

# total gym 1700 *Club*

TECHNICAL SPECIFICATIONS

• 1700 lbs. max. weight capacity  
 • 16 exercise stations  
 • 16 resistance levels  
 • 16 resistance levels  
 • 16 resistance levels  
 • 16 resistance levels



OWNER'S MANUAL

# total gym 1700 *Club*

EXERCISE GUIDE



EXERCISE GUIDE

# Total Gym 1700 Club Exercise Guide

**Peipei Pang**



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