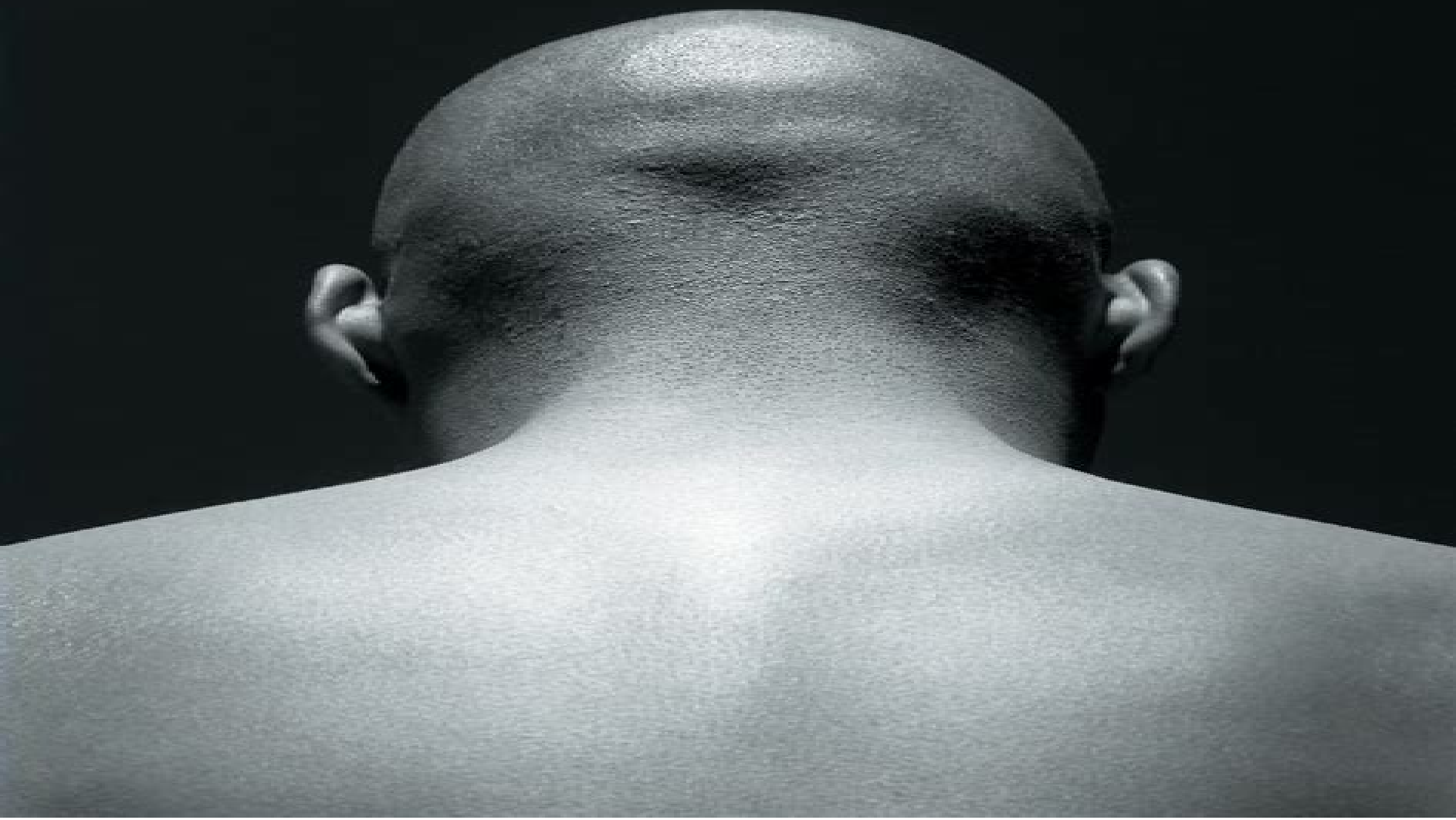


# **Understanding Men and Health**

Masculinities, Identity and Well-being

**Steve Robertson**



# Understanding Mens Health Masculinity Identity And Well Being

**Antje Kampf, Barbara L. Marshall, Alan  
Petersen**



## **Understanding Mens Health Masculinity Identity And Well Being:**

**EBOOK: Understanding Men and Health: Masculinities, Identity and Well-being** Steve Robertson, 2007-09-16

Though accessible in style this book is not an easy read Chapters brim with information and analysis A lesser author could have written an entire book from the information Robertson squeezes into a single chapter So insightful is his analysis that he leaves the mind racing with thoughts and ideas Nursing Standard Men s health texts are hard to find delighted this text addresses issues like access to health services Margaret McLoone Sligo Institute of Technology Ireland Steve Robertson has written a valuable book that will serve as an excellent introduction to social science perspectives on the links between masculinities and men s health The book is clearly written and the coverage of existing literature is excellent I have no hesitation in recommending it to all those wishing to extend their understanding of masculinities and health Professor Lesley Doyal Journal of Men s Health How do men understand health What do men consider to be the role of health services in helping them stay well What inhibits or facilitates men s engagement with health services Notions about men s health are wide ranging and much is said about the role masculinity plays in creating health outcomes for men Based on empirical research and data this book provides an interdisciplinary exploration of the links between men health policy gender and masculinity It also offers explicit guidance for practice for those working in the health field looking to better understand and improve men s health Importantly the book Incorporates the views of disabled and gay men to highlight issues of diversity Draws out key implications for health promotion work with men Includes key points for practice within each chapter The book uses interviews with men and health professionals to explore the key aspects of men s health and healthcare delivery Although set within the UK context it also has wider resonance as it considers how men conceptualize health how this becomes embodied the importance of relationships and emotions in men s preventative health practices and the socially contingent nature of men s engagement with preventative health care services Understanding Men and Health will be of particular interest to academics students and researchers in nursing health sociology and gender studies as well as to pre registration and post registration health professionals with an interest in men and health **Understanding Men And Health: Masculinities, Identity And Well-Being** Robertson, Steve, 2007-09-01 Based on empirical research and data this book provides an interdisciplinary exploration of the links between men health policy gender and masculinity Men's Health Equity Derek M. Griffith, Marino A. Bruce, Roland J. Thorpe, Jr., 2019-04-25 Worldwide men have more opportunities privileges and power yet they also have shorter life expectancies than women Why is this Why are there stark differences in the burden of disease quality of life and length of life amongst men by race ethnicity disability status sexual orientation gender identity rurality and national context Why is this a largely unexplored area of research Men s Health Equity is the first volume to describe men s health equity as a field of study that emerged from gaps in and between research on men s health and health inequities This handbook provides a comprehensive review of foundations of the field summarizes the

issues unique to different populations discusses key frameworks for studying and exploring issues that cut across populations in the United States Australia Canada the United Kingdom Central America and South America and offers strategies for improving the health of key population groups and achieving men's health equity overall This book systematically explores the underlying causes of these differences describes the specific challenges faced by particular groups of men and offers policy and programmatic strategies to improve the health and well being of men and pursue men's health equity Men's Health Equity will be the first collection to present the state of the science in this field its progress its breadth and its future This book is an invaluable resource for scholars researchers students and professionals interested in men's health equity men's health psychology of men's health gender studies public health and global health *Wounded Masculinities* Valeria Quaglia, 2023-12-05 This book contributes to the emerging field of men's health studies delving into how men incorporate adapt negotiate or reject health care practices to perform masculinities in social interactions By moving beyond the simplistic association between men masculinity and the adoption of risky or unhealthy practices this book draws from recent critical perspectives on the study of men's health seeking to challenge and problematize the relationship between masculinities and health The text presents original empirical findings derived from qualitative and digital research examining the different ways in which men re negotiate their masculinities after the onset of a chronic illness focusing on diabetes as a strategic case study Living with a chronic illness implies that those gender practices that are usually taken for granted suddenly become unachievable and impose a reconfiguration of the masculine self as well as a negotiation of the very meaning of masculinity The volume aims to critically examine this interactive process of re negotiation while also reflecting on men masculinities and their health on a more general level This book serves as a valuable resource for students and scholars in social sciences working on the intersection of gender and health as well as for health professionals seeking a deeper understanding of the connection between men gender and health Men's Health in Primary Care Joel J. Heidelbaugh, 2016-01-14 This book fills a major gap in the literature by providing comprehensive guidelines for the care of male patients through the lifecycle and across healthcare settings Devoted solely to improving men's health this book serves as an accessible practical reference for clinicians treating these patients It focuses on the psychosocial challenges that men encounter in obtaining healthcare as well as acute and chronic medical and psychological diseases The book also offers current evidence based guidelines for wellness and health maintenance Topics include the problem of help seeking preventative services sexual dysfunction cardiovascular health prostate cancer screening and testosterone deficiency Men's Health in Primary Care is a valuable resource for primary care clinicians and students in family medicine internal medicine and adolescent medicine

Masculinity, Labour, and Neoliberalism Charlie Walker, Steven Roberts, 2017-09-19 This book explores the ways in which neoliberal capitalism has reshaped the lives of working class men around the world It focuses on the effects of employment change and of new forms of governmentality on men's experiences of both public and private life The book presents a range

of international studies from the US UK and Australia to Western and Northern Europe Russia and Nigeria that move beyond discourses positing a masculinity crisis or pathologizing working class men Instead the authors look at the active ways men have dealt with forms of economic and symbolic marginalization and the barriers they have faced in doing so While the focus of the volume is employment change it covers a range of topics from consumption and leisure to education and family

**Men, Masculinities and Health** M. Hall, Steve Robertson, 2009-10-23 Men drink too much alcohol eat unhealthy food and avoid going to the doctors until they are seriously ill Indeed some say being masculine is bad for men's health But is the situation so simple This deeply engaging book explores both the psychological and sociological factors that affect men and their health It investigates how notions of maleness impact on the individual's approach to health and take up of services and provides clear foundations for best practice in care Part 1 of the book explores and sets the theoretical scene It asks why disparate fields have not previously been brought together and what theoretical frameworks could be utilised to assist in this process Parts 2 and 3 consider empirical work in relation to men's health and illness providing critical rather than simply descriptive accounts Bringing together an international collection of contributors *Men Masculinities and Health* provides fresh ideas for practice creating a fertile terrain for future debate that will excite all those interested in gender issues

**Contemporary Masculinities** Brendan Gough, 2018-04-19 This book assesses the construction of masculinities in relation to appearance embodiment and emotions by drawing on perspectives in psychology sociology gender studies and public health Brendan Gough questions conventional assumptions about masculinity and men's health and responds to recent trends in critical studies of masculinities which discuss positive or healthy masculine identities The book showcases discursively inflected qualitative research using data sources where men's own accounts are prioritised in depth interviews and online discussion forums Chapters discuss men's appearance concerns and activities and examine male mental health focusing on vulnerability and its management Current trends and key concepts including intersectionality inequalities and embodiment are also considered throughout This book will appeal to students and academics within social sciences and humanities interested in gender issues in general and masculinity in particular

*Aging Men, Masculinities and Modern Medicine* Antje Kampf, Barbara L. Marshall, Alan Petersen, 2013-05-07 *Aging Men Masculinities and Modern Medicine* explores the multiple socio-historical contexts surrounding men's aging bodies in modern medicine from a global perspective The first of its kind it investigates the interrelated aspects of aging masculinities and biomedicine allowing for a timely reconsideration of the conceptualisation of aging men within the recent explosion of social science studies on men's health and biotechnologies including anti-aging perspectives This book discusses both healthy and diseased states of aging men in medical practices bringing together theoretical and empirical conceptualisations Divided into four parts it covers Historical epistemology of aging bodies and masculinity and the way in which the social sciences have theorised the aging body and gender Material practices and processes by which biotechnology medical assemblages and men's aging bodies relate to

concepts of health and illness Aging experience and its impact upon male sexuality and identity The importance of men's roles and identities in care giving situations and medical practices Highlighting how aging men's bodies serve as trajectories for understanding wider issues of masculinity and the way in which men's social status and men's roles are made in medical cultures this innovative volume offers a multidisciplinary dialogue between sociology of health and illness anthropology of the body and gender studies     Health Psychology Jane Ogden, 2012-05-01 This new edition is a comprehensive and accessible guide examining health behaviours through reviewing the key research in this growing field

## Embracing the Beat of Expression: An Psychological Symphony within **Understanding Mens Health Masculinity Identity And Well Being**

In a world used by screens and the ceaseless chatter of immediate interaction, the melodic beauty and mental symphony created by the prepared word usually disappear into the backdrop, eclipsed by the persistent sound and disruptions that permeate our lives. Nevertheless, nestled within the pages of **Understanding Mens Health Masculinity Identity And Well Being** a marvelous fictional treasure overflowing with fresh emotions, lies an immersive symphony waiting to be embraced. Constructed by an elegant musician of language, that charming masterpiece conducts viewers on a mental trip, skillfully unraveling the hidden melodies and profound affect resonating within each cautiously crafted phrase. Within the depths of this touching examination, we will investigate the book is central harmonies, analyze their enthralling publishing fashion, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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