



PREGNANCY STAGES

Pregnancy period of 40 weeks or 280 days is divided into three trimesters or stages. Various changes occur to developing fetus and mother during pregnancy. Each trimester have own physiological and hormonal changes of pregnancy and different milestones of baby development

Dr. Kiran Yadav

OB/GYN



1 Trimester



Implantation

Urine Test for Pregnancy: Positive



Symptoms of Pregnancy

Fetal Heartbeat



2 Trimester



Level II Ultrasound
18- 22 weeks,
Quikening

Diet & Nutrition
for both
Mother &
Growing Baby



Pregnancy
Weight
Monitoring

Blood Pressure
Sugar & Other
Screening



3 Trimester



Baby Movements
& Kick Count

Maternal
Multivitamins
in all Trimesters



Adequate Rest
& Antenatal
Exercises

Inform Doctor
about any
problem



Birth



Mostly
between 37- 40
weeks

Prepare in
Advance



Healthy Baby
& Mother



Breast
Feeding



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Trimester By Trimester Your Healthy Pregnancy Guide

Cecily McMillan



Trimester By Trimester Your Healthy Pregnancy Guide:

Reviewing **Trimester By Trimester Your Healthy Pregnancy Guide**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Trimester By Trimester Your Healthy Pregnancy Guide**," an enthralling opus penned by a highly acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

https://ftp.barnabastoday.com/public/detail/index.jsp/the_tears_of_the_salamander_by_peter_dickinson_5_mar_2004_paperback.pdf

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