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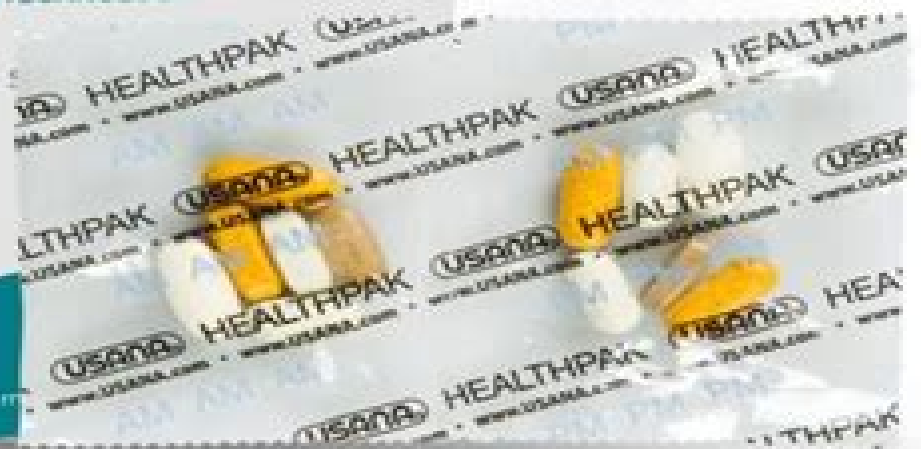
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Usana Healthpak Comparative Guide

Mike Van Thielen, PhD.

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the author's name.

Usana Healthpak Comparative Guide:

Health 4 Life Mike Van Thielen, PhD., 2014-03-25 WHAT IF you could REGAIN CONTROL of your Health Create an extraordinary quality of life Your car your appliances your electronics they all came with a USER MANUAL but YOU didn't Unlike any other book on health and wellness *Health 4 Life* is the first practical USER MANUAL of the CREATION which you are Dr Mike Van Thielen PhD in Holistic Nutrition will personally COACH you and passionately entertain you as you begin to learn and UNDERSTAND the REAL TRUTHS about HEALTH In a bold straight forward common sense format the reader will learn HOW your body REALLY works The Cause of ALL Disease which is only one That optimal health is NORMAL and disease the exception The Natural Laws of Human Life and HOW to RESPECT these The 5 CRITERIA to REGAIN SUSTAIN and MAINTAIN HEALTH The TRUTH about Supplements HOW to TAKE CONTROL and SUCCEED in your quest to HEALTH FREEDOM Our health standards have become extremely low SICKNESS is accepted as part of aging while the TRUTH remains that HEALTH HAPPINESS are easily attainable for anyone

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