

recipes from around the world

The Yogurt Cookbook

by Arto Der Haroutunian | photography by Hiltrud Schulz

The Yogurt Cookbook Recipes From Around The World New Illustrated Edition

Léo Pomar



The Yogurt Cookbook Recipes From Around The World New Illustrated Edition:

Yogurt Cookbook Arto der Haroutunian, 2007-07-30 By the internationally acclaimed author Arto der Haroutunian The Yogurt Cookbook has been unavailable for almost 20 years Now re issued in a glorious four colour edition with mouth watering photographs it offers over 200 recipes ranging from hearty peasant fare to elegant light dishes The Armenian born author expands yogurt beyond the narrow limitations of breakfasts desserts and dips incorporating it into an impressive array of recipes A genuine contribution to culinary literature this indispensable guide will take its readers on a voyage of discovery that will inspire yogurt lovers to new gastronomic heights as well as create a whole new following for this guardian of good health The author is truly an expert on the subject He tells us the history of yogurt how to make it and how it is easily used in all kinds of delicious recipes Yogurt is consumed in a variety of ways in many cultures throughout the world Several cultures use yogurt in sauces or as an ingredient to add a little zest to their favourite dishes The recipes are splendid from the subtle flavours of Middle Eastern dishes to the spiciness of Indian and other European foods In the appetizers there are so many delicious dishes it would be hard to begin to list them all ranging from dips to yogurt cheese There are fragrant soups wonderful salads and interesting egg dishes There are recipes for fish poultry meat pasta and vegetables There are sauces from salad dressings to a yogurt sauce There is even a section on bread pancakes and fritters The Yogurt Cookbook by Art der Haroutunian is the ultimate yogurt recipe cookbook and the perfect complement to your yogurt maker If you love yogurt this is a book for you If you don't care for it this book will convert you His other best selling books recently re issued by Grub Street are Vegetarian Dishes from the Middle East now in its 3rd printing Middle Eastern Cookery and North African Cookery **American Book Publishing Record Cumulative, 1950-1977** R.R. Bowker Company. Department of Bibliography, 1978 **The Complete Home Learning Sourcebook** Rebecca Rupp, 1998 Lists all the resources needed to create a balanced curriculum for homeschooling from preschool to high school level **American Book Publishing Record**, 1998 *The Yogurt Cookbook - 10-Year Anniversary Edition* Arto der Haroutunian, 2023-08-15 The Yogurt Cookbook is the ultimate guide to cooking with yogurt and its significance around the world Yogurt is consumed in a variety of ways in many cultures throughout the world The author truly an authority on the subject tells us the history of yogurt how to make it and how it is easily used in all kinds of delicious recipes This splendid cookbook offers over 200 yogurt recipes ranging from the delicate flavors Middle Eastern cuisine to traditional Armenian specialties from spicy Indian curries to distinctive regional European dishes There are delicious appetizers fragrant soups fresh salads and interesting egg dishes There are recipes for fish poultry meat pasta and vegetables There is even a section on bread pancakes and fritters The Yogurt Cookbook is the ultimate guide to cooking with yogurt and its significance around the world If you're a yogurt lover this is a book for you and if you don't care for it this book will convert you **The New York Times Book Review**, 1994-04 Presents extended reviews of noteworthy books short reviews essays and articles on topics and trends in publishing literature

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