

Alexander Riechers
Radim Röss

Trauma und Blockaden im Coaching

Modelle, ihre Anwendung
und Fallbeispiele

 Springer

Trauma Blockaden Coaching Anwendung Fallbeispiele

Ulrike Trump



Trauma Blockaden Coaching Anwendung Fallbeispiele:

Trauma und Blockaden im Coaching Alexander Riechers, Radim Ress, 2015-06-02 Blockaden die mit Coaching gelöst werden sollen sind häufig die Folge traumatischer Erfahrungen eines Menschen oder seiner Vorfahren. Anhand bildhafter Modelle erschließt sich dem Leser die vielschichtige Seelenlandschaft sowie deren Gesetzmäßigkeiten. Das Buch entschlüsselt Traumata als Grundbauelemente der Seele und folgt ihnen zu ihren Ursprüngen zurück den Existenziellen Grenzerfahrungen und ihrem gemeinsamen Nenner der seelischen Spaltung. Diese wirkt aus dem Unbewussten auf alle Lebensbereiche und ist mit dem Bewusstsein arbeitenden herkömmlichen Methoden daher nicht erreichbar. Der hier vorgestellte integrative Ansatz stellt Mittel und Wege zur Verfügung, die die Möglichkeiten von Coaching wesentlich erweitern.

Trauma and Blockages in Coaching Alexander N. Riechers, Radim Ress, 2023 Blockages to be solved with coaching are often the result of repressed traumatic experiences of a person or their ancestors. Pictorial models will guide the reader into the multi-layered landscape of the soul and its principles. Along the way, the book decodes traumas as the soul's fundamental building blocks and follows them back to their origins: existential limit experiences and their common denominator: the splitting of the soul. The consequences of this autonomous survival mechanism affect all areas of life, starting from the unconscious. Therefore, they are not accessible by conventional methods working with the conscious mind. The presented integrative approach provides means and ways that significantly expand the potential of coaching. Content: Trauma Work for a Stable Center in Life, The Splitting Phenomenon and Its Consequences, Methods and Their Interaction, Practical Guidelines, Ten Real Life Case Studies. Target Groups: Coaches, HR Experts, Management Consultants, Executives, Entrepreneurs, Psychologists, Psychotherapists, Physicians, Alternative Practitioners. About the Authors: Alexander N. Riechers works as an executive coach for international companies and in his private practice. His goal is to unleash the vital forces of the unconscious to support sustainable leadership development and personal growth. Radim Ress has been engaged in the transgenerational scope of the unconscious for more than 20 years. His integrative methodology focuses on the traumatic experiences of the ancestors and their effects on later generations.

Blockaden und Trauma lösen mit Freemotion-Coaching® Ulrike Trump, 2022 Blockaden und Trauma lösen mit Freemotion Coaching. R. Loslassen leicht gemacht selbst wenn Klienten sich nur schwer öffnen können. Die einzigartige Kombination aus Gesprächstherapie und Traumalösung. Für Therapeuten und Coaches entwickelt, die ihren Klienten auf einfache und effektive Art dabei helfen wollen emotionale und mentale Blockaden leicht und schnell aufzulösen. Diese Art der Gesprächsführung macht Freude und gibt die Selbstsicherheit wirklich helfen zu können. Neue wissenschaftliche Erkenntnisse aus Traumaforschung, Polyvagaltheorie, Neuro-Psychologie untermauern diese frappierend einfache, dennoch tiefgreifende, neuartige Coaching- und Therapiemethode. Für Coaches und Therapeuten entwickelt, die endlich der Ursache für die mentalen und emotionalen Blockaden ihrer Klienten auf den Grund gehen wollen und vor allem sie ein für alle Mal auflösen wollen.

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