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# <u>Understanding The Ji Gui Yao Lue A Comprehensive</u> <u>Textbook</u>

**Yifan Yang** 

#### **Understanding The Ji Gui Yao Lue A Comprehensive Textbook:**

Chinese Herbal Formulas: Treatment Principles and Composition Strategies E-Book Yifan Yang, 2010-01-26 Traditionally the study of Chinese herbal formulas has involved memorizing hundreds of classic formulas and recognizing and summarizing the relevant treatment rules and formula making strategies in order to create appropriate formulas for treatment This new book by Yifan Yang author of Chinese Herbal Medicines Comparisons and Characteristics which pioneered the comparative method of single herb study introduces a new approach to formula study. The reader is shown how to use the basic treatment rules and composition strategies abstrated from hundreds of formulas in order to create individual formulas for treating a variety of syndromes The method is clear and easy to understand with a systematic approach and an emphasis on essential knowledge Key features 19 common syndromes and 60 sub syndromes are described and discussed in detail illustrated with clear line drawings Chinese diagnosis of syndromes are realated to the Western disease names Treatment principles and plans are given for each syndrome Principles of herb selection are introduced with recommendations and explanations of specific herbs in relation to each syndrome 166 classic formulas are given as examples Treatment strategies in complicated syndromes treatment sequences cautionary advice for herbs and combinations with Western drugs dosage management in a variety of conditions and commonly used pairs of herbs are all discussed Detailed indexes and contents lists facilitate quick reference and searching within the text Chinese Herbal Formulas Treatment Principles and Composition Strategies is written by an experienced practitioner and lecturer of Chinese herbal medicine It is the ideal companion to Chinese Herbal Medicines Comparisons and Characteristics by the same author Ofers a method of learning formula composition clearly and concisely Detailed syndrome differentiation and analysis help students to understand the syndromes and give clear orientation in their treatment plan Includes clear and detailed information on selection of herbs Abstracts from each chapter allow practitioners to quickly select herbs in the clinical practice Also covers dosage management special strategies for treated complicated cases contraindications of using formulas and treatment orders CLASSICAL ASIAN HERBAL THERAPY: Therapeutics for Conditions & Disorders BRUCE WOONG PARK, 2016-07-22 This book can be useful on a journey to helping people and understanding the different forms of medicines From the student preparing for a board certification examination to the acupuncturist and herbalist or other health care provider needing a ready reference this text provides a clear and concise overview of hundreds of conditions and disorders Concepts and Theories of Traditional Chinese Medicine Yubin Lu, Chengcai Lui, 1998 Chinese Herbal Medicines:

Concepts and Theories of Traditional Chinese Medicine Yubin Lu, Chengcai Lui, 1998 Chinese Herbal Medicines:

Comparisons and Characteristics Yifan Yang, 2009-12-09 Students and practitioners of Chinese herbal medicine must learn hundreds of commonly used herbs as the first step in studying Chinese herbal medicine Additionally junior practitioners lack the clinical experience required to ensure that they can skilfully select the appropriate herbs to use in the formulas This presents them with a major challenge Chinese Herbal Medicines Comparisons and Characteristics presents a method of

learning individual herbs through vivid and clear discussion of their characteristics and through a comparison with other herbs of their characteristics and strengths This clear and logical approach makes it easy for the user to understand and memorize the functions of specific herbs It also enables experienced practitioners to improve their therapeutic results through the use of better formulas Key features of the new edition Retains the same easy to follow format as the first edition Presents detailed comparisons and discussions of commonly used Chinese herbs Provides a series of thought provoking questions with very detailed answers Structured to help the reader to learn and memorize the content more easily The easy to use question and answer format is convenient to apply in the consulting room Includes discussion of clinical applications to help with the practical use of the information in clinical setting Revised and updated with particular emphasis on the safe use of Chinese herbal medicines New appendices provide information on safe dosages commonly used herbal combinations and the meanings of Chinese words used in herbal names Provides a sound foundation for the study and practice of Chinese herbal medicine Chinese Herbal Medicinse Comparisons and Characteristics is already wellknown to students and practitioners of Chinese herbal medicine This new improved edition will continue to be of value to students and practitioners alike It is now supported by a new companion volume by the same author entitled Chinese Herbal Formulas Treatment Principles and Composition Strategies Together these two books provide a sound foundation for the study and practice of Chinese herbal medicine Detailed and vivid comparisons and discussions of Chinese herbs to help the reader memorize and understand their characteristics Structured as a series of thought provoking questions with very detailed answers again to help memorize the content Includes clinical applications subsection within each section to help the reader understand how to apply information better and more accurately in the clinical setting Chinese Herbal Medicine Chongyun Liu, Angela Tseng, Sue Yang, 2004-07-28 A roadmap for easily navigating through the complexities of Chinese herbal medicine Chinese Herbal Medicine Modern Applications of Traditional Formulas presents information about herbal formulas in a practical and easy to access format Bridging the gap between classroom study and the clinical setting the book supplies information on The Healing Power of Chinese Herbs and Medicinal Recipes Joseph P. Hou, Youyu Jin, 2012-11-12 A modern disease sym reference guide on the benefits of incorporating traditional Chinese medicine into modern day therapies The Healing Power of Chinese Herbs and Medicinal Recipes is an easy to follow introduction to the history of traditional Chinese phytomedicine This useful guide clearly explains the basics of this unique medical system and describes in detail the therapeutic properties and use of medicinal herbs and herbal recipes The book includes a bibliography glossary contact information for herbal dealers and Oriental medicine schools and an indexed list of 300 commonly used Chinese medicinal herbs and 245 herbal recipes In The Healing Power of Chinese Herbs and Medicinal Recipes you will find the fundamentals evolution and development of the herbal formulas of the 4 000 year old Oriental Materia Medica also known as ben cao The book contains 11 sections documenting the therapeutic applications dosages precautions and modern research findings of 138 of the most

popular medicinal herbs In addition this resource provides 101 of the most frequently prescribed master recipes by famous ancient physicians including their origin ingredients actions indications and modern clinical uses The Healing Power of Chinese Herbs and Medicinal Recipes offers an in depth education on tonic herbs herbs that adjust the yin and yang of the body herbs that invigorate circulation of vital energy gi and blood herbal tranquilizers herbal diaphoretics herbal expectorants antitussives and antiasthmatics herbal pain killers herbs which regulate digestion and elimination herbal diuretics herbal antipyretics antimicrobials and detoxicants antitumor herbs The Healing Power of Chinese Herbs and Medicinal Recipes provides up to date information on the effectiveness of traditional Chinese medicine as well as how to use Chinese medicinal herbs in conjunction with Western conventions This comprehensive reference will benefit healthcare practitioners who want to include Oriental medicine in their practice and anyone who is interested in Chinese herbs or patients for whom conventional medicine has offered no relief Thomping Zhang, Robin Marchment, 2008 Shang Han Lun was written in medical word ocean dictionary approx 200 AD and remains a seminal text in Chinese medicine literature and is mandatory study in all accredited courses of Chinese medicine today It analyses the aetiology and pathogenesis of acute upper respiratory tract infections the common cold influenza bronchitis asthma and describes the many permutations as well as subsequent complications It is not just a study of coughs and colds but lays the groundwork for Chinese medical theory and its strategies of treatment It also explains the consequences of incorrect treatment and discusses how the omission or addition of even one herb to a formula can affect its efficacy This is the book that makes understanding a complex classic text easy Greta Young benefits the reader with her years of expertise in studying and lecturing in the classics and guides us through the myriad clauses elucidating their meaning citing points of discussion from various sources and illustrating their application with modifications and case studies Robin Marchment has translated each clause in a way which is faithful to the original Chinese whilst still making the meaning accessible to the English speaker The explanations and discussions use clear English in a free flowing lecturing style which holds the reader s interest Each chapter or section is introduced with an overview key points are highlighted and summarised at the end and in addition both Ancient Applications and Modern Applications are described The objective is to make it interesting readable and of practical clinical significance to today s practitioners **Essentials from the Golden Cabinet** □□□,2020 Translation and Annotation of Jin GUI Yao Lue: Essentials from the Golden Cabinet Zhongjing Zhang, 2020-08-25 This is a full text English translation of Jin Gui Yao Lue a classic book of traditional Chinese medicine It is the oldest clinical book dedicated to internal external gynecological and obstetrical diseases It is also the first medical book on differential diagnosis of diseases and symptoms along with treatment and prescriptions This book was originally written by Zhang Zhongjing Zhang Ji 150 219 CE an eminent Chinese physician in the Eastern Han dynasty The book consists of 25 chapters The first chapter serves as an introduction Chapters 2 22 discuss the diagnosis and treatment of sixty diseases

involving internal medicine external medicine and gynecology obstetrics Chapter 23 discusses emergency treatments Chapters 24 and 25 discuss food contraindications fowls beasts fruits vegetables and grains and treatment The text can serve as a reference for education research and clinical practice **Jin Guì Yào Lüe** Zhang Ji,2022-07-26 The J n Gu Y o L e Essential Prescriptions of the Golden Cabinet like its sister volume the Sh ng H n L n On Cold Damage is a gem reconstituted from fragments of a lost text called the Sh ng H n Z B ng L n On Cold Damage and Miscellaneous Diseases by indisputably the most brilliant medical mind that China ever produced the H n Dynasty physician Zh ng J Zh ng Zh ng I ng Exerting an influence on the development of Chinese medicine unmatched by any other medical scholar Zh ng integrated the then relatively new theories of systematic correspondence of the N ij ng and N nj ng with an already vast practical knowledge knowledge in the use of medicinals Such was his brilliance that it was not fully recognized by Chinese physicians until centuries later in the S ng Dynasty when Zh ng s combination of theory and practice became the mainstream in Chinese medicine that survived centuries of scrutiny from successive generations of medical scholars and buttressed traditional medicine against the challenge of Western in the twentieth century Combining theoretic etiologies with detailed diagnosis and skillfully devised treatments Zh ng s work has left an indelible print on traditional medicine in China for nearly 2 000 years A third of the most commonly used formulas in Chinese medical practice today were devised by Zh ng J The J n Gu Y o L e covers diseases other than the external contractions dealt with in the Sh ng H n L n and includes lung diseases water swelling dissipation thirst impediment b summerheat stroke mounting diseases and gynecological diseases to name just a few It is presented in 25 chapters most of which deal with two or three closely related diseases however the final three chapters cover miscellaneous formulas and foodstuffs Each chapter includes an introduction to the material followed by the original lines of the text which are rendered in simplified Chinese characters P ny n and English translation This is followed by notes to elucidate obscure phrases in the original text a synopsis of the content of the line and detailed explanatory commentaries Textual History from the Introduction by Sabine Wilms As its title suggests Zh ng Zh ng J ng s Sh ng H n L n discusses the diagnosis and treatment of cold damage conditions which are conditions related to external contraction especially of wind and cold His J n Gu Y o L is thought to reflect that section of the original Sh ng H n Z B ng L n that was called miscellaneous diseases z b ng basically a catch all phrase for any conditions which could not be traced to externally contracted evils The full title of this present text is J n Gu Y o L F ng L n Essential Prescriptions and Discussions from the Golden Cabinet This title tells us several things about the book First it is an indication of the value that the author or more accurately the person who named the text as such placed on the book s content Golden Cabinet refers to a cabinet like storage box made of gold hence a place where a person of great wealth would store his or her most valuable items Second the text is characterized as containing both prescriptions and discussions or in other words clinical as well as theoretical information This combination positions it at an interesting fulcrum in the textual history of Chinese medicine namely the intersection between theoretical

classics like the Hu ng D N i J ng Yellow Emperor s Inner Canon and N n J ng Classic of Difficult Issues which were mostly concerned with the flow of q and blood through the vessels and the correlation of the human body to the macrocosm and formulary collections like the Qi n I n F ng Thousand Gold Pieces Prescriptions by S n S Mi o which primarily matched lists of symptoms to specific formulas without providing any diagnostic or etiological explanation for the rationale behind a treatment By contrast the I n Gu Y o L includes detailed diagnostic guidelines and etiological reasoning in addition to instructions for treatment primarily with medicinal formulas and some references to acupuncture moxibustion and other therapeutic modalities Zh ng Zh ng I ng thus created a medical classic with outstanding significance for both theory and practice centuries before other medical authors attempted to follow in his footsteps during the S ng period Due to the turbulence of its historical times it is impossible to reconstruct the exact format content and organization of Zh ng Zh ng J ng s work today Nevertheless its significance for the history of medicine and its applicability in modern clinical practice has inspired much research especially in China to approximate its original form as much as possible on the basis of later reprints fragments that have been recovered in China and Japan in archaeological sites and quotations in received texts By order of the S ng Imperial court in the 11th century both the Sh ng H n L n and the I n Gu Y o L were included among a small selection of early Chinese medical classics to be collated annotated and reissued in woodblock print This monumental effort was completed by a large editorial team from the Office for the Correction of Medical Texts which had been established in 1057 CE While these scholars had access to the ten scrolls of the Sh ng H n L n which had been edited by W ng Sh H the part on miscellaneous diseases had not survived Instead they painstakingly had to recreate the J n Gu Y o L on the basis of quotations found in other medical classics like the M i J ng Pulse Canon Zh B ng Yu n H u L n Origin and Indicators of Disease and Qi n J n F ng Thousand Gold Pieces Prescriptions as well as a summary of Zh ng J ng s work in three scrolls entitled J n Gu Y H n Y o Lu F ng Essential Prescriptions from the Golden Cabinet and Jade Sheath These S ng editors matched the prescriptions with the descriptions of symptoms arranged the text by disease categories into 25 chapters in three parts and lastly added select outstanding prescriptions by other physicians of the times all with the goal of making this text as clinically useful as possible This S ng revision has been the standard version of the text ever since and also the version on which subsequent editions such as this one are based It is thus important for the discerning reader to keep in mind that we are looking at a H n dynasty text that was lost for several centuries and reconstructed rearranged and supplemented by S ng dynasty scholars approximately eight hundred years later Praise for Jin Gui Yao Lue Essential Prescriptions from the Golden Cabinet Wiseman and Wilms have exquisitely translated the J n Gu Y o L The English rendering is impeccable precise and consistent The detailed commentaries are systematic and comprehensive Throughout my forty six years as a clinician I have studied Zh ng I s writings and prescribed formulas from the Sh ng H n L n and I n Gu Y o L I hope that this remarkable work in its English translation will help you to draw upon the genius of Zh ng J and to understand and utilize the depth of his

knowledge of Chinese medicine Miki Shima OMD L Ac President Japanese American Acupuncture Association Former Member California State Acupuncture Examining Committee Former President California Acupuncture Association Author Expositions on the Eight Extraordinary Vessels Channel Divergences Deeper Pathways of the Web The Medical I Ching Oracle of the Healer Within Recipient Lifetime Achievement Award American Association of Acupuncture and Oriental Medicine 2004 Comprehensive Dissertation Index ,1989

Decoding **Understanding The Ji Gui Yao Lue A Comprehensive Textbook**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Understanding The Ji Gui Yao Lue A Comprehensive Textbook**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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