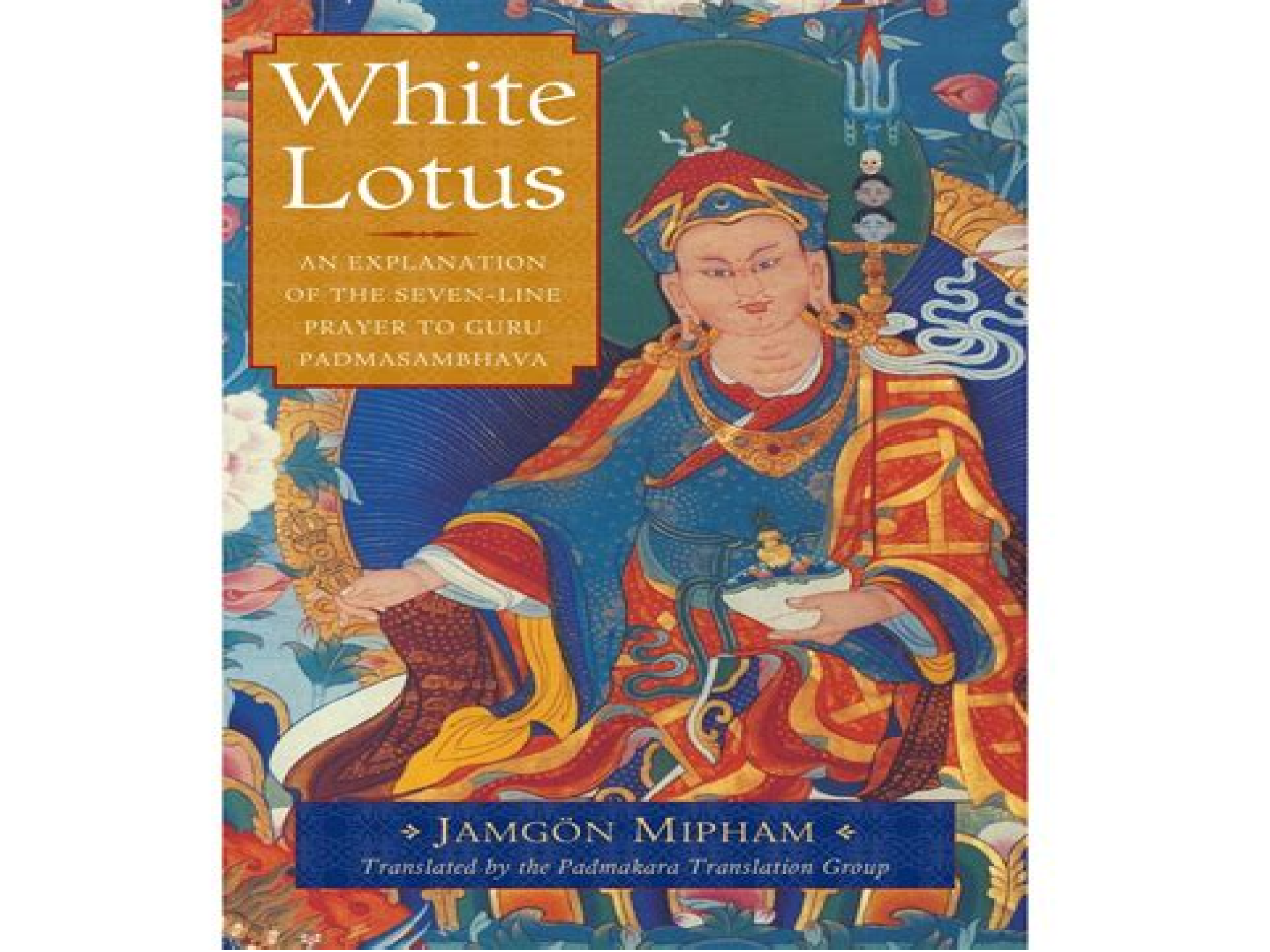




White Lotus

AN EXPLANATION
OF THE SEVEN-LINE
PRAYER TO GURU
PADMASAMBHAVA

✧ JAMGÖN MIPHAM ✧

Translated by the Padmakara Translation Group

White Lotus An Explanation Of The Seven Line Prayer To Guru Padmasambhava

Jamgon Mipham



White Lotus An Explanation Of The Seven Line Prayer To Guru Padmasambhava:

White Lotus Jamgon Mipham, 2015-09-01 The commentary translated in these pages is unusual and rare But if the commentary is a rarity its subject matter the seven line invocation of Padmasambhava is one of the best known prayers in the Tibetan Buddhist world The overall significance of the Seven Line Prayer is perhaps best appreciated in relation to a practice called guru yoga or union with the nature of the guru The purpose of guru yoga is to purify and deepen the student s relationship with his or her teacher It is introduced as one of the preliminary practices and it remains crucial in fact its importance increases as one progresses through the more advanced levels of the tantric path The cultivation of devotion to the guru and the blending of one s mind with his or her enlightened mind is in the words of Dilgo Khyentse Rinpoche the most vital and necessary of all practices and is in itself the surest and fastest way to reach the goal of enlightenment Regarding the origin of this commentary Mipham refers in the colophon to an event that triggered the abrupt appearance in his mind of the hidden meaning of the prayer It is interesting to note that the language Mipham uses suggests that the commentary itself is not an ordinary composition but perhaps a treasure teaching specifically a mind treasure or gongter

White Lotus Mi-pham-rgya-mtsho ('Jam-mgon 'Ju), Comité de traduction Padmakara, 2007 **Meditation on the Nature of Mind** Dalai Lama XIV Bstan-'dzin-rgya-mtsho, Jose Ignacio Cabezon, 2011-05-17 A correct understanding of the mind s nature is the key to success in meditation and to the profound insights at the heart of the Buddha s path His Holiness the Dalai Lama s overview of the important text at the centre of this book the Wish Fulfilling Jewel of the Oral Tradition distills some of the most central themes of Buddhism **A Life of the Buddha** Sherab Ch÷dzin Kohn, 2009-03-10 The story of the Buddha and his awakening is more than an account of the birth of a religious tradition it is also one of the great archetypal tales of the spiritual quest colorful in its many details and thrilling in its depiction of the world transformed by an enlightened human being Sherab Ch dzin Kohn s retelling of the Buddha s life is both readable and historically informed and presents the Buddha s teachings along with the events of his past lives to final nirvana Library Journal called it a splendid combination of biography and instruction This new edition of the book previously entitled The Awakened One has been updated to include a short history of Buddhism as well as a selection of resources for further reading **Things Atheists Say** Patrick Prill, 2021-01-13 There is a new breed of atheist in town They re intelligent vocal and sometimes very aggressive They communicate with boldness and conviction but are they correct After all many of the things they say simply make no sense Patrick Prill examines the ideas of several modern atheists and a few atheists of the past Stephen Hawking Richard Dawkins Victor Stenger Paul Kurtz Peter Singer Alex Rosenberg Christopher Hitchens Sam Harris Bertrand Russell and Friedrich Nietzsche to name a few Many of them are well known and highly regarded but does everything they say really make sense Is their case for atheism sound This book addresses thirty six of the most common things atheists say when they challenge people of faith After examining what prominent atheists passionately proclaim in light of evidence and reason it

seems the case for God's existence emerges stronger than ever *Neuroscience and Psychology of Meditation in Everyday Life* Dusana Dorjee, 2017-07-20 *Neuroscience and Psychology of Meditation in Everyday Life* addresses essential and timely questions about the research and practice of meditation as a path to realization of human potential for health and well being. Balancing practical content and scientific theory the book discusses long term effects of six meditation practices: mindfulness, compassion, visualization based meditation, techniques, dream yoga, insight based meditation and abiding in the existential ground of experience. Each chapter provides advice on how to embed these techniques into everyday activities together with considerations about underlying changes in the mind and brain based on latest research evidence. This book is essential reading for professionals applying meditation based techniques in their work and researchers in the emerging field of contemplative science. The book will also be of value to practitioners of meditation seeking to further their practice and understand associated changes in the mind and brain.

Entrance to the Great Perfection, 2010-02-16 Blending contemporary and traditional perspectives this groundbreaking work offers guidance on the profound foundational practices of the Great Perfection. It contains classic commentaries by the renowned Tibetan masters Jigme Lingpa and Jamyang Khyentse Wangpo alongside a lively contemporary discussion by filmmaker, author and spiritual teacher Dzongsar Jamyang Khyentse that discusses how to incorporate these ancient practices into the fast paced lifestyle of the Western world. Also included are a lengthy introduction to the world of Tibetan Buddhism and its meditative practices as well as the long and short preliminary practice liturgies and numerous appendices on the nine yanas and other topics. The ng ndro or preliminary practice is treasured in the Ancient School of Tibetan Buddhism as vital for effecting a profound inner transformation and as a foundation for the very highest teachings of the Great Perfection or Dzogchen. In particular the Longchen Nyingtik ng ndro revealed by the great saint Jigme Lingpa following a series of visions in which he was blessed by the omniscient Longchen Rabjam and received the transmission of his wisdom mind has long been cherished by followers of all traditions on account of its power, depth and poetic beauty.

Lion of Speech Dilgo Khyentse, Jamgon Mipham, 2020-11-24 A traditional biography on the life of Mipham Rinpoche, one of the greatest 19th century masters from Dilgo Khyentse Rinpoche, one of the greatest 20th century masters. The first half of this volume comprises the first ever English translation of the biography of Mipham Rinpoche written by Dilgo Khyentse Rinpoche, a teacher to His Holiness the Dalai Lama as well as an entire generation of other teachers and students throughout the Himalayan region and the West. Composed in 1939 it was left behind in Tibet in 1959 when Khyentse Rinpoche went into exile and was lost for fifty one years before its discovery in 2010 by an extraordinary stroke of good luck. Reverential in tone it is informed by both oral accounts preserved in notes kept by Khyentse Rinpoche's elder brother and the recollections of Mipham's devoted personal attendant of thirty seven years. In keeping with the identification of Mipham as an emanation of Manjushri the Lion of Speech the second half comprises a selection of Mipham's writings designed to give the reader an experience of Mipham's eloquent speech and incisive thought.

It includes both a new translation of The Lion's Roar A Comprehensive Discourse on the Buddha Nature and A Lamp to Dispel the Dark a teaching of the Great Perfection as well as excerpts from previously published translations of his works on Madhyamaka and tantra

A Treasure Trove of Blessing and Protection Padma Sambhava, 2004 Cultural Writing

Various types of sacred texts are included in this volume including prayers of supplication to Guru Rinpoche for his guidance and for achieving profound wisdom through devotion and meditation In the eighth century Guru Padmasambhava the Lotus Born came to Tibet from India and became known as Guru Rinpoche the Precious Teacher He transmitted many esoteric teachings to his disciples and concealed them as Ter gTer or Terma gTerma hidden Dharma treasures for the sake of future disciples From the eleventh century until today thousands of volumes of those concealed teachings have been discovered by the reincarnations of his chief disciples through spiritual discernment Guru Rinpoche is the founder of Tibetan Buddhism and is referred to as the Second Buddha by his followers Translator Mike Dickman has previously translated many texts of the Nyingma and Drigung Ka gyu schools of Tibetan Buddhism

Dream Yoga Andrew Holecek, 2016-07-01 Lucid dreaming becoming fully conscious in the dream state has attracted legions of those seeking to explore their vast inner worlds Yet our states of sleep offer much more than entertainment Combining modern lucid dreaming principles with the time tested insights of Tibetan dream yoga makes this astonishing yet elusive experience both easier to access and profoundly life changing With Dream Yoga Andrew Holecek presents a practical guide for meditators lucid dreamers ready to go deeper and complete beginners Topics include meditations and techniques for dream induction and lucidity enhancing dream recall dream interpretation working with nightmares and more

The Nature of Mind Patrul Rinpoche, Khenchen Palden Sherab, Khenpo Tsewang Dongyal, 2016-04-26 From the author of Words of My Perfect Teacher comes this commentary on the teachings of Aro Yeshe Jungne an insightful introduction to Dzogchen meditation the Nyingma tradition and the basics of Buddhism Patrul Rinpoche the beloved nineteenth century master best known for Words of My Perfect Teacher collected the teachings of the tenth century adept Aro Yeshe Jungne and synthesized them into the short text translated here as Clear Elucidation of True Nature How to put these essential teachings into practice is the subject of the lively commentary by the two Khenpo brothers the late Khenchen Palden Sherab Rinpoche and Khenpo Tsewang Dongyal Rinpoche The Dzogchen meditation instructions of the Aro lineage are divided into nine sets or nine levels with specific instructions for each on how to identify the nature of the mind how to abide in it as a way of life and how to liberate turbulent thoughts and emotions when they arise The commentary enfolds this instruction into a broad general teaching suitable for beginners that serves as an introduction to Dzogchen meditation to the Nyingma tradition and to basic Buddhism

Protecting Nature with Buddha's Wisdom S. N. Seo, 2024-07-05 Illustrating an insightful contrast between modern scientific and economic approaches and the Buddhist viewpoint this book examines key environmental issues such as species protection pollution natural resource use and global climate change Through a comprehensive explanation of the pertinent Buddhist philosophy

and eleven Buddhist instruments it unpacks the rich intellectual resources relating to modern environmental and nature studies that have been treasured in the Buddhist Canons and commentaries for thousands of years This book provides a rare opportunity to reflect on the ongoing climate crisis using a time tested thought system **Finding Buddhist Paths in 21St Century** Tashi Gelek,2021-08-24 Are you deluded by worldly distractions Are you distracted from practicing a Buddhist path Don t give up hope There are many simple genuine and effective methods and paths for us The book offers many such possibilities Dpal-ri Padma-'od-gli*n gi lo rgyus bde chen dag pa'i *zi*n bkod kti rgyan *zes bya ba b*zugs so ,2005

The Buddhist Path Kenchen Palden Sherab,Khenpo Tsewang Dongyal,2010-09-16 An accessible and practical introduction to Tibetan Buddhism as practiced in the Nyingma or ancient tradition The Buddhist Path presents for us the proper way of cultivating intellect and heart so that our true nature can manifest The authors provide clear explanations and methods that reveal how the mind functions and what its essence our primordial nature is They impart detailed instructions on how to meditate using methods ranging from generating calm abiding to the tantric techniques of visualization mantra and formless meditation **The Life of Jamgon Kongtrul the Great** Alexander Gardner,2019-07-30 The first ever extensive biography of Tibet s most famous nonsectarian Buddhist lama Known as the king of renunciates Jamgon Kongtrul Lodro Taye 1813 1899 forever changed the face of Buddhism through collecting arranging and disseminating the various lineage traditions of Tibet across sectarian lines His extensive treasury collections of profound Buddhist teachings continue to be taught and transmitted throughout the Himalayas by all major traditions and represent the breadth and profundity of Tibetan Buddhist philosophy and practice Jamgon Kongtrul was a polymath dedicated retreatant ritual expert writer and teacher from the eastern Tibetan kingdom of Derge During the nineteenth century while central Tibet experienced extreme sectarian divides Jamgon Kongtrul along with Jamyang Khyentse Wangpo and Chokgyur Lingpa set about collecting teaching and transmitting the major practice traditions found in Tibet Their activity much of which did not adhere to the traditional divides of the Tibetan schools and included both tantric lineages coming from India as well as Tibetan treasure terma lineages is one of the finest examples of Tibetan ecumenism or Rimay and Jamgon Kongtrul is perhaps the most famous among Tibet s Rimay masters This is the most accessible work available on Jamgon Kongtrul s life writings and influence written as a truly engaging historical biography Alexander Gardner provides an intimate glimpse into the life of one of the most important Tibetan Buddhist teachers to have ever lived *Buddha (Sebuah Kisah Biografi)* Sherab Chodzin Kohn, Siddhartha menemukan bahwa tidak ada jaminan keselamatan dan kesejahteraan di mana pun Hawa dasar dari kehidupan yaitu kefanaan mengalahkan apa pun yang coba ditegakkan untuk melawannya dengan tanpa ampun Tidak ada impian impian tidak ada kepompong dari konvensi atau adat istiadat yang telah ada yang bisa bertahan terhadap perubahan penuaan dan kematian Sehingga Sang Pangeran dengan perlahan lahan meninggalkan kelekatan terhadap ilusi kenyamanan yang muncul tersebut kemudian mencari fakta di luar semua itu Dengan keberanian dan pengabdian yang tak kunjung

padam dan tanpa henti dia mengikuti jalan yang ditunjukkan oleh kecerdasannya Hasilnya Seorang pangeran bangkit dari semua mimpi yang bersifat fana dan menjadi Buddha Thus Gone One sang Tathagata sebagaimana Sang Buddha disebut melihat dengan jelas totalitas dari kehidupan dan hal hal di luar kehidupan itu sendiri Sang Buddha telah sepenuhnya menjelajahi berbagai jangkauan realitas dan pencapaian yang nyata Dia berangkat melakukan perjalanan dengan tekad untuk menaklukkan kematian dan dia benar benar melakukannya Gate gate paragate parasamgate bodhi svaha Pergi pergi pergilah sampai di luar batasmu benar benar melampaui batasmu bangkitlah jadilah bagian dari itu Йога сновидений. Наполните свою жизнь светом при помощи практики осознанных сновидений Эндрю Холечек, 2022-05-26 PDF A4

The Devotees of Buddhism Marion Dapsance, 2023-06-21 The temple is packed It stinks in here says the master in English You mustn't do any more prostrations or else you'll have to open the windows A tall skinny steward discreetly points out that it's pouring rain and that perhaps this isn't entirely appropriate The master then grabs him by the hair and shakes him back and forth Who are you to judge I'm your master you're my slave Ah it may not be politically correct with you Westerners but in Tibet it's like that You have to submit totally You must never challenge a great master Anthropologist Marion Dapsance conducts the first field survey of Buddhism in the West delving into the heart of a hijacked religion that leaves you speechless sectarian organization sexual aberrations financial pyramids hierarchical humiliations Marion Dapsance holds a doctorate in the anthropology of religion from the cole pratique des hautes tudes Paris and is currently in residence at Columbia University in New York where she teaches a course on modern Buddhism **The Princeton**

Dictionary of Buddhism Robert E. Buswell, Jr., Donald S. Lopez, Jr., 2013-11-24 The most comprehensive and authoritative dictionary of Buddhism ever produced in English With more than 5 000 entries totaling over a million words this is the most comprehensive and authoritative dictionary of Buddhism ever produced in English It is also the first to cover terms from all of the canonical Buddhist languages and traditions Sanskrit Pali Tibetan Chinese Japanese and Korean Unlike reference works that focus on a single Buddhist language or school The Princeton Dictionary of Buddhism bridges the major Buddhist traditions to provide encyclopedic coverage of the most important terms concepts texts authors deities schools monasteries and geographical sites from across the history of Buddhism The main entries offer both a brief definition and a substantial short essay on the broader meaning and significance of the term covered Extensive cross references allow readers to find related terms and concepts An appendix of Buddhist lists for example the four noble truths and the thirty two marks of the Buddha a timeline six maps and two diagrams are also included Written and edited by two of today's most eminent scholars of Buddhism and more than a decade in the making this landmark work is an essential reference for every student scholar or practitioner of Buddhism and for anyone else interested in Asian religion history or philosophy The most comprehensive dictionary of Buddhism ever produced in English More than 5 000 entries totaling over a million words The first dictionary to cover terms from all of the canonical Buddhist languages and traditions Sanskrit Pali Tibetan Chinese Japanese and Korean

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