ALLEN RUBIN & DAVID W. SPRINGER, Editors

Treatment of Traumatized Adults and Children

Clinician's Guide to Evidence-Based Practice



Priscilla Bengo

Treatment of Traumatized Adults and Children Allen Rubin, David W. Springer, 2009-07-23 Praise for Treatment of Traumatized Adults and Children A major stumbling block to adoption of evidence based practice in the real world of clinical practice has been the absence of clinician friendly guides Such guides need to be understandable free of technical research jargon infused with clinical expertise and rich with real life examples Rubin and Springer have hit a home run with this series which has all of these characteristics and more Edward J Mullen Willma Albert Musher Chair and Professor Columbia University Rubin and Springer have assembled the wisdom of leading practitioners of evidence based practice interventions enhancing the likelihood that these practices will be adopted by helping professionals Written in the language of practitioners this book represents an exemplar for dissemination of evidence based practice information Joanne Yaffe Associate Professor University of Utah College of Social Work Evidence based interventions for treating traumatized adults and children Part of the Clinician's Guide to Evidence Based Practice Series Treatment of Traumatized Adults and Children provides busy mental health practitioners with detailed step by step guidance for implementing clinical interventions that are supported by the latest scientific evidence Edited by renowned educators Allen Rubin and David W Springer this thoroughly useful reference draws on a roster of experts and researchers in the field who have assembled state of the art knowledge into this well rounded guide and covers the following interventions that have the best empirical support for treating posttraumatic stress disorder Prolonged exposure therapy Trauma focused cognitive behavior therapy Eye Movement Desensitization and Reprocessing EMDR Easy to use and accessible in tone this indispensable resource is for practitioners who would like to implement evidence based compassionate and effective interventions in their care of traumatized clients Also in the Clinician's Guide to Evidence Based Practice Series Substance Abuse Treatment for Youth and Adults Crisis Counseling and Traumatic Events Treatment Planner Tammi D. Kolski, David J. Berghuis, Rick A. Myer, 2012-08-10 The Crisis Counseling and Traumatic Events Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions Organized around 27 behaviorally based presenting problems including child abuse and neglect adult and child suicide job loss disaster PTSD sexual assault school trauma including bullying sudden and accidental death and workplace violence Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCOA Programs and Interventions for Maltreated Children and Families at Risk Allen Rubin, 2011-10-14 Evidence based interventions are increasingly being required by third party payers and an evidence based orientation has

come to define ethical practice This compendium of short how to chapters focuses on the programs and interventions to prevent child maltreatment that have the best scientific evidence supporting their effectiveness Interventions and programs discussed include Cognitive Behavioral Therapy EMDR Multisystemic Therapy Coping Cat and many more Busy practitioners will appreciate this book s implementation of evidence based practices by providing the practical and what now rather than using the typical academic approach The Crisis Counseling and Traumatic Events Treatment Planner, with DSM-5 Updates, 2nd Edition Tammi D. Kolski, David J. Berghuis, Rick A. Myer, 2015-01-05 This timesaving resource features Treatment plan components for 27 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most accrediting bodies insurance companies and third party payors Includes new Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Crisis Counseling and Traumatic Events Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions Organized around 27 behaviorally based presenting problems including child abuse and neglect adult and child suicide job loss disaster PTSD sexual assault school trauma including bullying sudden and accidental death and workplace violence Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Additional resources in the PracticePlanners series Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice Homework Planners feature behaviorally based ready to use assignments to speed treatment and keep clients engaged between sessions For more information on our PracticePlanners including our full line of Treatment Planners visit us on the Web at www wiley com practiceplanners **Psychosocial Treatment of Schizophrenia** Allen Rubin, David W. Springer, Kathi Trawver, 2011-02-02 Praise for the Clinician's Guide to Evidence Based Practice Series A major stumbling block to the adoption of evidence based practice in the real world of clinical practice has been the absence of clinician friendly guides suitable for learning specific empirically supported treatments Such guides need to be understandable free of technical research jargon infused with clinical expertise and rich with real life examples Rubin and Springer have hit a home run with the Clinician's Guide to Evidence Based Practice Series which has all of these characteristics and more Edward J Mullen Willma and Albert Musher Chair Professor Columbia University State of the art empirical support for psychosocial treatment of schizophrenia Part of the Clinician's Guide to Evidence Based Practice Series

Psychosocial Treatment of Schizophrenia provides busy mental health practitioners with detailed step by step guidance for implementing clinical interventions that are supported by the latest scientific evidence This thorough yet practical reference draws on a roster of experts and researchers in the field who have assembled state of the art knowledge into this well rounded guide Each chapter serves as a practitioner focused how to reference and covers interventions that have the best empirical support for the psychosocial treatment of schizophrenia including Cognitive behavioral therapy Assertive community treatment Critical time intervention Motivational interviewing for medication adherence Psychoeducational family groups Illness management and recovery Easy to use and accessible in tone Psychosocial Treatment of Schizophrenia is an indispensable resource for practitioners who would like to implement evidence based compassionate effective interventions in the care of people with schizophrenia Child Psychotherapy Robbie Adler-Tapia, 2012-06-22 Print Trauma-Informed Care Amanda Evans, Patricia Coccoma, 2014-01-10 This accessible book provides an CourseSmart overview of trauma informed care and related neuroscience research across populations. The book explains how trauma can alter brain structure identifies the challenges and commonalities for each population and provides emergent treatment intervention options to assist those recovering from acute and chronic traumatic events In addition readers will find information on the risk factors and self care suggestions related to compassion fatigue and a simple rubric is provided as a method to recognize behaviours that may be trauma related Topics covered include children and trauma adult survivors of trauma military veterans and PTSD sexual assault domestic violence and human trafficking compassion fatigue Trauma Informed Care draws on the latest findings from the fields of neuroscience and mental health and will prove essential reading for researchers and practitioners It will also interest clinical social workers and policy makers who work with people recovering from trauma The Psychological and Social Impact of Illness and Disability Mark A. Stebnicki, Irmo Marini, 2012-02-24 This edition adds an important international perspective on illness and disability The personal narratives help bring the real world of people who are suffering to the forefront of the scientific discourse Doody's Medical Reviews Now in its sixth edition this best selling textbook continues to be the most comprehensive and diverse text available on the psychosocial aspects of disability It examines current thought and treatment approaches to working with individuals with disabilities through the contributions of expert thinkers and practitioners in the disability field Abundant and insightful narratives by disabled individuals offer a bridge between theory and practice for students in rehabilitation psychology and counseling courses In addition to completely updated and reorganized material this edition contains insightful new section introductions empirically based research articles and the contributions of international researchers presenting a more global and richer perspective on the psychosocial aspects of disability and illness It also contains an increased focus on the negative impact of societal attitudes and treatment of disabled individuals on their psychological adjustment to disability The addition of objectives at the beginning of each chapter and review questions and personal perspectives at the end of each chapter

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compromise normal brain development Become familiar with the functions and neuropsychological constructs associated with brain regions affected by chronic stress Identify risk factors that can negatively influence children s behavioral social emotional cognitive and academic functioning Identify and use trauma sensitive assessment instruments and protocols Gather background and family history from a trauma perspective Use evidence based interventions to best meet each child s unique needs Essentials of Trauma Informed Assessment and Interventions in the Schools is essential reading for school clinical and related psychologists and their trainers Sexual Violence and Abuse Judy L. Postmus, 2012-12-12 A comprehensive examination of the pervasive and persistent social problem of sexual violence and abuse that plagues millions of women children and men across the globe Sexual Violence and Abuse An Encyclopedia of Prevention Impacts and Recovery coalesces the vast amount of information available on the subject providing a convenient and comprehensive resource on sexual violence and abuse for students practitioners and general readers It is the first of its kind to bring together a full range of topics on sexual violence and abuse across a human lifespan in a single work The entries are written by a range of professionals who represent academics researchers and individuals working in the field of sexual violence and abuse The two volume work contains 264 fully cross referenced entries in alphabetical order starting with abortion and ending with yoga therapy The bibliography provides important books articles online resources and videos on a wide range of topics The encyclopedia also includes a list of key topics with corresponding entries to assist readers needing to examine a group of related entries Clincian's Guide to Evidence-Based Practice Allen Rubin, David W. Springer, 2007-08 The Clinician's Guide to Evidence Based Practice collection focuses practical and detailed strategies for addressing today's most prevalent mental health concerns using key interventions whose effectiveness is supported by the best evidence Volume II covers treatment of traumatized adults and children Psychotherapy for the Advanced Practice Psychiatric Nurse, **Second Edition** Kathleen Wheeler, 2013-12-11 Dr Wheeler has skillfully crafted a text that covers basic psychiatric principles and skills from developing a therapeutic relationship and assessing and diagnosing the client to providing evidence based psychotherapy for a variety of patient populations. This text is an excellent primer for teaching therapy skills and although targeting graduate psychiatric nursing students would prove equally valuable for students of any mental health discipline It is also a resource for experienced clinicians wanting to expand their understanding of trauma and how adaptive information processing might be used as an organizing framework for all psychotherapy Linda Mabey Journal of EMDR Practice and Research DESCRIPTION This is a how to compendium of evidence based approaches to practicing psychotherapy for both the experienced and neophyte advanced practice psychiatric nurse This book integrates neuroscience with relationship science and unites disparate psychotherapeutic approaches into a model that is concise and straightforward yet sufficiently comprehensive to provide a framework for practice The most useful therapeutic models are highlighted with principles and techniques of treatment for nurse psychotherapists and those with prescriptive authority This second edition

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therapists working with children Details the skills from basic to advanced needed for best practices Includes the most current research on EMDR therapy **Approaches to Research in Child and Youth Care** Priscilla Bengo, 2024-07-12 Approaches to Research in Child and Youth Care in Canada is a fundamental text for child and youth care programs with the aim of making research methods more approachable to students Priscilla Bengo breaks down foundational research methods in an accessible way and explores the roles of objectivity and logic in sound decision making in child and youth care practices Opening with the core functions of scientific inquiry in the field Bengo introduces students to the ethical political and cultural contexts of child and youth care research and provides the tools to become a culturally competent researcher Students will gain a thorough understanding of problem formulation measurement and data collection methods for large data sources and how to work with both qualitative and quantitative data Grounded with practical examples and exercises throughout Approaches to Research in Child and Youth Care in Canada is a must read for research methods courses in child and youth care programs that will build integral research skills for students in child and youth care social work and the programs focused on the helping professions Counseling Across the Lifespan Cindy L Juntunen, Jonathan P. Schwartz, 2015-04-15 Counseling Across the Lifespan by Cindy L Juntunen and Jonathan P Schwartz is a practical book that helps readers provide effective mental emotional and behavioral health services to clients across the continuum of care from health promotion through long term treatment and remediation Anchoring each chapter within a life stage from childhood through older adulthood the text identifies the nature and origin of various psychological issues and emphasizes the importance of anticipating and responding early to concerns that arise for large portions of the population The Second Edition features new chapters and expanded coverage of important topics such as sociocultural contextual factors and interprofessional health Case Studies in Child Psychiatry Graham Martin, 2021-06-08 This book presents and explores a number perspectives of case studies seminal in the author's learning of therapy with seriously ill young people and their families It spans a lifelong process of learning the art and science of child adolescent and family therapy It proposes that through a lengthy career in child and family psychiatry a therapist s patients contribute to and influence their body of knowledge and experience In particular there is a focus on suicidal young people and the therapeutic process that led to their successful recovery

Handbook of Military Social Work Allen Rubin, Eugenia L. Weiss, Jose E. Coll, 2012-11-27 The need has never been more crucial for community health providers programs and organizations to have access to training in addressing the unique behavioral health challenges facing our veterans active duty military and their families Handbook of Military Social Work is edited by renowned leaders in the field with contributions from social work professionals drawing from their wealth of experience working with veterans active duty military and their families Handbook of Military Social Work considers Military culture and diversity Women in the military Posttraumatic stress disorder in veterans Traumatic brain injury in the military Suicide in the military Homelessness among veterans Cycles of deployment and family well being Grief loss and bereavement

in military families Interventions for military children and youth Offering thoughtful advice covering the spectrum of issues encountered by mental health professionals working with individuals and families Handbook of Military Social Work will contribute to the improvement of efforts to help our military personnel veterans and their families deal with the challenges Evidence Based Treatments for Trauma-Related Psychological Disorders Ulrich Schnyder, Marylène Cloitre, 2015-01-30 This book offers an evidence based guide for clinical psychologists psychiatrists psychotherapists and other clinicians working with trauma survivors in various settings It provides easily digestible up to date information on the basic principles of traumatic stress research and practice including psychological and sociological theories as well as epidemiological psychopathological and neurobiological findings However as therapists are primarily interested in how to best treat their traumatized patients the core focus of the book is on evidence based psychological treatments for trauma related mental disorders Importantly the full range of trauma and stress related disorders is covered including Acute Stress Reaction Complex PTSD and Prolonged Grief Disorder reflecting important anticipated developments in diagnostic classification Each of the treatment chapters begins with a short summary of the theoretical underpinnings of the approach presents a case illustrating the treatment protocol addresses special challenges typically encountered in implementing this treatment and ends with an overview of related outcomes and other research findings Additional chapters are devoted to the treatment of comorbidities special populations and special treatment modalities and to pharmacological treatments for trauma related disorders The book concludes by addressing the fundamental question of how to treat whom and when

Treating Complex Traumatic Stress Disorders (Adults) Christine A. Courtois, Julian D. Ford, 2013-09-27 Chronic childhood trauma such as prolonged abuse or family violence can severely disrupt a person s development basic sense of self and later relationships Adults with this type of history often come to therapy with complex symptoms that go beyond existing criteria for posttraumatic stress disorder PTSD This important book brings together prominent authorities to present the latest thinking on complex traumatic stress disorders and provide practical guidelines for conceptualization and treatment Evidence based assessment procedures are detailed and innovative individual couple family and group therapies are described and illustrated with case vignettes and session transcripts

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