



Beatriz Caiuby Labate  
Clancy Cavnar Editors

# The Therapeutic Use of Ayahuasca

 Springer



# The Therapeutic Use Of Ayahuasca

**Karin Nielsen-Saines**



## **The Therapeutic Use Of Ayahuasca:**

**The Therapeutic Use of Ayahuasca** Beatriz Caiuby Labate, Clancy Cavnar, 2013-11-22 This book presents a series of perspectives on the therapeutic potential of the ritual and clinical use of the Amazonian hallucinogenic brew ayahuasca in the treatment and management of various diseases and ailments especially its role in psychological well being and substance dependence Biomedical and anthropological data on the use of ayahuasca for treating depression PTSD and substance dependence in different settings such as indigenous contexts neo shamanic rituals contemporary therapeutic circles and in ayahuasca religions in both South and North America are presented and critiqued Though multiple anecdotal reports on the therapeutic use of ayahuasca exist there has been no systematic and dense reflection on the topic thus far The book brings the therapeutic use of ayahuasca to a new level of public examination and academic debate The texts in this volume stimulate discussion on methodological ethical and political aspects of research and will enhance the development of this emergent field of studies

**The Internationalization of Ayahuasca** Beatriz Caiuby Labate, Henrik Jungaberle, 2011 This is a fascinating compilation of medical psychological and sociological papers on the spread of ayahuasca use in Brazil and in several European countries Germany France Italy Spain Netherlands as well as the USA highly recommended for serious students of this subject Ralph Metzner Ph D psychologist and author of Sacred Vine of Spirits Ayahuasca provides reliable information that has never before appeared in print ranging from the rain forests of the Amazon to the churches in Western Europe like it or not ayahuasca has left the jungle and is here to stay Read this book and you will understand the importance of its arrival on the global scene Dr Stanley Krippner Ph D Alan Watts Professor of Psychology Saybrook U a detailed consideration of the legal situation of ayahuasca as well as a multidisciplinary assessment of the health implications of its use a must read for anyone attempting to understand the global implications of ayahuasca today Dr Michael Winkelman M P H Ph D author of Shamanism A Biopsychosocial Paradigm of Consciousness and Healing Series Performances Intercultural Studies on Ritual Play and Theatre Performanzen Interkulturelle Studien zu Ritual Spiel und Theater Vol 16

**Evidence-Based Herbal and Nutritional Treatments for Anxiety in Psychiatric Disorders** David Camfield, Erica McIntyre, Jerome Sarris, 2016-11-29 This book presents the current clinical evidence on the efficacy of herbal and nutritional treatments for anxiety that is experienced in association with psychiatric disorders and explains how health professionals can apply this knowledge to the benefit of patients presenting with a wide range of symptoms including comorbid mood disorders All chapters are written by world leading researchers who draw on the findings of human clinical trials to provide uncompromising assessments of individual treatments including herbal anxiolytics with sedative actions adaptogens cognitive anxiolytics and nutraceuticals Traditional treatments requiring further study including the plant based psychotropic Ayahuasca and other phytotherapies of potential value in the treatment of anxiety are also reviewed In the closing chapters a series of helpful case studies are provided by mental health clinicians in order to illustrate how herbal and nutritional treatments can best be integrated into

an overall treatment plan for individuals with a range of comorbid diagnoses Mental health professionals researchers and general readers will find that the book provides an excellent review of current scientific knowledge gained from the study of herbal and nutritional treatments together with important clinical recommendations for their use in patients experiencing clinically significant levels of anxiety

**Advances in Psychedelic Medicine** Michael J. Winkelman, Ben Sessa MD, 2019-03-22 Researchers program administrators and practicing clinicians explain the most recent developments in using psychedelic substances to treat psychological physiological and social problems More than a decade ago the U S government lifted its ban on all testing of psychedelic substances Winkelman and Sessa now provide updated scientific research and applications of these substances now moving into approved categories of medicine The text is an up to date assessment of the latest advances in the field of psychedelic medicine covering the use of LSD psilocybin MDMA ayahuasca and other substances to augment psychotherapies for a range of disorders It discusses medical and psychiatric concerns clinical efficacy and safety ethical considerations and neuroscience findings regarding the psychedelic compounds Topics covered include an overview of psychiatric applications of psychedelics treatments for addictions and depressive disorders effects of psychedelics on inflammation and neuroplasticity evidence for clinical applications of DMT ayahuasca and cannabidiol psychedelic treatment of sociopathic disorders microdosing psychedelics training psychedelic therapists and community based harm reduction approaches to managing psychedelic crises

*Can Psychedelic Therapies open a New Frontier in Mental Healthcare (Or Will the Bubble Burst?)* Antonio Metastasio, Graham Campbell, Renee Harvey, Peter Schuyler Hendricks, Joanna Caroline Neill, Katrin H. Preller, 2022-09-05

*Psychedelics as Psychiatric Medications* David Nutt, David Castle, 2023-03-07 There is substantial contemporary interest in psychedelic agents as medicines for maladies of the mind This follows research in the 1950s and 1960s exploring the use of LSD and other psychedelics to treat a range of psychiatric illnesses as well as addictions This research was shut down after prohibition of these drugs however the last decade has seen a major renewal of interest in the therapeutic use of psychedelics and related drugs in psychiatry Psilocybin found in magic mushrooms has been used effectively for amelioration of distress in people with depression anxiety in the context of potentially life ending cancers as well as for treatment resistant depression and also addictions MDMA ecstasy has shown efficacy for severe post traumatic stress disorder with enduring benefit Other psychedelics both plant derived e g ayahuasca and synthetically produced e g LSD are also being investigated for their potential therapeutic value These agents not only herald a new neurobiology but also allow an integration of psychotherapy with biological compounds that is truly novel and that challenges established psychiatric practice Furthermore the action of these agents on the brain allows an exploration of how the brain works to open up to psychotherapeutic healing Published as part of the Oxford Psychiatry Library series the book provides an overview of this hugely exciting field covering the history of psychedelics clinical aspects risks and side effects precautions and processes

**Religion, Drug, or Cult?** Henrique Fernandes Antunes, 2025-11-19 This book

explores the emergence of the religious use of ayahuasca as a subject of public interest and state intervention in Brazil the United States and France In Brazil since the 1980s ayahuasca use has been permitted by the National Council on Drug Policies exclusively for religious purposes In the late 2000s public policies shifted from drug control to cultural heritage following demands by groups from Acre for recognition of their practices as intangible heritage In the United States two Brazilian religions União do Vegetal UDV and Santo Daime as well as two non Christian churches the Church of the Eagle and the Condor and the Church of the Celestial Heart secured the legal right to use ayahuasca Through legal battles and settlements they obtained exemptions from the Controlled Substances Act CSA under the Religious Freedom Restoration Act RFRA In France ayahuasca was banned in 2005 just three months after a Santo Daime group successfully appealed drug charges Today ayahuasca remains illegal groups are often labeled as dangerous cults and seen as threats to French republican ideals Inspired by the anthropology of secularism and the sociology of public problems the book examines how terms like religion cult drug hallucinogen and cultural heritage are mobilized by various actors in public disputes to shape perceptions and influence policy It draws on legal cases public policies legislation academic literature social media institutional documents and interviews with key figures involved in regulatory debates The central thesis ayahuasca as a lens to understand how states define religion and determine legitimate religious practice offers fresh perspectives on the intersections of religious freedom drug policy and state authority Bridging multiple disciplines the book contributes to debates on law and religion and to a deeper understanding of how democracies manage minority faiths cultural rights and the boundaries of state intervention

**Innovations in the Treatment of Substance Addiction** André Luiz Monezi Andrade, Denise De Micheli, 2016-10-06 Emerging approaches to treating addictions and minimizing relapse are spotlighted in this idea packed volume as alternatives or adjuncts to standard psychological and pharmacological therapies Its biopsychosocial perspective delves into the causes and processes of chemical dependence and the clinical characteristics it shares with other addictions e g food sex gambling online activities to identify client needs that substance abuse may fulfill Accordingly the diverse modalities featured here address substance addiction on multiple levels offering clients physical or mental stimulation and or emotional relief as well as affording different degrees of autonomy Methods can be mixed and matched to reinforce treatment goals and clinicians can tailor treatment to individual issues and interests to assure clients nuanced and meaningful care Included in the coverage Use of herbal medicine to treat drug addiction EMDR therapy and the treatment of substance abuse and addiction Evaluating the change processes in drug users interventions Web based interventions for substance abuse Physical exercise and treatment of addiction Mindfulness to reduce the anxiety during the abstinence Neurofeedback to deal with craving and anxiety symptoms Psychologists psychiatrists clinical social workers and addiction counselors and educators will find **Innovations in the Treatment of Substance Addiction** a valuable sourcebook for understanding addiction and intervention in its wider context

**Psychedelic Sociality: Pharmacological and**

**Extrapharmacological Perspectives** Leor Roseman, Michael James Winkelman, Katrin H. Preller, Evgenia Fotiou, 2022-08-25

*Handbook of Medical Hallucinogens* Charles S. Grob, Jim Grigsby, 2022-11-07 This handbook reviews promising applications of psychedelics in treatment of such challenging psychiatric problems as posttraumatic stress disorder major depression substance use disorders and end of life anxiety Experts from multiple disciplines synthesize current knowledge on psilocybin MDMA ketamine and other medical hallucinogens The volume comprehensively examines these substances neurobiological mechanisms clinical effects therapeutic potential risks and anthropological and historical contexts Coverage ranges from basic science to practical clinical considerations including patient screening and selection dosages and routes of administration how psychedelic assisted sessions are structured and conducted and management of adverse reactions

*Down the rabbit hole - the psychological and neural mechanisms of psychedelic compounds and their use in treating mental health and medical conditions* Leehe Peled-Avron, Holly Hamilton, Aimilia Lydia Kalafateli, Josh Woolley, Jacob Aday, 2024-06-20 Psychedelic compounds use has a rich and complicated history spanning through ancient cultures modern medical use cultural movements and national and international politics With the latest resurgence of use of these compounds in mental health and medical conditions we are just scratching the surface of understanding the mechanisms that underlie these drugs effects and their ways of action in the single body and in society as a whole **Mothership** Greg

Wrenn, 2024-03-26 A dazzling evidence based account of one man's quest to heal from complex PTSD by turning to endangered coral reefs and psychedelic plants after traditional therapies failed and his awakening to the need for us to heal the planet as well Professor Greg Wrenn likes to tell his nature writing students The ecological is personal and the personal is ecological What he's never told them is how he's lived out those correspondences to heal from childhood abuse at the hands of his mother Weaving together memoir and cutting edge science Mothership is not just a queer coming of age story It's a deeply researched account of how coral reefs and a psychedelic tea called ayahuasca helped Greg heal from complex PTSD a disorder of trust which makes the very act of bonding with someone else panic inducing From the tide pools in Florida where he grew up to Indonesia's Raja Ampat archipelago and the Amazon rainforest this is his search for wholeness when talk therapy and pharmaceuticals did little to help Along the way as his ecological conscience wakes up he takes readers underwater to the last pristine reefs on earth and into the psyche Written with prophetic urgency Mothership ultimately asks if doses of nature will be enough to save us before it's too late *Plant Medicines, Healing and Psychedelic Science* Beatriz Caiuby Labate, Clancy Cavnar, 2018-04-28 This is a book about the intersections of three dimensions The first

is the way social scientists and historians treat the history of psychiatry and healing especially as it intersects with psychedelics The second encompasses a reflection on the substances themselves and their effects on bodies The third addresses traditional healing as it circles back to our understanding of drugs and psychiatry The chapters explore how these dimensions are distinct but deeply intertwined themes that offer important insights into contemporary healing practices The

intended audience of the volume is large and diverse neuroscientists biologists medical doctors psychiatrists psychologists mental health professionals interested in the therapeutic application of psychedelic substances or who work with substance abuse depression anxiety and PTSD patients and practitioners of complementary and alternative medicine ethnobotanists and ethnopharmacologists lawyers criminologists and other specialists in international law working on matters related to drug policy and human rights as well as scholars of religious studies anthropologists sociologists and historians social scientists concerned both with the history of science medicine and technology and concepts of health illness and healing It has a potentially large international audience especially considering the increasing interest in psychedelic science and the growing spread of the use of traditional psychoactives in the West

**Religious Pluralism and Law in Contemporary Brazil** Paula Montero,Camila Nicácio,Henrique Fernandes Antunes,2023-12-28 This book represents a unique contribution to understanding the interactions between law and religion in contemporary Brazil It analyzes how the regulation of religions according to the classical notion of secularism has become a source of tensions since the 1990s Against this background the respective chapters demonstrate on the basis of various case studies how the constitutional principle of pluralism introduced by the 1988 federal constitution after a military dictatorship has been addressed by new political actors such as religious leaders parliamentarians influencers state representatives and activists In particular the chapters demonstrate how the mobilization of legal language notably the language of human rights has become fundamental to developing and consolidating new political agendas concerning secularism tolerance freedom of expression gender and sexuality family and cultural heritage In the authors approach human rights assume a central role in social disputes as a language in which actors constitute themselves as rights subjects form activist networks and pursue their goals by expressing themselves in public Given its focus and scope the book will be of interest to all scholars seeking to understand the relationships between diversity and the regulation of religious practices in plural societies where the classical notion of secularism continues to show its limitations

**Listening to Ayahuasca** Rachel Harris,2017-02-15 When National Geographic Adventure published an article in 2006 about the powerful antidepressant effects of ayahuasca the piece received a phenomenal reader response That article struck a chord with psychotherapist Rachel Harris who had encountered many clients unresponsive to traditional therapy and antidepressant protocols Used for more than 8 000 years in the Amazon rainforest ayahuasca is a powerful and illegal psychedelic that has distressing gastrointestinal side effects Yet Harris found many willing to try it so deep was their suffering Harris here shares her original research the largest study of ayahuasca use in North America into its effects on depression anxiety and PTSD along with her own personal experiences By detailing ayahuasca s risks and benefits she aims to help those driven to investigate ayahuasca to do so safely and to give their psychological caregivers a template for transformative caring and healing

**Latin American Culture and the Limits of the Human** Lucy Bollington,Paul Merchant,2020-03-18 This volume explores works from Latin American literary and visual culture that question what it

means to be human and examine the ways humans and nonhumans shape one another In doing so it provides new perspectives on how the region challenges and adds to global conversations about humanism and the posthuman Contributors identify posthumanist themes across a range of different materials including an anecdote about a plague of rabbits in *Historia de las Indias* by Spanish historian Bartolom de las Casas photography depicting desert landscapes at the site of Brazil's War of Canudos and digital and installation art portraying victims of state sponsored and drug violence in Colombia and Mexico The essays illuminate how these cultural texts broach the limits between life and death human and animal technology and the body and people and the environment They also show that these works use the category of the human to address issues related to race gender inequality necropolitics human rights and the role of the environment Latin American Culture and the Limits of the Human demonstrates that by focusing on the boundary between the human and nonhuman writers artists and scholars can open up new dimensions to debates about identity and difference the local and the global and colonialism and power Contributors Natalia Aguilar V squez Emily Baker Lucy Bollington Liliana Chavez Diaz Carlos Fonseca Niall H D Geraghty Edward King Rebecca Kosick Nicole Delia Legnani Paul Merchant Joanna Page Joey Whitfield

**Seeking the Sacred with Psychoactive Substances** J. Harold Ellens, 2014-10-28 Can drugs be used intelligently and responsibly to expand human consciousness and heighten spirituality This two volume work presents objective scientific information and personal stories aiming to answer the question The first of its kind this intriguing two volume set objectively reports on and assesses this modern psycho social movement in world culture the constructive medical use of entheogens and related mind altering substances Covering the use of substances such as ayahuasca cannabis LSD peyote and psilocybin the work seeks to illuminate the topic in a scholarly and scientific fashion so as to lift the typical division between those who are supporters of research and exploration of entheogens and those who are strongly opposed to any such experimentation altogether The volumes address the history and use of mind altering drugs in medical research and religious practice in the endeavor to expand and heighten spirituality and the sense of the divine providing unbiased coverage of the relevant arguments and controversies regarding the subject matter Chapters include examinations of how psychoactive agents are used to achieve altered states in Judaism Christianity Islam and Buddhism as well as in the rituals of shamanism and other less widely known faiths This highly readable work will appeal to everyone from high school students to seasoned professors in both the secular world and in devoted church groups and religious colleges

**Mapping the Amazon** Amanda M. Smith, 2021 By tracing the political and ecological consequences of charting the Amazon River basin in narrative fiction Mapping the Amazon examines how widely read twentieth century novels by Jos Eustasio Rivera R mulo Gallegos Mario Vargas Llosa Cesar Calvo M rcio Souza and M rio de Andrade have both represented and shaped the region long after publication

*In Substance* Fabio Lugoboni, Lorenzo Zamboni, 2025-10-13 In Substance is a comprehensive handbook on the topic of addiction The book explores the phenomenon of substance and behavioral addictions in its entirety

from scientific research to clinical practice intertwining neurobiological psychological social and therapeutic perspectives With contributions from more than one hundred Italian and international authors the volume examines the complex nature of addictive behaviors and their many forms from substance use disorders to emerging behavioral addictions as well as the latest approaches to treatment and prevention In Substance was conceived to fill a gap in the Italian landscape offering an updated and accessible collection of current knowledge on addiction and recovery pathways It combines scientific rigor with human depth making it an essential resource for mental health professionals addiction specialists students and anyone seeking a deeper understanding of vulnerability self control and change

**The Sage Encyclopedia of Mood and Anxiety Disorders** Dara G. Friedman-Wheeler, Amy Wenzel, 2024-10-15 Mood and anxiety disorders are among the most prevalent disorders covered in courses on psychological distress and disorders and encountered by mental health professionals The SAGE Encyclopedia of Mood and Anxiety Disorders will provide students and other interested readers with a comprehensive and accessible reference for understanding these disorders with respect to their phenomenology etiology and treatment through an inclusive lens that consistently considers how these symptoms appear and are construed across cultures addressing societal factors such as race culture equity and oppression Readers will become familiar with past and current approaches and theories and will enhance their understanding of the sociocultural factors that affect how we discuss approach and treat these types of psychological distress As such consideration of these factors will infuse this three volume set

The Top Books of the Year The Therapeutic Use Of Ayahuasca The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels enthralling the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the engaging narratives that have enthralled audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This poignant tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Uncover the Best : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens' "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and suspenseful novel that will keep you guessing until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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