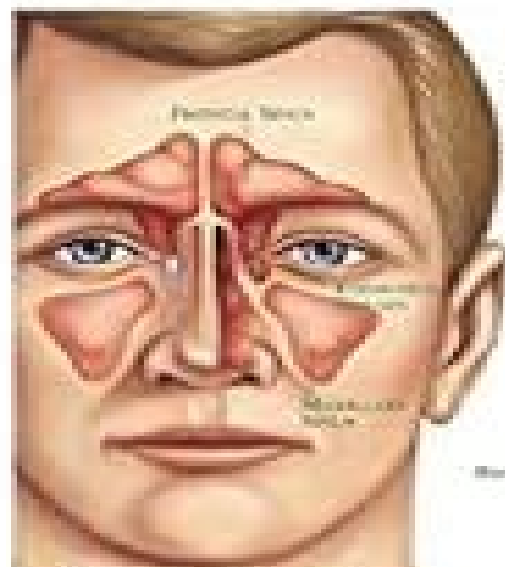




Understanding

The Common Cold

Common cold is a viral infection of the upper respiratory tract that can be caused by several different viruses. The most common is rhinovirus, which causes the common cold. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract.

Common cold signs and symptoms

Most colds are caused by the rhinovirus. The symptoms of a cold usually appear 1-3 days after infection. The most common symptoms are a runny nose, sore throat, and cough. Other symptoms include sneezing, congestion, and a low-grade fever.

The rhinovirus is a small, single-stranded RNA virus. It is the most common cause of the common cold. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract.

How the cold spreads

The common cold is spread by direct contact with an infected person or by contact with contaminated surfaces. It can also be spread by droplets in the air. The virus can survive on surfaces for several hours. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract.

Complications of the common cold

Most colds do not lead to complications. However, in some cases, a cold can lead to sinusitis, pneumonia, or other respiratory infections. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract.

Prevention of the common cold

There are several ways to prevent the common cold. These include washing your hands frequently, avoiding contact with infected people, and avoiding crowded places. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract. It is a viral infection of the upper respiratory tract.



Coughing and sneezing into your elbow can help prevent the spread of germs.



Washing your hands frequently with soap and water can help prevent the common cold.



Wearing a face mask can help prevent the spread of germs.



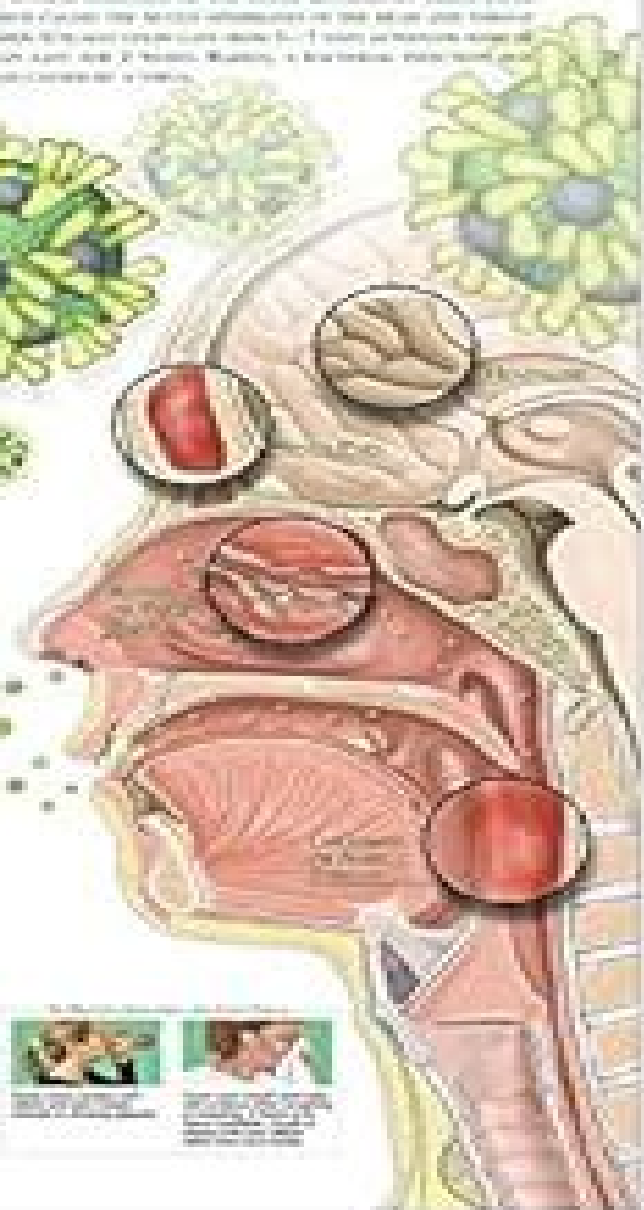
Avoiding contact with infected people can help prevent the common cold.



Avoiding crowded places can help prevent the common cold.



Avoiding contact with contaminated surfaces can help prevent the common cold.



Understanding The Common Cold Anatomical Chart

A Gutmann



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