

The background of the image features a digital scale with a blue display screen and a yellow measuring tape. The scale's screen shows 'max=21st / 136 kg' and '210.0 kg'. The measuring tape is yellow with black markings and numbers, curving across the bottom of the frame. The overall background is a gradient of blue and green.

max=21st / 136 kg
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Xtreme Fat Loss Diet

Diet Manual

Xtreme Fat Loss Diet Meal Plan

Michael Brown



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