

**WHAT YOUR
DOCTOR NEVER
TOLD YOU ABOUT...
FIBROMYALGIA**

DR JAMES R. FEDICH

What Your Doctor Never Told You About Fibromyalgia

James R. Fedich



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WHAT YOUR DOCTOR MAY NOT TELL YOU ABOUT (TM): FIBROMYALGIA R. Paul St. Amand, Claudia Craig Marek, 2019-05-07 From an endocrinologist a groundbreaking new protocol for reversing the devastating effects of fibromyalgia In this updated edition Dr St Amand presents his latest findings on guaifenesin a safe affordable and increasingly accessible medication that has shown remarkable success in treating fibromyalgia This revised edition also includes Expanded insights into the current understanding and treatment of fibromyalgia Updated disease protocols and treatment strategies In depth discussion on pharmaceutical options With more patient anecdotes and a deeper exploration of symptoms treatments and outcomes this book provides essential information for anyone affected by fibromyalgia **What Your Doctor May Not Tell You About(TM): Fibromyalgia Fatigue** R. Paul St. Amand, Claudia Craig Marek, 2003-10-01 The authors of the successful What Your Doctor May Not Tell You About Fibromyalgia present a revolutionary new guide to help sufferers relieve their chronic fatigue **What Your Doctor May Not Tell You About Pediatric Fibromyalgia** R. Paul St. Amand, Claudia Craig Marek, 2001-03-15 Muscle pain fatigue bladder infections insomnia hypoglycemia IBS chronic candidiasis If you have one or more of these symptoms or syndromes you may have fibromyalgia In 1999 Dr St Amand an experienced endocrinologist and UCLA assistant clinical professor published his effective protocol for reversing fibromyalgia based on nearly half a century of research including his own experience with the disease and that of hundreds of his patients Years later thousands of fibromyalgia sufferers have followed Dr St Amand s revolutionary program and have experienced amazing results This third edition of the book offers the latest research and Dr St Amand s breakthrough program that uses guaifenesin an inexpensive safe and increasingly available medication that can help reverse the disease The authors have seen symptoms eliminated and normal living restored in an astonishing 90 percent of the fibromyalgia sufferers they treated with guaifenesin In this edition readers will find more patient anecdotes and a deeper understanding of patient symptoms treatment and results including More information about the current treatment of fibromyalgia and what causes it New results from Dr St Amand s City of Hope study about the efficacy of the guaifenesin treatment Changes in disease protocol A discussion of pharmaceuticals in treatment and **What Your Doctor Doesn'T Know About Fibromyalgia** Linda Meilink, 2010-12-14 FMS a common term for fibromyalgia attacks men women and even children of all ages varying in intensity from patient to patient Because doctors do not like to treat conditions they don't understand patients are often ignored denied pain relief shuttled off to other experts or filled with powerful prescription drugs that may add new and confusing symptoms Thus begins a vicious cycle of frustrating doctor appointments with no clear diagnoses and continuing treatments that may or may not lead to any relief If you've always trusted that most of your doctors are up to date informed and rarely mistaken about a diagnosis or treatment What Your Doctor Doesn't Know about Fibromyalgia may change your mind Fibromyalgia is listed as one of the top ten most painful conditions in medicine but many doctors still do not believe in

it If they do recognize it they have only a vague notion of a collection of mild symptoms that they attribute to stress menstrual problems weight gain depression or hysteria none of which have been scientifically linked to fibromyalgia What Your Doctor Doesn't Know about Fibromyalgia will help you take charge of your condition and teach you how to find physicians you can trust so that you can obtain the relief you need **My Doctor Never Told Me That!** Christine Spurlock, Madison Spurlock, 2010-01-01 Clear practical information on an abundance of today's most relevant health issues Patrick Woods former director of Berkeley Holistic Health Center During office visits time is short This is a big reason why so many health care professionals have difficulty communicating with much less teaching their patients If you want to be knowledgeable about health topics this book offers clear simple language about everything from the way the body works to the facts behind trendy treatments to ways to minimize the risk of medical errors Knowledge is power and this book offers a better understanding about your health and how it is affected by the world around you What Your Doctor Never Told You About... Fibromyalgia James R. Fedich, 2011-01-25 Fibromyalgia is a complex and often misunderstood disorder This book helps to explain the troubling condition as well as outline treatment options both at home and with the help of your doctor

MD Linda Meilink with Patrick Rhoades, 2009-11-01 Fibromyalgia is listed as one of the top 10 most painful conditions in medicine but many doctors still do not believe in it or if they do they have a vague notion of a collection of mild symptoms that they attribute to stress menstrual problems weight gain depression or hysteria FMS a common term for fibromyalgia attacks men and women of all ages even children and varies in intensity Because doctors do not like to treat conditions they don't understand patients are often ignored denied pain relief shuttled off to other experts or filled with powerful prescription drugs that may add new and confusing symptoms This book will help take charge of the condition and find trusted physicians in order to obtain relief **Eve's Blessing** Suzannah Weiss, 2025-08-28 In sorrow thou shalt bring forth children With these words women fell into a world that saw them as cursed They are still falling Today we define women by suffering menstrual cramps mood swings excruciating childbirth painful first time sex Femaleness itself has come to look like an illness so now women seeking solutions for their ailments are dismissed And as our pain is sanctioned our pleasure is deemed tricky complicated burdensome elusive This reality is not our destiny These myths are misreadings not just of ancient texts but of women's bodies Our pain is the product of oppression imposed for centuries That's the real curse Yet amid this oppression our pleasure has survived Once we recover who we were before the fall we can revel in the blessings of our bodies Ecstatic births positive periods sublime sex orgasmic lives this is who we are behind the cultural curse we've been under Through inspiring stories from the author and a diverse group of blessed people Eve's Blessing charts many paths from pain to pleasure so that you can walk your own If you've drifted away from paradise this book will guide you back

Medical Medium Thyroid Healing Anthony William, 2021-06-01 Experience the epic truth about your thyroid from the 1 New York Times best selling author of the Medical Medium series Everyone wants to know how to free themselves from the

thyroid trap As the thyroid has gotten more and more attention though these symptoms haven't gone away people aren't healing Labeling someone with Hashimoto's hypothyroidism or the like doesn't explain the myriad health issues that person may experience That's because there's a pivotal truth that goes by unnoticed A thyroid problem is not the ultimate reason for a person's illness A problematic thyroid is yet one more symptom of something much larger than this one small gland in the neck It's something much more pervasive in the body something invasive that's responsible for the laundry list of symptoms and conditions attributed to thyroid disease Discover the real reasons and the healing path for dozens of symptoms and conditions including ACHES AND PAINS ANXIETY AND DEPRESSION AUTOIMMUNE DISEASE BRAIN FOG AND FOCUS CANCER EPSTEIN BARR VIRUS PREGNANCY COMPLICATIONS FATIGUE MONONUCLEOSIS FIBROMYALGIA AND CFS HAIR THINNING AND LOSS HASHIMOTO'S THYROIDITIS HEADACHES AND MIGRAINES HEART PALPITATIONS VERTIGO HYPERTHYROIDISM HYPOTHYROIDISM MENOPAUSAL SYMPTOMS MYSTERY WEIGHT GAIN SLEEP DISORDERS TINGLES AND NUMBNESS

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