

TO HELL AND BACK

A syringe with a flame at the tip, emitting a red laser beam, set against a dark background with molecular structures and a DNA helix.

A SURGEON'S
STORY *of* ADDICTION

*12 Prescriptions
for Awareness*

STEVEN B. HEIRD, MD, FACS

To Hell And Back A Surgeons Story Of Addiction 12 Prescriptions For Awareness

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To Hell And Back A Surgeons Story Of Addiction 12 Prescriptions For Awareness:

To Hell and Back Steven B. Heird, 2020-12-31 A candid and enlivening story of one surgeon's path from addiction to recovery Take time to nurture your soul with this honest account Gay Hendricks PhD New York Times bestselling author of *The Big Leap* *To Hell and Back* chronicles the life of Dr Steven B Heird and the battle with addiction that put his loving family booming medical practice and years of education at risk After a spiritual awakening in a rehabilitation hospital he began to see light and love in all places finally able to identify the things that made him experience true happiness In addition to sharing his own harrowing yet hope filled journey Heird offers twelve unique prescriptions intended to guide readers on their own path to awareness Once you read this book you will have something refillable that will never run out for a life you absolutely love living This book is medicine for your soul Mary Morrissey bestselling author of *Brave Thinking* *The Advocate* , 2005-09-27 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States **Los Angeles Magazine** , 2005-07 Los Angeles magazine is a regional magazine of national stature Our combination of award winning feature writing investigative reporting service journalism and design covers the people lifestyle culture entertainment fashion art and architecture and news that define Southern California Started in the spring of 1961 Los Angeles magazine has been addressing the needs and interests of our region for 48 years The magazine continues to be the definitive resource for an affluent population that is intensely interested in a lifestyle that is uniquely Southern Californian *The Advocate* , 2001-08-14 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States The Boston Globe Index , 1996 The Video Source Book , 1992 Best Life , 2008-06 Best Life magazine empowers men to continually improve their physical emotional and financial well being to better enjoy the most rewarding years of their life **Ebony** , 2002-09 EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine The Advocate , 2002-11-12 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States New Books on Women and Feminism , 2002 **From Harvard to Hell...and Back** Sylvester Sviokla, Kerry Zukus, 2013-07-16 A Harvard educated doctor loses everything but gains his life Now he bring the message of recovery to other addicts Dr Sylvester Skip Sviokla lived life as a successful driven athletic and brilliant graduate of Harvard Medical School reveling in wealth and glamour as a celebrity doctor until addiction brought his life crashing down This real life Dr House had it all he thought until addiction took everything Miraculously recovery gave him back his family his self respect and much more The media is filled with celebrity addiction stories so people will be drawn to the author's experience as a doctor to the stars Having attended the most famous university and medical school in the world Dr Sviokla's story will also be relevant to a larger audience including medical professionals and those seeking

answers about addiction Sylvester Skip Sviokla III MD is a 1967 graduate of Harvard College where he was a two year starter on the football team culminating in his receiving one vote for the 1966 Heisman Trophy and an offer to try out for the Chicago Bears and a 1972 graduate of Harvard Medical School He was owner and medical director of Skip Sviokla Entertainment Medicine Inc and of Medical Weight Management Inc in Massachusetts Kerry Zukus is an alumnus of Berklee College of Music in Boston where he studied composition and arranging while appearing as an actor in theaters all over New England **To Hell and Back** ,1995* **The Advocate** ,2004-08-17 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States To Hell and Back Again Matt Tipple,2022-12-16 To Hell and Back Again An Insight into Addiction is a collection of journal entries that were written by Leona Mae Peters during her six month stay at a drug rehabilitation facility in Orlando Florida These entries detail her early years her coming of age and the abuse she suffered at the hands of many before her issues with addiction began She describes her on again off again relationship with drugs and alcohol and discusses her hopes and dreams for the future once making it through her rehabilitation

Immerse yourself in heartwarming tales of love and emotion with Crafted by is touching creation, Tender Moments: **To Hell And Back A Surgeons Story Of Addiction 12 Prescriptions For Awareness** . This emotionally charged ebook, available for download in a PDF format (PDF Size: *), is a celebration of love in all its forms. Download now and let the warmth of these stories envelop your heart.

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