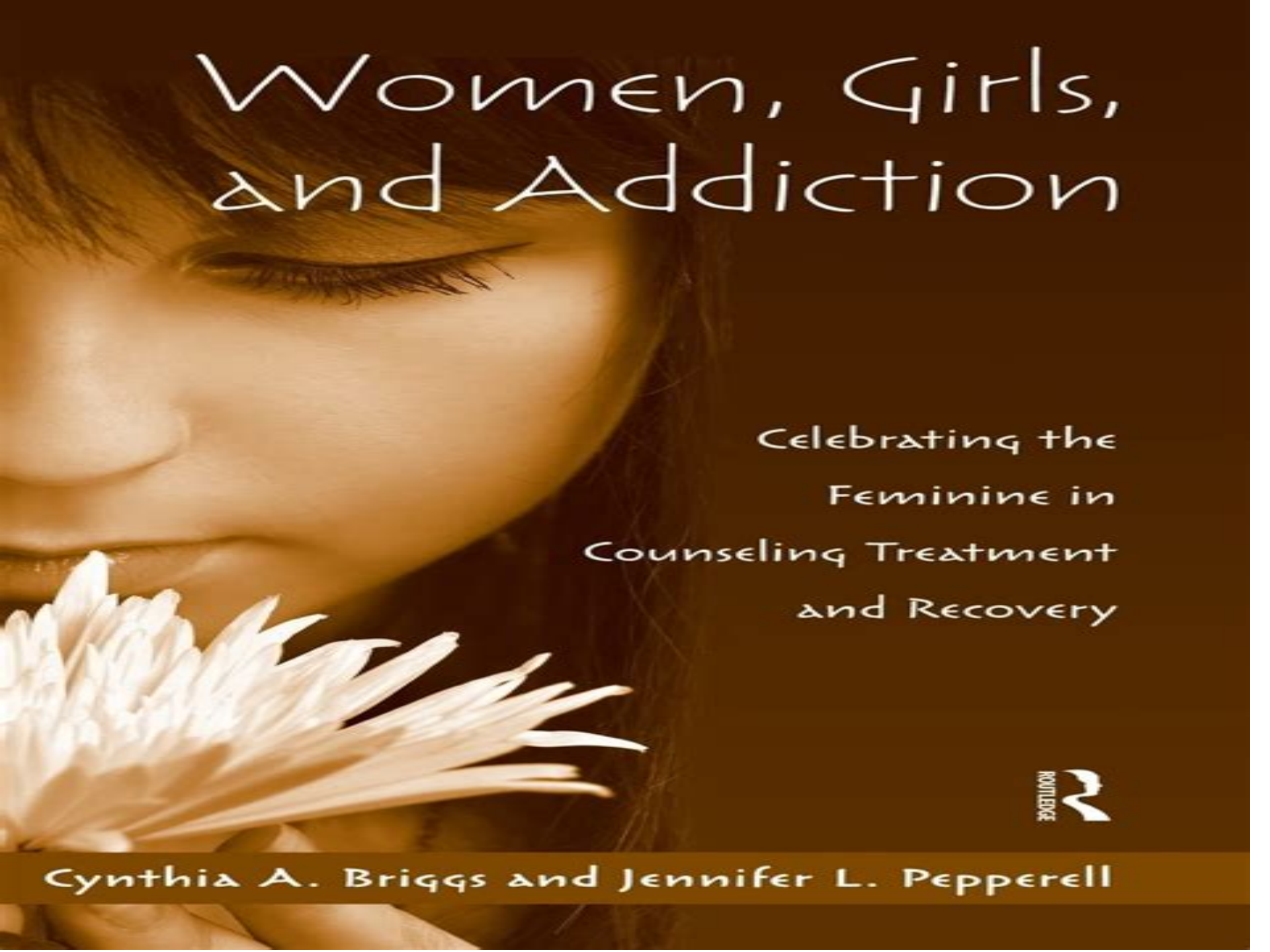




Women, Girls, and Addiction

Celebrating the
Feminine in
Counseling Treatment
and Recovery



Cynthia A. Briggs and Jennifer L. Pepperell

Women Girls And Addiction Celebrating The Feminine In Counseling Treatment And Recovery

Morteza Khaleghi, Karen Khaleghi



Women Girls And Addiction Celebrating The Feminine In Counseling Treatment And Recovery:

Women, Girls, and Addiction Cynthia A. Briggs, Jennifer L. Pepperell, 2009-06-19 Women Girls and Addiction is the first book on the efficacy of treatment approaches and interventions that are tailored to working with addicted women and the first publication of any kind to provide a feminist approach to understanding addiction from the female perspective Part one provides an overview of feminist theory and addiction counseling followed by an historical look at women and addiction Part two gives an in depth look at the biological psychological and social factors The final section presents a series of chapters spanning the lifespan which each feature age specific special issues treatment strategies interventions and commonly encountered topics

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Loving Our Addicted Daughters Back to Life Linda Dahl, 2015-05-25 The latest information on gender specific treatment of addiction and recovery can be found in this go to manual for parents seeking direction to help their daughters Step by step guidelines present tools for recognizing substance abuse in young women communicating with them and their care providers dealing with relapse and long term recovery and managing parental shame guilt fear anger and loving detachment Linda Dahl is the author of six books including Morning Glory 2012 chosen as a New York Times Notable Book of the Year A mother of two she currently resides in New York

Men, Addiction, and Intimacy Mark S. Woodford, 2012 First Published in 2012 Routledge is an imprint of Taylor Francis an informa company

The Spectrum of Addiction Laura J. Veach, Regina R. Moro, 2017-10-20 Reflecting the latest content in the DSM 5 The Spectrum of Addiction presents a comprehensive overview of addictive behaviors and habits from early use through risky use severe risk use and addiction Authors Laura Veach and Regina Moro draw from their experience in both teaching and counseling to provide real world knowledge and evidence based practices for working with clients who fall within the spectrum of addiction ranging from experimentation to physical addiction and recovery With a unique focus on neuroscience integration of CACREP standards and extensive coverage of addictions across the lifespan the book serves as a practical resource for future addiction counselors The Spectrum of Addiction is part of SAGE's Counseling and Professional Identity Series

The Bloomsbury Handbook of Religion, Gender and Sexuality Sonya Sharma, Dawn Llewellyn, Sian Hawthorne, 2024-06-13 Bringing together disciplines across the arts

humanities and social sciences this Handbook presents novel and lively examinations of the dynamic ways religion gender and sexuality operate Applying feminist intersectional and reflexive approaches the volume aims to loosen imperialist and exclusionary figurations that have underwritten and tethered religion gender and sexuality together While holding onto the field of inquiry the Handbook offers contributions that interrogate and untie it from the terms and conditions that have formed it The volume is organized into thematic sections Forces and Futures Activisms and Labors Agencies and Practices Relationships and Institutions Texts and Objects Chapters range across religious geographical historical political and social contexts and feature an array of case studies experiences and topics that exemplify the reflexive intention of the volume including explorations of race whiteness colonialism and the institutional intolerance of minority groups Contributors also advance new areas of research in religion including artificial intelligence farming migrant mothering child sexual abuse mediatization national security legal frameworks addiction and recovery decolonial hermeneutics creative arts sport sexual practices and academic friendship This is an essential contribution to the fields of religious studies and gender and sexuality studies

Counseling for Multiculturalism and Social Justice Manivong J. Ratts, Paul B. Pedersen, 2014-12-08 In this book Drs Ratts and Pedersen combine the very best from the multicultural and social justice traditions into a new paradigm which will guide counselors toward a deeper understanding of the connections between these two counseling forces Significantly updated and expanded from the previous edition this fourth edition focuses on applying multiculturalism and social justice in various clinical settings with diverse client populations A completely new applications section contains nine chapters on working with oppressed client groups including African Americans Asian and Pacific Islanders Latin s multiracial individuals Native Americans lesbian gay bisexual and questioning clients transgender individuals women and socioeconomically disadvantaged clients Clients experiencing religious and spiritual concerns are discussed as well Each of the chapters in this section provides an illustrative case study and numerous counseling examples Requests for digital versions from ACA can be found on www.wiley.com To purchase print copies please visit the ACA website Reproduction requests for material from books published by ACA should be directed to publications@counseling.org

The Anatomy of Addiction Morteza Khaleghi, Karen Khaleghi, 2011-09-27 The relapse rate for addicts in conventional treatment programs is a shocking 70-90% despite the best efforts of family members doctors and the addicts themselves Drawing on the latest addiction research Creative Care founders Morteza and Karen Khaleghi argue that the reason so many addicts fail to make headway is because too often they focus on the addiction only and not the many factors that contribute to it Readers will learn how to recognize what people and situations drive their addiction peel back the layers of their life to understand the roots of helplessness and dependency rewrite family dynamics and end the cycle of addiction This is an eye opening look for addicts and family members that will show them how to discover the heart of problem and overcome it

Swimming Upstream Laura Hensley Choate, 2016 This book empowers parents by providing needed information and strategies they can

use with their daughters to build a strong foundation of resilience which in turn gives girls the tools necessary to navigate our toxic landscape

Adolescent Girls in Distress Laura Choate, 2013-07-28 Laura Choate has created an important resource for mental health professionals who work with adolescent girls. This nuanced text analyzes the cultural pressures that affect girls by presenting the most current research in the field. Both prevention and evidence-based treatment interventions are offered. A must-have for the bookshelf of both the new and seasoned practitioner.

Heather Trepal PhD
Department of Counseling
University of Texas at San Antonio

Contemporary culture promotes a hot and sexy diva image to girls encouraging inner emptiness, depression, and even risk for self-injury, but *Adolescent Girls in Distress* is exactly what the doctor ordered: a well-researched, thoughtful, and systematic antidote empowering professionals to create the resilience, resourcefulness, and resistance needed to navigate and thrive in this girl-toxic culture. A must-read for anyone concerned about today's girls.

Margo Maine PhD
FAED CEDS
Eating Disorder Specialist and Author

Cultural stressors are affecting girls at increasingly younger ages, resulting in mental health issues such as depression, eating disorders, substance abuse, self-injury, and even suicide. This guide offers mental health professionals evidence-based treatment approaches and strengths-based prevention strategies that promote successful navigation of childhood and adolescence. Grounded in ecological systems theory, the book focuses on the socialization processes that begin in early childhood and contribute to the development of problems that are increasing in today's adolescent girls. The book describes how the confluence of societal, family, peer, school, and individual developmental influences can negatively affect adolescents. It considers the pressure on young girls to be sexualized and to look and act older than they are, the effects of consumerism and materialism, the pervasive use of social media, and the pressure to excel in all areas—stressors that can impede the development of an authentic self during this critical period of physical and emotional growth. Practical and detailed treatment interventions are provided for issues such as depression, eating disorders, substance abuse, self-injury, relationship violence, and sexual victimization. In addition, the book emphasizes the importance of early intervention to prevent problems and the promotion of girls' resilience to cultural pressures so they can successfully cope with complex life demands.

Case studies, discussion questions, skill development activities, recommended readings, and online resources reinforce content.

Key Features: Includes detailed treatment interventions including strengths-based approaches and best practice guidelines. Focuses on socialization processes that begin in early childhood and contribute to the development of mental health problems. Contains case studies, discussion questions, skill development activities, recommended readings, and online resources.

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