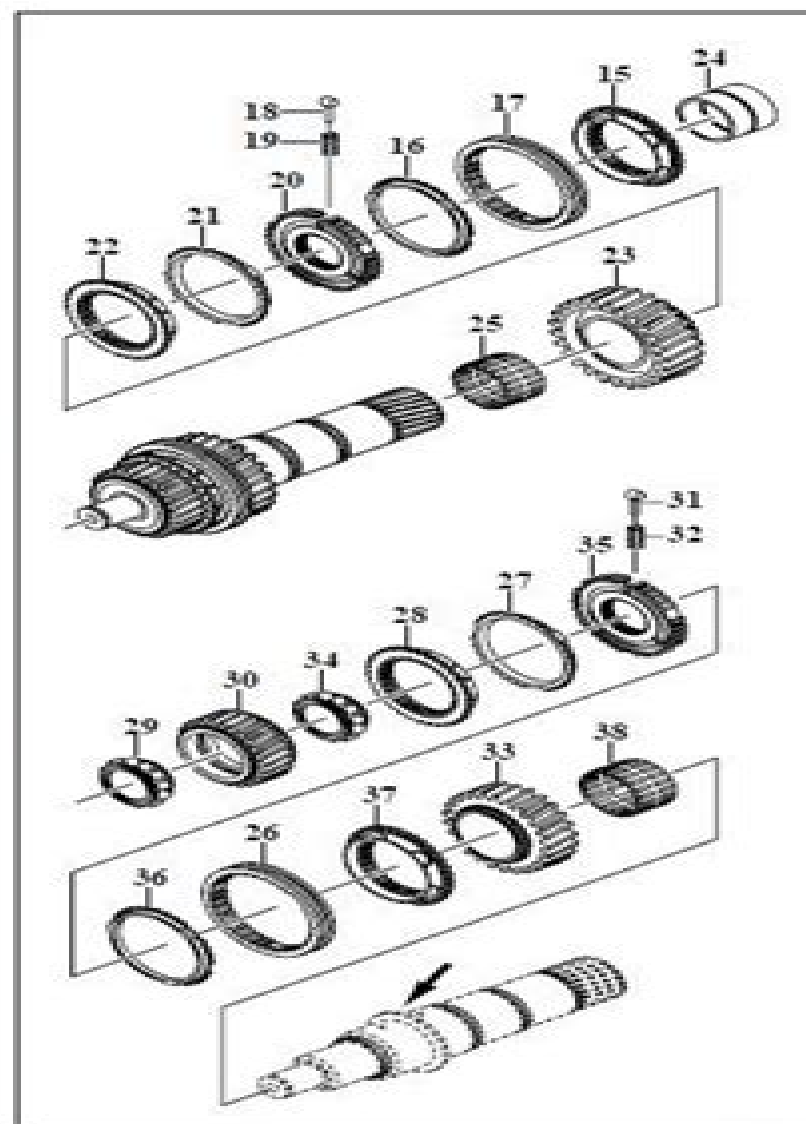


- 12 Remove clutch body (15) and synchronizer ring (16).
 - 13 Remove sliding sleeve (17).
- NOTE**
Use cloth to catch released pressure pieces (18) and compression springs (19) when pulling off sliding sleeve.
- 14 Place two-leg or three-leg puller on 2nd speed helical gear (23). Pull off helical gear together with bush (24), clutch body (22), synchronizer ring (21) and synchronizer hub (20). Use adapter.
 - 15 Remove needle cage (25).
 - 16 Clamp output end of mainshaft.
 - 17 Attach 2- or 3-leg puller underneath sliding sleeve (26) and pull off synchronizer ring (27, clutch body (28), roller bearing (29) and helical gear (30). Use adapter.
- NOTE**
Use cloth to catch released pressure pieces (31) and compression springs (32) when pulling off sliding sleeve.
- 18 Remove pressure pieces and springs. Attach 2- or 3-leg puller underneath 3rd-speed helical gear (33) and pull off together with roller bearing (34), synchronizer hub (35), synchronizer ring (36) and clutch body (37). Use adapter.

CAUTION

Do not attach puller to mainshaft collar (see arrow).

- 19 Remove needle cage (38).



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R Sanford



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web april 9 2023 hoopcoach basic slides of a 1 3 1 quarter court trapping zone defense this is a good defense to use out of a timeout or to just keep your opponent on their toes on offense i always liked to use it out of timeouts or after running a two guard top zone defense for a while

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web when your team is playing defense a half court trap can effectively disrupt the other team s offense and force them into turnovers a half court trap is when two defenders pressure the ball handler in the frontcourt while the other three defenders drop back and zone up the rest of the court the idea is to force the ball handler into making

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web dec 9 2019 diagram 1 player positioning here are the initial positions and responsibilities for the half court trap x1 typically the point guard this player should pick up the ball handler at about 3 4 x1 should not crowd or play the handler too tight

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web feb 13 2018 the 1 2 2 half court trap is one of the bread and butter defensive tactics every coach will utilise at least sometime in their coaching career the 1 2 2 half court trap provides further options for a coach to utilise in breaking an offensive team s rhythm and style of play no team likes to play against a trapping defence

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web this 2 3 half court trapping system has very simple rules and allows players to be aggressive and force turnovers while also forcing tempo i have found this defense to be very beneficial to my varsity team and i think it is best utilized as a second defense to a solid man to man

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web jun 4 2023 about the buzz the buzz or twilight zone is a very aggressive and intensive style of defense the idea of this half court trap zone is to force a quick play risky lob passes and players to use their fundamental skills to attack the basket immediately instead of running plays

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web man to man d m2m is the best add this half court trapping strategy to your defense to create more turnovers and fast break points