Working with Children and Adolescents in Residential Care

A Strengths-Based Approach

Bob Bertolino



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Working With Children And Adolescents In Residential Care A Strengths Based Approach:

Working with Children and Adolescents in Residential Care Bob Bertolino, 2015-02-20 Working with Children and Adolescents in Residential Care A Strengths Based Approach is written for professionals who work with children and youth in out of home placements be they social services workers child welfare or family court workers educators or mental health professionals in general The book offers an approach that professionals can use to positively impact the lives of young people in residential facilities. The book emphasizes the strengths and abilities of young people from the assessment phase of treatment through discharge and helps readers to take into account the views and actions of youth in order to provide clients appropriate services This new volume includes sections on principles of effective youth care work personal philosophy positive youth development teamwork staffings and crisis management Working with Children and Adolescents in Residential Care Bob Bertolino, 2015-02-20 Working with Children and Adolescents in Residential Care A Strengths Based Approach is written for professionals who work with children and youth in out of home placements be they social services workers child welfare or family court workers educators or mental health professionals in general The book offers an approach that professionals can use to positively impact the lives of young people in residential facilities The book emphasizes the strengths and abilities of young people from the assessment phase of treatment through discharge and helps readers to take into account the views and actions of youth in order to provide clients appropriate services This new volume includes sections on principles of effective youth care work personal philosophy positive youth development teamwork staffings and crisis management Family Therapy with Adolescents in Residential Treatment Jacob D. Christenson, Ashley N. Merritts, 2017-03-30 This highly practical resource integrates the powerful dynamics of family into residential treatment and outdoors based therapy for young people Recognizing both the family as the systemic base for promoting change in adolescents and the therapeutic potential of the residential wilderness setting experts show how aligning the two can enhance the healing value of the program while promoting higher standards for care Chapters describe innovative science based interventions and techniques for treating common behavioral and emotional problems along a continuum of family involvement and separation to address issues affecting the family as well as the identified patient With its accessible ideas and compelling case studies the book ably demonstrates the critical role of family in adolescent patients successful transition to post treatment life Among the topics covered A parallel process home therapy while the adolescent or young adult is in residential care Intentional separation of families increasing differentiation through wilderness therapy Emerging family therapy models utilized in residential settings Engaging families in Outdoor Behavioral Healthcare Research on coping skills used by youth with emotional and behavioral disorders Expanding our understanding of the place of family therapy in residential treatment Family Therapy with Adolescents in Residential Treatment offers novel exciting and effective strategies and techniques for practitioners and mental health professionals particularly interested in family therapy with adolescents

and in related interventions and research **Assessment in Residential Care for Children and Youth Roy** Rodenhiser, 2013-09-13 Residential treatment for children and youth RTCY programs not only need to be explored for the efficacy of the programs but also in the actual assessment of various aspects of those programs Assessment in Residential Care for Children and Youth provides practical information on the placement of children in residential care programs the efficacy of those programs staff issues and outcomes for youths in the programs Respected authorities examine issues on assessment upon entering residential care treatment issues during care and programmatic concerns from a larger systems perspective Unlike other resources on this topic this book uniquely focuses solely on assessment The book comprehensively offers strategies and practical assessment tools addressing the full spectrum of issues from the child's or youth's entrance in residential care to their exit such as placement treatment and outcomes This valuable text is extensively referenced and includes helpful figures and tables to clearly present data Topics discussed include assessment processes and tools to enhance therapeutic childcare interventions the unique needs of GBL youth in residential care settings a strengths based assessment tool developed specifically for use in juvenile justice programs staff satisfaction rates as compared to client satisfaction development of the Staff Implementation Observation Form that assesses staff competence delivering an intervention to youth in group home care with behavioral disorders differences in two residential care giving models in providing continuity of care for youth in residential placement an assessment technique that uses the point of view of children This book is a valuable resource for Residential Administrators program directors and coordinators counselors and staff who have a role in assessing residential treatment programs for children and youth at any level This book was published as a special issue of Residential Treatment for Children and Youth Therapeutic Residential Care for Children and Youth James K Whittaker, Jorge Fernandez del Valle, Lisa Holmes, 2014-09-21 Definitive and wide ranging this international review of therapeutic residential child care covers the latest research on how it works how much it costs compared with the outcomes it delivers and how to deliver this effective form of care for the most troubled children in public care The Therapist's Notebook for Families Bob Bertolino, 2015-09-07 The Therapist's Notebook for Families Second Edition provides 72 solution oriented activities for an array of challenging problems faced by mental health professionals when working with clients The Therapist's Notebook offers clear practical easy to use exercises to help therapists work effectively and creatively with parents adolescents children and families Its solution focused perspective provides a foundation based on collaboration the utilization of client strengths and the creation of possibilities to facilitate present and future change The book is arranged in five parts with 15 fully revised and 23 brand new exercises The Quality of Life in Youth Services Scale (QOLYSS) Chris Swerts, 2022-12-14 Individual quality of life has been widely used as a frame of reference guiding service provision in social and health services as well as a critical objective or outcome of these services. Yet the topic of quality of life in the context of child and youth care remains a relatively uncharted territory This dissertation is based on a practice oriented

project that focuses on bridging the gap between research and practice on the topic of quality of life of adolescents in youth care This work concentrates on the development validation and application of a new self report tool grounded in youngsters experiences and perceptions to methodically and systematically assess the quality of life of adolescents in youth care from their own perspectives the Quality of Life in Youth Services Scale QOLYSS The QOLYSS aims to help understand how youngsters perceive evaluate and make sense of varying discrete aspects and circumstances of their lives This line of work offers valuable insights to develop person centered planning and implement individualized support tailored to youngsters characteristics perceptions of life wishes and expectations It further helps unveil critical opportunities and barriers regarding a life of quality on the different layers of everyday life of youngsters. The work presented here provides a concrete tool and a number of cross cutting implications for research practice and policy when aiming to build quality of life enhancing environments for youngsters in youth care that help them re claim ownership of their lives and care pathways Therapist's Notebook for Supervision and Training Bob Bertolino, 2023-09-21 The Therapist's Notebook for Supervision and Training provides detailed activities and exercises designed to help students and practicing therapists improve their clinical effectiveness and performance The book is divided into three parts including Structuring and Organizing the Therapeutic Encounter and contains a total of thirty seven adaptable activities Each activity is specifically designed both to introduce students and practicing clinicians to the most current research around clinical effectiveness and apply that information to various populations and settings Unlike other books which incorporate activities and exercises the activities in this volume are interconnected and earlier exercises serve as building blocks to later ones Replete with extensive and practical guidance this book is essential for those seeking to expand their therapeutic practice and improve client outcomes whether as a student clinician or supervisor Handbook of Evidence-Based Inpatient Mental Health Programs for Children and Adolescents Jarrod M. Leffler, Alysha D. Thompson, Shannon W. Simmons, 2024-08-30 This book reviews the history of inpatient psychiatric hospital IPH and acute mental health services for youth In addition it highlights current IPH care models for children and adolescents demonstrating an increase in the development and implementation of evidence based informed EBI treatments in IPH and acute care settings The book offers insights into program development implementation and measurement as well as considerations for sustainability Chapters describe interventions designed to enhance the well being of youth and their families who are experiencing a range of mental health concerns The book shares practicable strategies for measuring outcomes and applying these results to meaningful clinical outcomes in IPH and acute care settings It also provides treatment referral resources and information about the process of accessing and using such services Finally the book reviews additional treatment resources that may be necessary in the continuum of mental health care for youth Key areas of coverage include Developing and constructing the physical and safety environment of an IPH unit and suicide and safety planning Setting and monitoring treatment goals and discharge criteria Equity diversity and inclusion considerations

in psychiatric inpatient units Program operations and therapy on a psychiatric inpatient unit for youth diagnosed with neurodevelopmental disorders Disaster preparation and impact on inpatient psychiatric care The Handbook of Evidence Based Inpatient Mental Health Programs for Children and Adolescents is a must have resource for researchers professors and graduate students as well as clinicians therapists and other professionals in developmental clinical child developmental and school psychology social work public health child and adolescent psychiatry family studies pediatrics and all related Effective Counseling and Psychotherapy Bob Bertolino, Robert Bertolino, 2018-03-28 Grounded in over 50 years of outcome research this comprehensive textbook focuses on outcomes management and the principles and core strategies for delivering competent and effective therapeutic practice Applicable to all settings and models the text illuminates four foundational principles of therapeutic practice a strengths based framework collaborative practice clinician effectiveness and routine and ongoing outcome oriented clinical work The book presents strategies for identifying evoking and using client strengths to promote behavioral health It focuses on the importance of client engagement during initial interactions and describes advanced listening and attending strategies for strengthening the clinical alliance A chapter titled Matching and Classes of Interventions examines important processes for increasing client fit and improving treatment outcome Clinical dialogues vignettes sample questions anecdotes practice exercises printable forms and online resources help to reinforce content An appendix provides additional insights into outcome measures graphs and charts covered within the book and a robust instructor packet includes an instructor s manual PowerPoint slides a test bank and student exercises Key Features Describes current research and practice strategies for tracking therapeutic effectiveness Underscores the fundamental principles and core strategies for delivering effective therapy Provides specific evidence based ways to improve the benefit of therapy and therapist effectiveness Presents strategies for identifying evoking and using client strengths to promote behavioral health Delivers proven methods for monitoring client progress Includes clinical dialogues vignettes sample questions practice exercises printable forms and online resources Provides instructor s manual PowerPoint slides and test bank as well as a free digital ebook

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