



Walking In The Angus Glens

J Dewey



Walking In The Angus Glens:

Walking in the Angus Glens James Carron, 2013-06-11 A guidebook to 30 walks in the Angus Glens north of Dundee south of the Cairngorms It covers the five Glens of Isla Prosen Clova Lethnot and Esk with routes for competent walkers seeking to explore remote upland areas and includes Munros challenging peaks ancient trade routes lochs forest and some of the best views in north east Scotland *Walking on Jura, Islay and Colonsay* Peter Edwards, 2019-05-15 A guidebook to 23 walks and treks on the Isles of Jura Islay and Colonsay as well as neighbouring Oronsay and Scarba Exploring the beautiful scenery of the southern Hebrides the routes are suitable for experienced walkers The 22 day walks range in length from 7 to 25km 4 16 miles and can be linked to create your own itinerary A challenging 5 day 89km 55 mile trek along Jura s remote west coast is also described 1 50 000 OS maps included for each walk Detailed information on accommodation and public transport Notes on the islands bothies and wild camping recommendations Highlights include the round of the Paps of Jura

Walking in the Auvergne Rachel Crolla, Carl McKeating, 2013-04-22 A guidebook to 42 day walks in the Auvergne Exploring the volcanic hills of central France the walks are suitable for beginner and experienced walkers alike Walks range from 2 to 16km 1 10 miles and can be enjoyed in 1 6 hours The routes are clustered into five different areas making ideal bases Cantal the Cha ne des Puys Monts D mes the Monts Dore the Haute Loire Livradois and Velay and the Montagne Bourbonnaise Sketch maps are included for each walk Detailed information on accommodation public transport and the region s volcanic history Local points of interest are featured including the Livradois Forez and Auvergne Volcanoes regional nature parks **Trekking in Greenland - The Arctic Circle Trail** Paddy Dillon, 2019-02-15 At just over 100 miles long and taking 7 to 10 days to complete the Arctic Circle Trail crosses the largest ice free patch of West Greenland This splendid trekking route lying 25 30 miles north of the Arctic Circle runs from Kangerlussuaq to Sisimiut both of which have airport access The trail traverses remote empty silent and stunningly scenic arctic tundra and is mostly gently graded with just a few short steep and rocky slopes However the landscape between the two towns of Kangerlussuaq and Sisimiut is extremely remote and those who choose to take on this route must be competely self sufficient The book includes plenty of practical information on what to take with you and when to go as well as on safety travel and accommodation Fully illustrated with a variety of photographs and its route is highlighted on continuous trekking maps The guide also includes an optional extension to the Greenlandic ice cap

Walking in Abruzzo Stuart Haines, 2019-01-15 The essential guidebook for walking in Abruzzo a wild and beautiful region of Italy which includes the Maiella and Gran Sasso national parks and Sirente Velino regional park 40 walks include the Val di Rose the Prati di Tivo and an ascent of Corno Grande the highest point in the Apennines of peninsular Italy Walks range from 4km to 25km and there are routes for all abilities Alongside detailed route descriptions and maps there is advice on where to stay access and parking information to get you to the start and a useful Italian English glossary Despite being close to Rome Abruzzo is one of Italy s least known and populated regions a spectacular and

harmonious blend of snowy mountains grassy plains and forested canyons of hillside olive groves vineyards and long sandy beaches Its stunning natural environments are protected in three national parks one regional park and many smaller reserves Thousands of years of history are reflected in a multitude of abandoned castles hilltop villages and ancient farmsteads religious dedication echoed in splendid abbeys silent churches and remote hermitages

Japan's Kumano Kodo Pilgrimage Kat Davis,2019-04-15 Guidebook to Japan s Kumano Kodo a series of UNESCO listed pilgrimage routes that crisscross the mountainous Kii peninsula south of Osaka Centred on three Shinto Buddhist shrines known as the Kumano Sanzan the ancient trails blend great hiking and exceptional natural beauty with a unique insight into Japan s rich history culture and spirituality The guide covers the 64km Nakahechi and 63km Kohechi trails in full as well as the Choishimichi route to Koyasan 20km the Hongu loop 17km and highlights of the Iseji trail It can be used to plan and undertake an independent trek or to enrich an organised tour Clear route description and mapping is accompanied by comprehensive details of accommodation and facilities as well as notes on local points of interest and inspirational colour photography You ll find a wealth of practical information to help with planning covering transport climate accommodation budgeting equipment and safety as well as fascinating background information on history religion and wildlife There is also a Japanese glossary and helpful advice on Japanese customs and etiquette The Kumano Kodo offers a different view of Japan far removed from the modern cities this is a world of forested slopes hidden valleys waterfalls traditional villages moss covered stone deities and tranquil oji shrines There are opportunities to experience hot spring bathing and to sample local cuisine as you follow in the footsteps of emperors samurai priests and ascetics traversing traditional flagstone paths and forest trails

Walking and Trekking in the Sierra Nevada Richard Hartley,2023-03-28 A guidebook to 30 day walks and 2 day excursions 5 high mountain scrambles and three longer multi day routes in Spain s Sierra Nevada Routes are graded by difficulty all call for good fitness and hillwalking experience and the more demanding options involve navigational challenge prolonged ascents remote rugged mountain terrain and scrambling The walks range from 5 to 38km 3 24 miles and from 3 hours to 2 3 days The scrambles are graded from Grade 2 to 3S Also included are a 3 7 day traverse of the range s 3000m peaks a 3 day traverse of the 3 highest peaks Los Tres Picos and an overview of the 302km 188 mile Sulayr GR240 Clear route description illustrated with 1 50 000 mapping 1 100 000 and 1 250 000 for the longer treks Photo topos showing the line of the scrambles GPX files available for download Information on water sources plus additional notes for winter mountaineers Includes ascents of Mulhac n mainland Spain s highest summit

Walking in the Brianconnais Andrew McCluggage,2018-06-15 The 40 walks in this guidebook explore the stunning summer landscapes around Brian on Walks range from 4 to 21km and cover the valleys of Clar e Cerveyrette Ayes Durance and Guisane as well as the area around Vallouise and Montgen vre All the routes are circular and graded from easy to very hard so there are walks to suit all abilities Alongside detailed route descriptions and maps the guidebook provides practical advice on when to visit and the best bases

for exploring the region There are notes on plants and wildlife and information on the many hill forts in the area Stunning photographs add to the appeal of this informative guide The Brian onnais is a stunning mountain wilderness packed with snow capped peaks idyllic Alpine valleys pastures full of wildflowers sparkling alpine lakes historic hill forts and a labyrinth of quiet paths With a rural charm and a milder climate than the northern Alps it is a region ripe for discovery and this guide is the perfect place to start

Walking the Galloway Hills Ronald Turnbull,2024-10-24 A guidebook to 34 day walks and one long distance route in the wild and remote hills of Galloway Although there are some shorter and easier routes many of these hill walks are long and on rugged terrain so are more suitable for experienced walkers The day walks range from 4 33km 2 20 miles and can be enjoyed in 2 11 hours with options to combine routes to form longer days A 3 day trek covering 82km 53 miles is also detailed 1 50 000 OS maps included for each walk GPX files available to download Easy access from Newton Stewart Glentrool village Loch Trool Dalmellington Carsphairn and St John s Town of Dalry Detailed information on planning bothies and the history of the area Sized to easily fit in a jacket pocket

Walks and Treks in the Maritime Alps Gillian Price,2016-08-31 A guidebook to 18 graded day walks and 6 multi day treks across the Maritime Alps Exploring the varied scenery of the border between France and Italy the day walks are suitable for beginner and experienced walkers alike and treks are suitable for hikers with some alpine trekking experience The day walks range from 6 to 20km 4 12 miles in length and can be enjoyed in 3 7 hours The multi day treks vary in length from 22 to 67km 14 42 miles can be completed in 2 7 days and include a 5 day traverse of the Parc National du Mercantour and a 7 day traverse of the Parco Naturale delle Alpi Marittime Sketch maps included for each walk Detailed information on accommodation and facilities Advice on preparation and planning Easy access from Nice

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