

THE VETERAN'S GUIDE TO PSYCHIATRY



DEBORAH Y. LIGGAN, MD

Veterans Guide Psychiatry Deborah Liggan

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The Veteran's Guide to Psychiatry Deborah Y. Liggan MD, 2015-12-19 The Veterans Administration continues to play a central role in providing mental health services but everyone in the field can do a better job helping those who've served our country Deborah Y Liggan MD who has succeeded in both civilian and Air Force military service explores the spectrum of mental health illnesses that affect veterans and how each disorder impacts their lives and the lives of their loved ones Topics focus specifically on veterans and include psychiatric interviewing mood disorders anxiety disorders psychotic disorders disorders of cognition recovery from mental illness and psychiatric emergencies With clear and concise language the guide explores how to respond to complaints such as depression suicide and psychotic thought processes At the conclusion of each chapter are ten study questions of self examination for review The Veterans Guide to Psychiatry is the definitive guide for psychiatrist residents psychologists psychiatric social workers and anyone involved in diagnosing and treating emotional illnesses

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Ect and the Elderly: Shocked for the Aged Deborah Y. Liggan, 2017-05-12 Deborah Y Liggan suffered her first bipolar depressive episode fourteen years ago It came without warning and the medication she was prescribed was useless Only after attempting suicide did she receive electroconvulsive therapy sometimes called shock therapy She suffered several more bipolar episodes over the next ten years but each time she was prepared She knew what worked for her and so she wasted no time in getting ECT treatments Between psychotic episodes she earned a medical degree In ECT for the Elderly she explores how ECT has changed over the years so elderly patients considering it will know what to expect The textbook is also a resource for students medical practitioners and mental health workers who want to identify and prepare elderly patients for treatment Before even thinking about using ECT she urges all professionals to ask questions such as the following Does the patient have an ECT responsiveness illness Does the patient have any medical problems that might require modifications of technique or increase the risks of the procedure Has appropriate informed consent been obtained Find out how ECT is being used to help the elderly with this textbook written by a doctor who has been treated with the

therapy herself **Taking Care of Our Folks** Deborah Y. Liggan MD, Deborah Y. Liggan, 2009 With the growing concern over healthcare in America studies show that elderly African Americans often come out on the losing end of the system due to lack of health insurance Because of this growing population taking care of elderly patients in the African American community has become the responsibility of their family If you're facing such a situation your questions may be many and your answers few Taking Care of Our Folks is a definitive guide to caring for your elderly relatives Drawing on comprehensive and detailed research this essential resource aims to ensure that elderly African Americans receive culturally competent healthcare and live more productive independent and pain free lives Deborah Y Liggan MD discusses the major health issues and offers case studies of how each illness affects this ethnic group She offers up to date information on nutrition pharmacology technological advances and self help for each disease Topics focus specifically on elderly African Americans and include Neurology of aging Cardiovascular problems Mental health and aging Approach to gastrointestinal problems Prominent cancers With clear and concise language Taking Care of Our Folks will serve as an invaluable tool for caregivers and aging patients alike Take the first step to competent and compassionate caregiving today Veteran Psychiatry in the US Elspeth Cameron Ritchie, Maria D. Llorente, 2019-03-29 This volume explores the unique psychiatric needs of active and former military personnel and offers clinical pearls for the optimal delivery of care for these individuals Written by experts in military and veteran psychiatry this book addresses the most common issues in military and veteran patients including depression traumatic brain injury posttraumatic stress disorder substance use disorder homelessness and suicidality Chapters highlight the characteristics of veterans suffering from each disorder that requires special treatment making it a valuable resource for both military and civilian clinicians Veteran Psychiatry in the US is a valuable resource for all mental health clinicians working with or seeking to work with veterans including psychiatrists neurologists primary care physicians psychologists counselors social workers nurses residents and all others Handbook of Psychosocial Interventions for Veterans and Service Members Nathan David Ainspan, Craig J. Bryan, Walter Penk, 2016 The Handbook of Psychosocial Interventions for Veterans and Service Members is a one stop handbook for non military clinicians working with service members veterans and their families *Military and Veteran Mental Health* Laura Weiss Roberts, Christopher H. Warner, 2018-01-23 This authoritative and comprehensive title is designed to enhance best clinical practices for all healthcare providers who care for military service personnel and veterans The book is organized into four sections The first section covers foundational information on the culture and context of health care for members of the US military and veteran population The second section focuses on systems of care for mental health needs of military and veteran populations The third section characterizes best practices as well as ethical issues in clinical care for mental health needs of members of the military and veterans Guidance in relation to a wide range of clinical topics is provided such as mood disorders post traumatic stress disorder combat and operational stress military sexual assault psychosis and sleep disorders The last section

is intended to assist readers in reinforcing their learning through a set of clinical cases with accompanying questions for deeper consideration. An invaluable resource for all clinicians, allied health personnel, and administrators concerned with the mental health needs of service members and veterans.

Military and Veteran Mental Health: A Comprehensive Guide is a gold standard addition to the literature on military healthcare. Care of Military Service Members, Veterans, and Their Families Stephen J. Cozza, M.D., Matthew N. Goldenberg, M.D., Robert J. Ursano, M.D., 2014-01-23. The book provides civilian medical and nonmedical care providers with practical information to effectively understand, support, and address this population's needs. Promoting family resilience is a theme emphasized throughout chapters on traumatic brain injury, substance use disorders, and more.

Military Mental Health Care Cheryl Lawhorne-Scott, Don Philpott, 2012-12-07. Too often American veterans return from combat and spiral into depression, anger, and loneliness; they can neither share nor tackle on their own. **Military Mental Health Care: A Guide for Service Members, Veterans, Families, and Community** seeks to aid our troubled returning forces by dissecting the numerous mental health problems they face upon arriving stateside. Don Philpott and Cheryl Lawhorne Scott, co-authors with Janelle Hill of the highly successful *Wounded Warrior Handbook*, detail not only each issue's symptoms but also discuss what treatments are available and the best ways for veterans to access those treatments while readjusting to civilian life. In addition, they connect and explain many alarming trends such as joblessness, poverty, and addiction appearing in our nation's veteran population on a broader scale. PTSD and struggles with anxiety affect far more than veterans themselves; as sobering phenomena like homelessness, suicide, domestic violence, and divorce too often become realities for those returning from war, **Military Mental Health Care** is both a resource for struggling veterans and a useful tool for their loved ones or anyone looking for ways to support the veterans in their lives.

Handbook of Military and Veteran Suicide Bruce Bongar, Glenn Sullivan, Larry James, 2017-03-30. For the past decade, suicidal behavior in military and veteran populations has been a constant feature in the news and in the media, with suicide rates among active-duty American military personnel reaching their highest level in almost three decades. **Handbook of Military and Veteran Suicide** reviews the most advanced scientific understanding of the phenomenon of active-duty and veteran suicide while providing a useful hands-on clinical guide for those working with this population. This comprehensive Handbook covers all relevant topics and current research in suicide in military and veteran populations, including links between suicide and PTSD, the stigma of mental health treatment in the military, screening for firearms access in military and veteran populations, subintentioned suicide, e.g., reckless driving and other such accidental deaths, women in combat, and working with families. Chapters also cover suicide risk assessment, ethical issues in treating suicidal patients, evidence-based treatments for PTSD, traumatic brain injury, and managing suicide in older veterans. Significant issues that may arise in assessing and treating military and veteran populations who are at risk for suicide are presented and discussed with evidence-based and practical recommendations. This Handbook will benefit researchers, policy makers, and clinicians who work with active-duty military and veteran populations.

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