

Treatment Plan Goal & Objectives Example

- ▶ GOAL 1. The client will Obtain and maintain sobriety, living a drug or alcohol-free life within 3 months.

Objectives:

1. The client will attend AA or NA meetings twice per week and select a Sponsor within one month.
2. The client will identify and develop two sober leisure skills or activities within 30 days.
3. The client will develop a Relapse Prevention Plan with their Sponsor within 60 days.

Treatment Plan Goals And Objectives Examples

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