

# **Trail Running Western Massachusetts**

**Victor M. Corman** 

#### **Trail Running Western Massachusetts:**

Trail Running Western Massachusetts Ben Kimball,2015-05-05 Ben Kimball a long time trail runner provides profiles of fifty one great trail runs in western Massachusetts Geographically this book covers the area between the Quabbin Reservoir and upstate New York including the Pioneer Valley and Berkshire areas as well as portions of the Taconic Highlands Elevations range from the lowlands of the Connecticut River and Housatonic River valleys to the state s highest point at the top of Mount Greylock The trails profiled represent a range of locations within the region as well as a range of difficulty levels and terrain types There are options for everyone from the beginner to the experienced trail runner looking for new options Each run receives a two page treatment that includes an informative trail description and a trail map along with a scannable QR code to download each map to your smartphone This book will appeal to the entire running community of Massachusetts and the surrounding region including the Pioneer Valley along the Connecticut River communities along the Housatonic River corridor in the Berkshires the many running clubs in the Boston area and seasonal vacationers

Trail Running Eastern Massachusetts Ben Kimball, 2022 Eastern Massachusetts offers incredible trail running opportunities ranging from popular long distance routes like the Bay Circuit Trail to lesser known loops that run through the mountains and forests of the Quabbin watershed and Merrimack Valley region and trails that pass alongside the shores of Cape Cod All over the Bay State there are trails suitable for runners of all levels waiting to be discovered and explored Avid trail runner Ben Kimball offers a selection of fifty one of eastern Massachusetts s most spectacular trail sites including detailed trail descriptions topographic maps directions parking information safety tips and much more Both experienced and novice trail runners will find Trail Running Eastern Massachusetts to be an invaluable resource for exploring nature and getting a good workout in the Boston area and beyond Trail Running Western Massachusetts Ben Kimball, 2015-05-05 Ben Kimball a long time trail runner provides profiles of fifty one great trail runs in western Massachusetts Geographically this book covers the area between the Quabbin Reservoir and upstate New York including the Pioneer Valley and Berkshire areas as well as portions of the Taconic Highlands Elevations range from the lowlands of the Connecticut River and Housatonic River valleys to the state s highest point at the top of Mount Greylock The trails profiled represent a range of locations within the region as well as a range of difficulty levels and terrain types. There are options for everyone from the beginner to the experienced trail runner looking for new options Each run receives a two page treatment that includes an informative trail description and a trail map along with a scannable QR code to download each map to your smartphone This book will appeal to the entire running community of Massachusetts and the surrounding region including the Pioneer Valley along the Connecticut River communities along the Housatonic River corridor in the Berkshires the many running clubs in the Boston area and seasonal vacationers Trail Running Southern Vermont Ben Kimball, 2024-03-29 The rural and wild landscape of southern Vermont offers a true bounty of great trail running opportunities from out and back or point to point

runs on popular long distance routes such as segments of the Long Trail or the Appalachian Trail to little known loops hidden away in the woods This helpful guide is just the resource needed for trip planning or for a spontaneous run in a beautiful place Local expert trail runner Ben Kimball offers a range of suggested route options sometimes even several at the same site for runners of all skill levels He also provides important practical information such as the full distance of the suggested route a difficulty rating the trail style and type the total ascent and directions along with a detailed description of the trail itself The trails included vary in difficulty and terrain type and range from low elevations in the Connecticut River Valley to as high as 4 000 feet at Killington Peak This indispensable book is the perfect companion for adventurous runners and hikers interested in exploring southern Vermont Henry Knox and the Revolutionary War Trail in Western Massachusetts Bernard A. Drew, 2012-01-23 During the winter of 1776 in one of the most amazing logistical feats of the Revolutionary War Henry Knox and his teamsters transported cannons from Fort Ticonderoga through the sparsely populated Berkshires to Boston to help drive British forces from the city This history documents Knox s precise route dubbed the Henry Knox Trail and chronicles the evolution of an ordinary Indian path into a fur corridor a settlement trail and eventually a war road By recounting the growth of this important but under appreciated thoroughfare this study offers critical insight into a vital Revolutionary supply route Fifty Places to Run Before You Die Chris Santella, 2018-03-20 A breathtaking guide to the world's fifty best places to run as chosen by experts who ve been there The beautiful thing about running is that all vou need is a trusty pair of shoes and a little determination When you can practice a sport almost anywhere from your own neighborhood to courses across the world where do you begin In Fifty Places to Run Before You Die Chris Santella gathers fifty bucket list recommendations from some of the running world's most accomplished leaders and athletes including ultra runner and record breaker Jim Walmsley Runner's World chief running officer Bart Yasso NPR star Peter Sagal race director of the Boston Marathon Dave McGillivray U S Olympian Magdalena Lewy Boulet and internationally recognized endurance athlete Dean Karnazes Featuring a mix of popular foot races such as marathons 10Ks and endurance runs and scenic trails off the beaten path this book divulges what makes each venue unique offering firsthand anecdotes and practical advice for those who aspire to run there Discover incredible events and trails both national and international including the Ultra Trail du Mont Blanc in France the New York City Marathon the Vancouver Sun Run the Grand Canyon the Dolomites in Italy and the Great Ocean Road Marathon in Australia Fifty Places to Run Before You Die is the essential travel companion for runners of all levels who seek to conquer new terrain while breaking personal records Explorer's Guide Berkshire Hills & Pioneer Valley of Western Massachusetts Christina Tree, William Davis, 2011-06-27 This revised and updated guide provides the best lodging dining and activity suggestions for New England's most inviting region for lovers of the arts Seasoned travel writers Christina Tree and William Davis tell you everything you need to know about this naturally beautiful and culturally rich region As they lead you across the Mohawk Trail and along scenic drives you ll visit must see performing

arts festivals museums wineries antiques shops nature preserves and the best places to stay and to eat from 4 star Massachusetts & Western Connecticut Adventure Guide Elizabeth Dugger, 2009 I restaurants to classic diners bought this travel guide out of curiosity when I went back home to visit my parents I grew up in N H went to school at UCONN and spent a lot of time in Massachusetts so I am familiar with the area Sometimes when you live in a place however you take your home for granted and don't see the sights in your back yard Traveling 1500 miles back home however I felt like I needed to get my moneys worth the sure sign of a native east coaster This book led me to some incredible old towns and restaurants and shops that I had missed while living there I highly recommend the book It was great to have it on my laptop because after work I was able plan the remainder of my day in a snap Amazon reviewer I ve been toting Elizabeth L Dugger s new Adventure Guide to Massachusetts Western Connecticut around for about a month now ever since I received it I had all the best intentions of being the first reviewer to publish my commentary on the travel guide but with one project after another eating up my hours I m not sure that I can claim that honor I have however really bulked up my biceps by lugging the Adventure Guide around In a word the book is massive and before I ever lifted the cover I was perplexed as to how Dugger could possibly have found enough bungee jumping cliff diving and vine swinging type adventures in the stately and somewhat subdued states of Massachusetts and Connecticut to fill 496 pages When I opened to page 113 to find a section on Antique Shopping on Cape Cod I was surprised and delighted to realize that the range of adventures Dugger suggests includes those that pose great danger only to my credit card balance In the book s introduction Dugger explains that adventure travel doesn t have to mean hanging from a cliff by your fingernails Her enormous catalog of exciting escapes includes family friendly ideas outdoor fun for people of all ages and abilities out of the ordinary sightseeing suggestions and of course the full complement of hiking biking fishing boating and other recreational opportunities in central New England Adventure travel makes you feel alive wakes you up to yourself as well as to your surroundings Dugger explains Just being in open lands or along the coast most of the time can give you that get away feeling Adventure travel gets the blood flowing the heart pumping Also the author of the Adventure Guide to New Hampshire and the Adventure Guide to Vermont Dugger quickly debunks the notion that Massachusetts is a tamer less challenging playground than its mountainous northern neighbors After a brief introductory section that includes a short history of Massachusetts a map of and information on getting to the region road rules and safety information on such important topics as avoiding bears the book is broken up into six regional chapters the Seacoast Region Boston and Nearby Adventures Central Massachusetts the Pioneer Valley the Berkshires and the Litchfield Hills of Connecticut Within each geographic section adventures are organized in category groupings On Foot On Horseback On Wheels On Water On Snow Ice and In the Air Each chapter has information on Eco Travel and where to Stay Eat as well While the emphasis of this guide is decidedly on the outdoors and on planning a Massachusetts vacation that takes you to the lesser known attractions that the state offers it is actually one of the most

comprehensive and delightful guides to the region available While many travel guides contain the obligatory paragraph on each historic attraction and sightseeing venue the Adventure Guide to Massachusetts Western Connecticut artfully leads the traveler to those awe inspiring stimulating and unique excursions that are likely to make for a most memorable trip Detailed maps black and white photos cute graphics and sidebars on special events kid friendly and accessible spots recommended reading and mor Hiking the Berkshires Johnny Molloy,2022-09-15 Hiking the Berkshires is your guide to enjoying all of the fresh air gorgeous foliage stunning views and welcoming hikes that the Berkshires have to offer From families looking for mild walks and day hikes to more adventurous hikers looking for a strenuous summit experience up Mount Greylock or Saddle Ball Mountain author Johnny Molloy has a hike for everyone Look inside to find detailed maps color trail photos information on local outfitters lodgings and restaurants as well as details on important access roads and parking areas Wherever you want to hike in Berkshire County this guide will point you in the right direction on your adventure General Technical Report NE ,1980 Proceedings of the 1995 Northeastern Recreation Research Symposium ,1995

Redemption, Revenge, and Renewal Dave Lopardo, 2014-05-12 Youth is served in this all new collection of short stories from Dave Lopardo Enmeshed in the three main themes which comprise the title are many youngsters alone or in groups struggling to find their way in a world that is sometimes as confusing as it is hostile As with many of Lopardo s previous tales the endings are sometimes both jarring and unexpected **Library of Congress Subject Headings Library** of Congress, 2006 Hiking Massachusetts Benjamin Ames, 2014-06-03 Lace up your boots and sample 50 of the finest trails Massachusetts has to offer This hiker's paradise offers not only mountaintop vistas but also historic landmarks and pristine seashore Hike along cranberry bogs in Massasoit State Park trace the edge of a cliff overlooking the Merrimack River in Maudslay State Park follow the Appalachian Trail over Becket and Walling Mountains in October Mountain State Forest or walk the state from Rhode Island to New Hampshire on the Midstate Trail Veteran hiker and outdoor writer Ben Ames will introduce you to these trails and more Use this guide for detailed route maps for each trail accurate route profiles showing the ups and downs of each hike tips on equipment trip planning and hiking with dogs and children accurate directions difficulty ratings trail contacts and more **Backpacker**, 1992-12 Backpacker brings the outdoors straight to the reader's doorstep inspiring and enabling them to go more places and enjoy nature more often The authority on active adventure Backpacker is the world's first GPS enabled magazine and the only magazine whose editors personally test the hiking trails camping gear and survival tips they publish Backpacker's Editors Choice Awards an industry honor recognizing design feature and product innovation has become the gold standard against which all other outdoor industry awards are Backpacker, 1992-12 Backpacker brings the outdoors straight to the reader's doorstep inspiring and enabling measured them to go more places and enjoy nature more often The authority on active adventure Backpacker is the world's first GPS enabled magazine and the only magazine whose editors personally test the hiking trails camping gear and survival tips they

publish Backpacker's Editors Choice Awards an industry honor recognizing design feature and product innovation has become the gold standard against which all other outdoor industry awards are measured *The Rough Guide to the USA* Rough Guides,2014-04-01 The Rough Guide to the USA is the ultimate guide to all fifty states Whether you re planning a classic American road trip a visit to New England in the Fall or a west coast sun and surf holiday this guide is the perfect companion Packed with colour maps itineraries and route suggestions it will help you discover the best the United States has to offer from New York's museums and Chicago's skyscrapers to the deserts of the Southwest and vineyards of California With expert reviews of hotels restaurants diners and bars plus all the information you'll need on city sights and national parks you'll make the most of your American adventure with The Rough Guide to the USA Now available in ePub format

Skiing ,1985-10 Connecticut Woodlands ,2009 Motor Travel ,1923

Trail Running Western Massachusetts: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the captivating narratives that have charmed audiences this year. Trail Running Western Massachusetts: Colleen Hoovers "It Ends with Us" This touching tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Trail Running Western Massachusetts: Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic: Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a guiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and gripping novel that will keep you wondering until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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