

Veterans and Active Duty Military Psychotherapy HOMEWORK PLANNER

- Contains 78 ready-to-copy homework assignments that can be used to facilitate therapy with veterans and active duty military personnel
- Homework assignments and exercises are keyed to the behaviorally based presenting problems from The Veterans and Active Duty Military Psychotherapy Treatment Planner
- Assignments are available online for quick customization

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Downloadable
ASSIGNMENTS

JAMES R. FINLEY AND BRET A. MOORE

Veterans And Active Duty Military Psychotherapy Homework Planner

Bret A. Moore, David J. Berghuis



Veterans And Active Duty Military Psychotherapy Homework Planner:

Veterans and Active Duty Military Psychotherapy Homework Planner James R. Finley, Bret A. Moore, 2017-04-27
The Veterans and Active Duty Military Psychotherapy Homework Planner provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 78 ready to copy exercises covering the most common issues encountered by veterans and active duty soldiers in therapy such as anger management substance abuse and dependence bereavement pre deployment stress and chronic pain after injury A quick reference format the interactive assignments are grouped by behavioral problems including combat and operational stress reactions postdeployment reintegration survivor's guilt anxiety parenting problems related to deployment and posttraumatic stress disorder Expert guidance on how and when to make the most efficient use of the exercises Assignments are cross referenced to The Veterans and Active Duty Military Psychotherapy Treatment Planner so you can quickly identify the right exercise for a given situation or problem Downloadable assignments allowing you to customize them to suit you and your clients unique styles and needs

The Veterans and Active Duty Military Psychotherapy Treatment Planner Bret A. Moore, David J. Berghuis, 2009-07-31 The Veterans and Active Duty Military Psychotherapy Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies Features empirically supported evidence based treatment interventions Organized around 39 main presenting problems in treating veterans and active duty military personnel including substance abuse adjustment to killing anger management and domestic violence pre deployment stress survivors guilt and combat and operational stress reaction Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Veterans and Active Duty Military Psychotherapy Progress Notes Planner Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA

The Veterans and Active Duty Military Psychotherapy Treatment Planner, with DSM-5 Updates Bret A. Moore, David J. Berghuis, 2014-12-11 This timesaving resource features Treatment plan components for 39 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most insurance companies and third party payors Includes Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Veterans and Active Duty Military Psychotherapy Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal

agencies Features empirically supported evidence based treatment interventions Organized around 39 main presenting problems in treating veterans and active duty military personnel including substance abuse adjustment to killing anger management and domestic violence pre deployment stress survivors guilt and combat and operational stress reaction Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Veterans and Active Duty Military Psychotherapy Progress Notes Planner Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Additional resources in the PracticePlanners series Progress Notes Planners contain complete prewritten progress notes for each presenting problem in the companion Treatment Planners Homework Planners feature behaviorally based ready to use assignments to speed treatment and keep clients engaged between sessions For more information on our PracticePlanners including our full line of Treatment Planners visit us on the Web at www.wiley.com/practiceplanners

The Veterans and Active Duty Military Psychotherapy Progress Notes Planner Arthur E. Jongsma, Jr., David J. Berghuis, 2010-01-19 The Veterans and Active Duty Military Psychotherapy Progress Notes Planner contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Veterans and Active Duty Military Psychotherapy Treatment Planner The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 39 behaviorally based presenting problems including nightmares post deployment reintegration combat and operational stress reaction amputation and or loss of mobility adjustment to killing and depression Features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM IV TR diagnostic categories in The Veterans and Active Duty Military Psychotherapy Treatment Planner Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Presents new and updated information on the role of evidence based practice in progress notes writing and the special status of progress notes under HIPAA

The Veterans and Active Duty Military Psychotherapy Progress Notes Planner David J. Berghuis, Arthur E. Jongsma, Jr., 2010-01-26 Providing detailed evidence based progress notes language as required by managed care companies and accrediting agencies this valuable resource saves hours of time consuming paperwork yet offers the freedom to develop customized progress notes A must have resource for mental health providers and community hospital based providers in areas with large military populations The Veterans and Active Duty Military Psychotherapy Progress Notes Planner covers 39 presenting problems and issues unique to active military and veterans including nightmares post deployment reintegration combat and ope

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Child Psychotherapy Homework Planner David J. Berghuis, L. Mark Peterson, William P. McInnis, 2012-03-05 New and updated assignments and exercises meet the changing needs of mental health professionals The Child Psychotherapy Homework Planner Fifth Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 93 ready to copy exercises covering the most common issues encountered by children such as academic underachievement low self esteem depression and separation anxiety A quick reference format the interactive assignments are grouped by behavioral problems including blended family problems divorce reaction ADHD attachment disorder social anxiety language disorders and unresolved grief and loss Expert guidance on how and when to make the most efficient use of the exercises Assignments cross referenced to The Child Psychotherapy Treatment Planner Fifth Edition so you can quickly identify the right exercises for a given situation or problem Downloadable content contains all the exercises in a word processing format allowing you to customize them to suit your and your clients unique styles and needs

Adolescent Psychotherapy Homework Planner Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2024-01-11 Evidence based and effective clinical homework for adolescent clients and their caregivers In the newly updated sixth edition of The Adolescent Psychotherapy Homework Planner a team of distinguished practitioners delivers a time saving and hands on practice tool designed to offer clients valuable homework assignments that will further their treatment goals for a wide variety of presenting problems The Homework Planner addresses common and less common disorders including anxiety depression substance use eating and panic allowing the client to work between sessions on issues that are the focus of therapy This book provides evidence based homework assignments that track the psychotherapeutic interventions suggested by the fifth edition of The Adolescent

Psychotherapy Treatment Planner They are easily photocopied and a digital version is provided online for the therapist who would prefer to access them with a word processor The Homework Planner also offers Cross referenced lists of suggested presenting problems for which each assignment may be appropriate beyond its primary designation Several brand new assignments as well as adapted assignments that have been shortened or modified to make them more adolescent client friendly Homework assignments for the parents of adolescents in treatment assignments for the adolescents themselves and assignments for parents and adolescents to complete together An essential and practical tool for therapists and practitioners treating adolescents The Adolescent Psychotherapy Homework Planner Sixth Edition will benefit social workers psychologists psychiatrists and other clinicians seeking efficient and effective homework tools for their clients *Child Psychotherapy Homework Planner* Arthur E. Jongsma, Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce, 2023-03-28 Beneficial take home assignments for young psychotherapy clients and their parents The Child Psychotherapy Homework Planner Sixth Edition provides ready to use between session assignments designed to fit most therapeutic modes Organized by presenting problem this homework planner covers 36 issues including anxiety depression adoption academic underachievement ADHD low self esteem and PTSD In this new edition the homework assignments have been modified to be more accessible to children Assignment sheets can be easily photocopied and they are also available online to download and print making client specific modification simple This easy to use sourcebook features Nearly 100 ready to copy exercises covering the most common issues encountered by children A format that is easy to navigate including cross references to alternate assignments that are relevant across multiple presentations Expert guidance on how and when to make the most efficient use of the exercises Clearly referenced correspondence with the The Child Psychotherapy Treatment Planner for a complete treatment approach The Child Psychotherapy Homework Planner is a high quality resource that practitioners can use to improve care and accountability This is a valuable planner that will save therapists time on office work so they can focus on patients

Adult Psychotherapy Homework Planner Arthur E. Jongsma, Jr., Timothy J. Bruce, 2021-12-09 Facilitate your client's involvement in change with 98 ready to print homework assignments The newly updated Sixth Edition of the Adult Psychotherapy Homework Planner offers practitioners a wide variety of ready to use assignments for adult clients in almost every therapeutic mode Designed to be used with the Complete Adult Psychotherapy Treatment Planner Sixth Edition this planner saves time and energy otherwise spent studying finding or writing custom assignments for each client The book is organized as a quick reference with assignments grouped by behavioral problems like depression anxiety eating disorders and more It includes expert guidance on how and when to make the most productive use of the exercises and is extensively cross referenced to the corresponding treatment planner This powerful resource includes 92 ready to copy customizable homework assignments that facilitate adult therapy Cross references for each homework assignment to presenting problems from the Complete Adult Psychotherapy Treatment Planner Sixth Edition New downloadable assignments from a

supplementary online portal New homework assignments for opioid related disorders and clients experiencing loneliness Perfect for psychologists therapists counselors social workers and psychiatrists the latest edition of the Adult Psychotherapy Homework Planner is an indispensable resource for any mental health professional who works with adult clients **Adult Psychotherapy Homework Planner** David J. Berghuis, 2014-01-28 New and updated assignments and exercises to meet the changing needs of mental health professionals The Adult Psychotherapy Homework Planner Fifth Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 92 ready to copy exercises covering the most common issues encountered by adult clients including such problems as chronic pain family conflict and anxiety A quick reference format the interactive assignments are grouped by behavioral problems including depression low self esteem panic dependency eating disorders and phase of life problems Expert guidance on how and when to make the most efficient use of the exercise Assignments cross referenced to The Complete Adult Psychotherapy Treatment Planner Fifth Edition so you can quickly identify the right exercises for a given situation or problem A download code contains all the exercises in a word processing format allowing you to customize them to suit your and your clients unique styles and needs **Couples Therapy Homework Planner** Gary M. Schultheis, Steffanie Alexander O'Hanlon, Bill O'Hanlon, David J. Berghuis, 2015-11-16 Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Couples Therapy Homework Planner Second Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 71 ready to copy exercises covering the most common issues encountered by couples in therapy such as financial conflict infidelity work home role strain and separation and divorce A quick reference format the interactive assignments are grouped by behavioral problems including improving communications handling parenting problems and resolving sexual issues Expert guidance on how and when to make the most efficient use of the exercises Assignments are cross referenced to The Couples Psychotherapy Treatment Planner Second Edition so you can quickly identify the right exercise for a given situation or problem Downloadable content that contains all the exercises in a word processing format allowing you to customize them to suit you and your clients unique styles and needs Additional resources in the PracticePlanners series Treatment Planners cover all the necessary elements for developing formal treatment plans including detailed problem definitions long term goals short term objectives therapeutic interventions and DSM-5 diagnoses Progress Notes Planners contain complete prewritten progress notes for each presenting problem in the companion Treatment Planners For more information on our PracticePlanners products including our full line of Treatment Planners visit us on the Web at www.wiley.com/practiceplanners **Family Therapy Homework Planner** Louis J. Bevilacqua, Frank M. Dattilio, David J. Berghuis, 2016-03-14 Contains 78 ready to copy homework assignments that can be used to facilitate family therapy Homework assignments and exercises are keyed to the behaviorally based presenting

problems from The Family Therapy Treatment Planner Second Edition Assignments are available online for quick customization Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Family Therapy Homework Planner Second Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features New and updated homework assignments consistent with evidence based therapies and grouped by presenting problems including adoption communication issues interracial family problems sexual abuse and school concerns 78 ready to copy exercises covering the most common issues encountered by families in therapy such as family of origin interference depression in family members divorce financial conflict adolescent and parent conflicts traumatic life events and dependency issues Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross referenced to The Family Therapy Treatment Planner Second Edition so you can quickly identify the right exercise for a given situation or problem All exercises are available online for you to download and customize to suit you and your clients unique styles and needs For more information on our Practice Planners products including our full line of Treatment Planners visit us on the Web at www.wiley.com/practiceplanners

Group Therapy Homework Planner Louis J. Bevilacqua, David J. Berghuis, 2016-07-05 Help clients in group therapy develop the skills they need to work through problems Group Therapy Homework Planner provides you with an array of ready to use between session assignments designed to help clients in group therapy This easy to use sourcebook features 79 ready to copy exercises covering the most common issues encountered in group therapy A quick reference format the interactive assignments are grouped by behavioral problem such as anxiety bulimia chemical dependence and depression Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross referenced to The Group Therapy Treatment Planner so you can quickly identify the right exercise for a given situation or behavioral problem Downloadable content that contains all the exercises in a word processing format allowing you to customize them to suit you and your clients unique styles and needs

Grief Counseling Homework Planner Phil Rich, 2017-05-08 Help bereaved clients deal with and work through a difficult time in their lives Grief Counseling Homework Planner provides you with an array of ready to use between session assignments designed to help clients better understand their grief and the grieving process This easy to use sourcebook features 63 ready to copy exercises covering the most common issues encountered in grief therapy A quick reference format the interactive assignments are organized around the most typical stages of the grieving process Expert guidance on how and when to make the most efficient use of the exercises Homework that enables clients to work through the issues surrounding their loss through reflective thought personal management problem resolution and self healing Access to download of all assignments in the book allowing you to customize them to suit you and your clients unique styles and needs

School Counseling and School Social Work Homework Planner Sarah Edison Knapp, 2013-07-23 Features assignments and exercises to meet the changing needs of school counselors and school

social workers The School Counseling and School Social Work Homework Planner Second Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 75 ready to copy exercises covering the most common issues encountered in school settings such as study and organizational skill deficits and academic motivation underachievement as well as outside issues such as blended families divorce substance abuse teen pregnancy and parenting skill deficits A quick reference format the interactive assignments are grouped by presenting problems including learning difficulties disruptive classroom behavior self esteem building bullying and school violence Expert guidance on how and when to make the most efficient use of the exercises Assignments cross referenced to The School Counseling and School Social Work Treatment Planner Second Edition so you can quickly identify the right exercise for a given situation or problem A CD ROM that contains all the exercises in a word processing format allowing you to customize them to suit you and your clients unique styles and needs Additional resources in the Practice Planners series Treatment Planners cover all the necessary elements for developing formal treatment plans including detailed problem definitions long term goals short term objectives therapeutic interventions and DSM diagnoses Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice For more information on our PracticePlanners products including our full line of Treatment Planners visit us on the web at www.wiley.com/practiceplanners

School Counseling and Social Work Homework Planner (W/ Download) Sarah Edison Knapp, David J. Berghuis, 2017-04-17 Features assignments and exercises to meet the changing needs of school counselors and school social workers The School Counseling and School Social Work Homework Planner Second Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 75 ready to copy exercises covering the most common issues encountered in school settings such as study and organizational skill deficits and academic motivation underachievement as well as outside issues such as blended families divorce substance abuse teen pregnancy and parenting skill deficits A quick reference format the interactive assignments are grouped by presenting problems including learning difficulties disruptive classroom behavior self esteem building bullying and school violence Expert guidance on how and when to make the most efficient use of the exercises Assignments cross referenced to The School Counseling and School Social Work Treatment Planner Second Edition so you can quickly identify the right exercise for a given situation or problem A download code that contains all the exercises in a word processing format allowing you to customize them to suit you and your clients unique styles and needs Additional resources in the Practice Planners series Treatment Planners cover all the necessary elements for developing formal treatment plans including detailed problem definitions long term goals short term objectives therapeutic interventions and DSM diagnoses Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice For more information on our PracticePlanners products including our full line of Treatment

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Addiction Treatment Homework Planner James R. Finley, Brenda S. Lenz, 2016-03-21 Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems The Addiction Treatment Homework Planner Fifth Edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode This easy to use sourcebook features 100 ready to copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions such as anxiety impulsivity childhood trauma dependent traits and occupational problems A quick reference format the interactive assignments are grouped by behavioral problems including alcoholism nicotine dependence and sleep disturbance as well as those problems that do not involve psychoactive substances such as problem gambling eating disorders and sexual addictions Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross referenced to The Addiction Treatment Planner Fifth Edition so you can quickly identify the right exercise for a given situation or problem All exercises are available online for you to download and customize to suit you and your clients unique styles and needs

Parenting Skills Homework Planner (w/ Download) Sarah Edison Knapp, Arthur E. Jongsma, Jr., 2017-05-08 Ready to use therapeutic exercises for overcoming parenting deficits The Parenting Skills Homework Planner provides complete customizable copy ready exercises for use with parents in therapy Designed as a companion for the Parenting Skills Treatment Planner this invaluable resource can also be used alone to facilitate counseling and help clients take a more proactive role Organized by topic each section provides specific goals for each exercise and suggests additional exercises that may help clients organize their thoughts and behaviors surrounding complex family dynamics From behavioral problems and negative relationships to career development blended families grandparenting and much more this book provides practical tools for therapists helping clients navigate the landmines of parenthood In an era of brief therapy tangible homework assignments help clients continue their therapeutic work outside of the session offering a quicker more effective route to solving parenting skills deficits This book provides insightful prompts and helpful exercises designed to uncover the root of the problem focus on a solution and help clients think deeply and critically about past and ongoing behaviors and habits Use tested homework assignments independently or in alignment with the Parenting Skills Treatment Planner Customize each exercise to suit each client's situation using downloadable files Help clients get more out of therapy by using time between sessions productively Tackle issues relating to abuse depression school difficulties divorce poverty and more Today's complex family structures combined with increased childhood pressures from school peers and the general culture make parenting a more difficult job than ever before Homework assignments extend therapy into family time and facilitate constructive thought and discussion outside of the session With 60 customizable exercises tailored to specific parenting problems the Parenting Skills Homework Planner is an essential resource for the family therapist

Parenting Skills Homework Planner (w/ Download) Sarah Edison Knapp, Arthur E. Jongsma, Jr., 2017-04-17 Ready to use therapeutic

exercises for overcoming parenting deficits The Parenting Skills Homework Planner provides complete customizable copy ready exercises for use with parents in therapy Designed as a companion for the Parenting Skills Treatment Planner this invaluable resource can also be used alone to facilitate counseling and help clients take a more proactive role Organized by topic each section provides specific goals for each exercise and suggests additional exercises that may help clients organize their thoughts and behaviors surrounding complex family dynamics From behavioral problems and negative relationships to career development blended families grandparenting and much more this book provides practical tools for therapists helping clients navigate the landmines of parenthood In an era of brief therapy tangible homework assignments help clients continue their therapeutic work outside of the session offering a quicker more effective route to solving parenting skills deficits This book provides insightful prompts and helpful exercises designed to uncover the root of the problem focus on a solution and help clients think deeply and critically about past and ongoing behaviors and habits Use tested homework assignments independently or in alignment with the Parenting Skills Treatment Planner Customize each exercise to suit each client's situation using downloadable files Help clients get more out of therapy by using time between sessions productively Tackle issues relating to abuse depression school difficulties divorce poverty and more Today's complex family structures combined with increased childhood pressures from school peers and the general culture make parenting a more difficult job than ever before Homework assignments extend therapy into family time and facilitate constructive thought and discussion outside of the session With 60 customizable exercises tailored to specific parenting problems the Parenting Skills Homework Planner is an essential resource for the family therapist

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