

WHEN SOMEONE YOU LOVE DRINKS TOO MUCH



William F. Kraft, Ph.D.

When Someone You Love Drinks Too Much

Cynthia G. Last



When Someone You Love Drinks Too Much:

When Someone You Love Drinks Too Much William F. Kraft, 2002 *When Someone You Love Drinks Too Much* offers help to the families and friends of alcoholics But the focus of the book is not problem drinkers but the lives needs behaviors and attitudes of those who are involved with them Assuring family and friends that they cannot change their problem drinkers the author urges them to seek to change themselves He offers principles and strategies for improving ways of relating to problem drinkers In addition to providing psychological and social coping skills the author shows families and friends how to surrender their pain and concern over the drinker to the Holy Spirit who is the real source of recovery for all involved

When Someone You Love Abuses Alcohol Or Drugs - a Guide for Kids James J. Crist, 2003-06 About The Book This easy to read book is designed for kids who have a parent or other loved one who abuses alcohol or drugs The shame anger and guilt associated with such an experience can be a burden these individuals carry on into adulthood WHEN SOMEONE YOU LOVE ABUSES ALCOHOL OR DRUGS A GUIDE FOR KIDS provides valuable information for teenagers who have a loved abusing drugs or alcohol It answers questions kids have when a loved one is a substance abuser Yes their mother or father can still love them even though they abuse alcohol or drugs Yes even though a person may sometimes do bad things when he or she abuses alcohol or drugs he or she can still be a good person Any kid who has a loved one abusing alcohol or drugs will find this book quite helpful An excellent book for any young person who has a loved one abusing alcohol or drugs Brian DesRoche Ph D Author RECLAIMING YOURSELF Must reading for any teenager with substance abusing parent s Don Fontenelle Ph D Author HOW TO BE A GOOD PARENT About The Author James J Crist Ph D is a licensed clinical psychologist and a certified substance abuse counselor with the Child and Family Counseling Center in Woodbridge Virginia He helps people of all ages with alcohol drug and other problems He is also an adjunct faculty member at Argosy University Dr Crist is a graduate of Williams College in Massachusetts and The University of North Carolina at Chapel Hill where he earned his Ph D in clinical psychology

How to Change Someone You Love Brad Lamm, 2009-12-15 A powerful ground breaking book that shows you in concrete steps how to stop a loved one from engaging in self destructive behavior Stop your husband from drinking himself to death Don t let your brother lose it all to gambling Get your kid off drugs Motivate your best friend to lose weight Make your spendthrift brother in law stop maxing out his credit cards Get your sister out of an abusive relationship Erase anger in your co worker If you re tired of watching your spouse child relative or best friend go downhill dragging you with them How to Change Someone You Love will help you turn their lives around You don t have to endure behavior that is unhealthy abusive possibly deadly and that threatens to unravel relationships You can change it Many books will tell you that you can t change anyone They advise you not to even try The problem is they ignore the tremendous power you actually have to change people If most books about change are written for the addict or troubled person How to Change Someone You Love reaches out to the loved ones who know that change is critical and urgent How to Change Someone You Love is not just a self

help book this is a help you act book Brad Lamm s step by step approach empowers families and friends to change their loved ones through compassionate caring and continuing support Dr Mehmet Oz

When You Love a Functional Alcoholic William F. Kraft,2011 Ultimately this is a book of acceptance forgiveness and love all of which must begin with oneself A bibliography completes the work Book Jacket

When Someone You Love Has a Chronic Illness: Hope and Help for Those Providing Support Tamara McClintock Greenberg Psy.D.,2023-02-02 Dr Tamara Greenberg offers hope and practical advice to those impacted by a loved one s chronic illness Providing easy to understand explanations for complicated feelings and behaviors this book will help you not just cope but thrive in your day to day life Learn the important tools you need to help lighten the burden we all feel when someone we love is ill

When Someone You Love Drinks Too Much Christina B. Parker,1992 A sensitive book rich in personal experience and practical advice When Someone You Love Drinks Too Much gives Christian answers to hard questions Parker reveals the nature of alcoholism the minefield of codependence the resources of faith and prayer when to seek outside help and what one can do to move toward a healthy relationship

Drink? Professor David Nutt,2020-12-22 From a world renowned authority on alcohol abuse a book that exposes the side effects drinking imposes on our overall health and how we can moderate our consumption From after work happy hour to a nightly glass of wine we re used to thinking of alcohol as a normal part of our daily lives In Drink neuropharmacology professor David Nutt takes a fascinating science based look at drinking to unpack why we should reconsider our favorite pastime Nutt addresses topics such as hormones mental health fertility and addiction explaining how alcohol effects us even after it leaves our systems With accessible language Nutt ensures that readers recognize why alcohol can have such a negative influence on our bodies and our society Drink gives readers clear evidence based facts to help them make the most informed choices about their alcohol intake

Madre: Perilous Journeys with a Spanish Noun Elizabeth Bakewell,2011 How could madre mean whore as much as virgin What happens to the ninety nine madres when one father enters the room and they become a group of padres And why can t a bien educada woman in Mexico say the word madre without raising eyebrows

How to Defeat Harmful Habits June Hunt,2011-10-01 Respected Christian counselor and founder of Hope for the Heart ministries June Hunt knows that countless lives are impacted and detoured by addictions People are desperate for answers They are hungry for hope In this insightful book June provides compassionate biblical guidance to help readers recognize addictive impulses and habits set boundaries seek help and trust the power of Christ and God s Word to release them from the hold of addictions including overeating alcohol and drug abuse sexual addiction codependency anorexia and bulimia and more For those struggling with addiction or watching a loved one caught in its destructive cycles this is an encouraging resource of lasting answers and a path to healing God s way

When Someone You Love Is Bipolar Cynthia G. Last,2009-04-15 When bipolar disorder afflicts the person you love you suffer too How have other couples learned to manage the relationship strains caused by this illness What can you do to provide your partner with truly helpful nurturance

and support No one cares more deeply about these questions than Dr Cynthia Last a highly regarded therapist researcher who also has bipolar disorder Sharing stories and solutions from her own experience and the couples she has treated Dr Last offers heartfelt practical guidance for getting through the out of control highs and the devastating lows together Learn how you can help your spouse come to terms with a bipolar diagnosis get the most out of treatment and reduce or prevent future mood episodes while also taking care of yourself

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