDATED content includes the latest clinical treatment guidelines issues and practice standards

Critical Thinking in Medical-surgical Settings Maryl Lynne Winningham, Barbara A. Preusser, 2001 CRITICAL THINKING IN THE MEDICAL SURGICAL SETTING helps students through the use of case studies bridge the gap between knowledge and clinical practice Each case tests the students content knowledge and helps them practice thinking critically before they face the realities of the workplace This valuable book is organized into eleven units each focusing on specific body system disorders Cases are drawn from actual clinical experiences and written by nurses who are experts in a specific area

Critical Thinking in the Medical-Surgical Setting Maryl Winningham, Barbara Preusser, 1996 *Advanced Practice in Oncology Nursing* Esther Muscari Lin, Oncology Nursing Society, 2001 This indispensable book of exercises from the ONS helps users assess and develop the core knowledge necessary for AOCN certification Content and organization is based on a blueprint of the actual AOCN exam and covers all role components Case studies with real life oncology situations multiple question formats and rationales help sharpen critical thinking skills essential to top performance the AOCN exam or

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