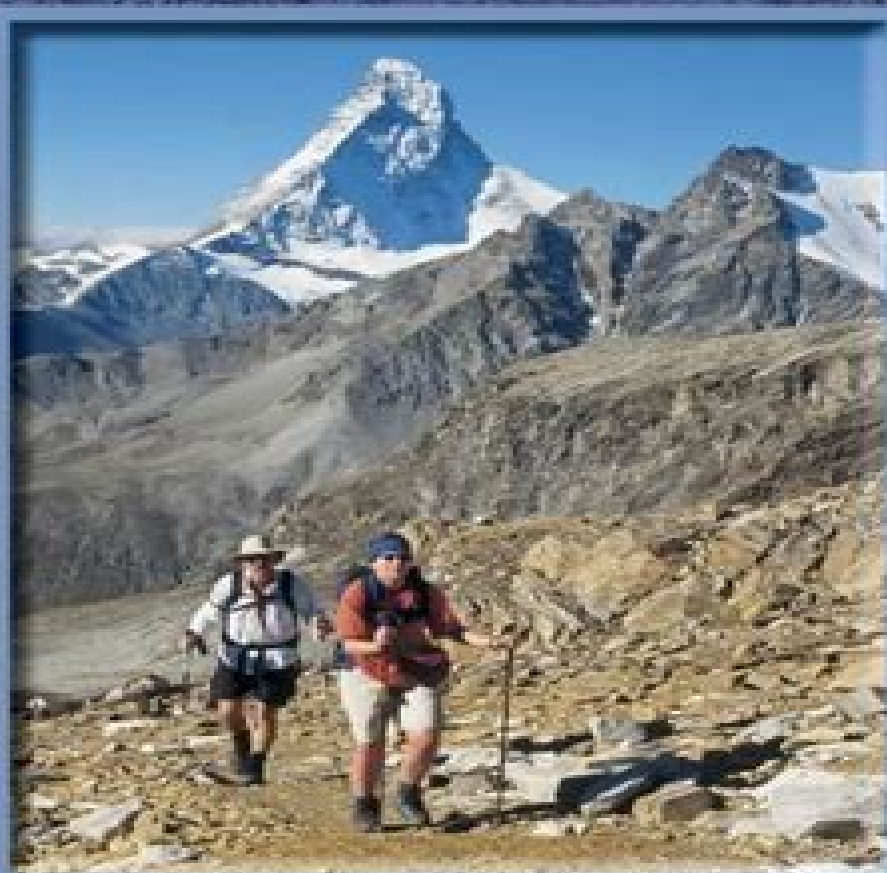


A CICERONE GUIDE
by Hilary Sharp

TOUR OF THE MATTERHORN

A TREKKING GUIDE




CICERONE

Tour Of The Matterhorn Cicerone Guides

Terry Marsh



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Tour of the Matterhorn Hilary Sharp, 2006 A guide to the 145km Tour of the Matterhorn described anti clockwise from Zermatt and visits 6 valleys via Zinal Arolla and Breuil offering spectacular views of 25 peaks of over 4000m The route also links up with the Chamonix to Zermatt walkers Haute Route and the Tour of Monte Rosa Includes two glacier crossings and takes 8 to 10 days *Trekking Chamonix to Zermatt* Kev Reynolds, 2024-03-19 A guidebook to the Walker s Haute Route a classic trek between Chamonix in France and Zermatt in Switzerland Covering 215km 134 miles this long distance trek linking Mont Blanc and the Matterhorn takes around 2 weeks and is suitable for trekkers with Alpine experience The route is described west to east in 14 stages each between 9 and 20km 6 12 miles in length The route takes in 11 passes and 14 000m of ascent with several route alternatives included allowing you to select the itinerary that suits you 1 50 000 mapping included for each stage GPX files available to download Detailed information on mountain huts facilities and refreshments along the route Advice on planning and preparation **The Swiss Alps** Kev Reynolds, 2014-01-08 This comprehensive book is an excellent planning resource for those who wish to venture into the Swiss Alps Whether you are planning a walk scramble climb or ski tour this larger format guide describes each mountain area throughout Switzerland the peaks passes valleys and bases to help readers identify the best destinations for their chosen mountain activity Dozens of individual valleys are described together with the mountains that wall them with recommendations given for their finest walks treks and climbs Working eastwards across the country this guide is divided into seven chapters Chablais Alps Pennine Alp Lepontine and Adula Alps Bernina Bregaglia and Albula Alps Bernese Alps Central Swiss Alps and the Silvretta and Ratikon Alps each devoted to a specific range or group of connecting ranges However this is not a route guide and detailed descriptions are not provided The aim of the book is to inspire as well as inform to show first time visitors just what the Swiss Alps have to offer and provide a new perspective for those who have been before **The tour of monte rosa** Hilary Sharp, 2015 This guide provides eight stages of route description and comprehensive planning and background details to the Tour of Monte Rosa a challenging and very varied adventure that takes a high route around the massif in a circuit that begins and ends in Zermatt southern Switzerland Situated on the Swiss Italian frontier the spectacular Monte Rosa range boasts 10 summits over 4000m and is the largest massif in western Europe Spectacular from all angles this mountaineer s paradise of true wilderness allows walkers to experience a remoteness rarely found in the Alps The spectacular scenery is not all that the tour offers the contrast between the Swiss and Italian sides of the range adds immeasurably to the whole experience and walkers are advised to take the time to explore some of the charming hamlets and villages found en route and to savour fully the different food and drink history and culture that make up this alpine region *Trekking the Robert Louis Stevenson Trail* Nike Werstroh, Jacint Mig, 2021-02-15 Robert Louis Stevenson s Travels with a donkey in the C vennes is a classic of travel literature The GR70 long distance trail is based on the author s route allowing walkers to follow in the footsteps of Stevenson

and his four legged companion Modestine through the beautiful C vennes region on the edge of France s Massif Central The route is ideal for both first time trekkers and more experienced hikers covering around 272km of gently undulating countryside from Le Puy en Velay to Al s It can be completed in under a fortnight The trail is presented in 12 stages of 16 to 30km each with clear route description and mapping an elevation profile notes on local points of interest and a brief account of Robert Louis Stevenson s experiences on that section of the route There is useful advice for planning your trip including when to go what to take and how to get there and accommodation listings Following drove roads bridleways and footpaths the GR70 showcases the landscapes of the C vennes wildflower meadows rolling hills chestnut woods limestone gorges and meandering rivers Characterful villages provide accommodation and other services and offer an opportunity to sample the delicious local produce There are also glimpses into the region s fascinating history from pre historic burial sites to locations associated with the eighteenth century Protestant Camisards who resisted religious persecution While many things have undoubtedly changed since Stevenson s visit the area retains its authentic rural charm and you will soon discover just why Stevenson found it so appealing

Walking in the Alps Kev Reynolds,2011-07-21 The second edition of this classic guidebook by Kev Reynolds on walking and trekking in the Alps This book is a definitive guide to the many thousands of possible routes with a geographical span that ranges from the Maritime Alps of southern France to the Julians of Slovenia from Italy s Gran Paradiso to the little known T rnitzer Alps of eastern Austria and from the ice bound giants of the Bernese Oberland to the green rolling Kitzb heler Alps and the bizarre towers of the Dolomites of South Tirol showing the amazing diversity of this wonderful mountain chain There are walks to suit every taste gentle and undemanding long and tough and everything in between Written by Britain s most respected authority on the Alps this is a fully updated edition of this important book

Trekking the Tour du Mont Blanc Kev Reynolds,Lesley Williams,Jonathan Williams,2024-11-26 A guidebook to hiking the Tour du Mont Blanc TMB a spectacular circuit around Mont Blanc Covering 170km 105 miles the TMB takes around 11 days to walk from its official start at Les Houches France passing through Courmayeur Italy and Champex Switzerland before returning to France via the Chamonix valley A well serviced introduction to high level mountain trekking for walkers with good levels of fitness it can also be run fastpacked or hiked in 5 9 days The route is described in both directions in 11 daily stages between 7 and 21km 5 13 miles in length Variant routes and alternative stages are also provided giving the option of visiting cols refuges and viewpoints not included on the official TMB route Contains step by step description of the route alongside 1 100 000 maps Handy facilities planner route summary tables and accommodation listings help you plan your itinerary Includes transport info a French English glossary notes on local history and sites of interest A map booklet containing 1 25 000 IGN mapping and route line is available separately from Cicerone GPX files available to download

Trekking in the Alps Kev Reynolds,2011-06-07 An inspirational larger format guidebook to 20 summer treks in the Alps across Italy Austria Switzerland France and Slovenia including the classics such as the Tour of Mont Blanc and

lesser known routes like the Traverse of the Slovenian Alps Perfect for planning the treks included are Tour of Mont Blanc Tour of the Matterhorn Tour of Monte Rosa Walker s Haute Route Tour of the Jungfrau Region Tour of the Vanoise and Dolomites AV 1 and 2 longer trans Alpine routes GR5 Lake Geneva to Nice Eastern Alps E5 Italian Alps GTA and the Traverse of the Slovenian Alps and for the Alpine adventurer Alpine Pass Route Tour of the Oisans Tour of the Queyras Tour of Mont Ruan Stubai High Route Zillertal High Route Gran Paradiso AV2 and the Ratikon Hoehenweg Outline schedules for each trek allow you compare the routes and become inspired to take up the challenge Basic day by day route descriptions for each route are illustrated with maps and profiles helping you choose the best routes to walk Walking in the Valais Kev Reynolds,2014-04-14 A guidebook to 111 graded day walks and 10 multi day treks in the Valais region of Switzerland Exploring the beautiful scenery of the Pennine Alps the walks are suitable for beginner and experienced walkers alike Day walks range from 3 to 19km 2 12 miles and can be enjoyed in 1 8 hours There are 10 multi day treks outlined that range from 3 to 18 days including the Tour of Mont Blanc 10 days and Walker s Haute Route 14 days Sketch maps are included Detailed information on planning mountain huts and public transport Highlights include the Swiss 4000m giants Matterhorn and Monte Rosa Easy access from Zermatt Saas Fee and Zinal 100 Hut Walks in the Alps Kev Reynolds,2014-05-06 A guidebook to 100 day walks in the Alps Exploring the beautiful Alpine scenery of France Switzerland Italy Austria and Slovenia the routes are suitable for walkers of all abilities and are perfect for walking July to September The walks range from 4 32km 2 20 miles and can be enjoyed in 1 8 hours Some walks are perfect for lunch at a hut before a return to the valley base others involve an overnight stay at a hut Suggestions for hut to hut tours are also given Sketch maps are included for each route Highlights include the Maritime Alps Julian Alps Gran Paradiso and Bernese Oberland Detailed information on planning walking in the alps and hut etiquette English French German Italian glossary Sized to easily fit in a jacket pocket

Chamonix Mountain Adventures Hilary Sharp,2012-12-20 This guidebook shows the vast range of activities available in the mountains surrounding Chamonix With routes for several different pursuits including walking trail running mountain biking road cycling via ferratas rock climbing mountaineering and bouldering it is a comprehensive collection of everything this popular region has to offer All the routes and activities range in difficulty from easy strolls for all abilities to moderate rock climbs and glacier hikes which require either technical skills or a professional guide Families groups of friends and mountaineers looking for a rest day or a change to what they re used to will all find something to whet their appetites here Chamonix has long been a dream destination for mountain adventures and its environment is ideal for such a varied list of activities This guide allows you to enjoy its spectacular views and renowned summits in many different ways or by mixing and matching your favourites Alpine Ski Mountaineering Vol 1 - Western Alps Bill O'Connor,2012-12-04 Ski mountaineering guidebook to the Western Alps including the classic Haute Route Chamonix to Zermatt tours in the Ecrins Vanoise Haute Maurienne Gran Paradiso Mont Blanc Valais and Urner Alps The European Alps offer some of the finest and most accessible

ski mountaineering in the world A combination of magnificent and varied terrain an enviable snow record excellent public transport unrivalled hut system and long ski season make them a focus for mountaineers and skiers throughout the world Volume 2 of this Alpine Ski Mountaineering series covers the Central and Eastern Alps The routes described will provide a lifetime s ski mountaineering for the average skier with rewards and challenges for all levels of ability *Walking in the Aosta Valley* Andy Hodges,2022-04-26 A guidebook to 32 walks and scrambles in the Aosta Valley Exploring the dramatic scenery of the Italian Alps there s something for both beginner and experienced walkers from short leisurely walks to scrambles and protected routes bordering on mountaineering Routes range from 4 to 20km 2 12 miles in length and can be enjoyed in 1 6 hours A handful of trail runs and via ferrata are also summarised in brief 1 50 000 maps are included for each route GPX files available to download Detailed information on accommodation public transport and wildlife Highlights include walks to Forte di Bard and Grand St Bernard Monastery **The Mountain Hut Book** Kev Reynolds,2018-04-15 This book is a celebration of mountain huts showcasing the the sheer variety and sometimes quirky nature of these buildings that allow walkers trekkers and climbers to access remote corners of the mountains Packed with entertaining stories that bring the places and people to life it contains descriptions of the author s favourite huts in the Alps along with suggestions for hut to hut tours of 3 13 days duration including the Tour of Mont Blanc It also traces the history of huts and how they have evolved from the most primitive of shelters to the often purpose built eco friendly buildings of today For the uninitiated it unravels some of the mystery of huts and explains how to use them and what facilities to expect Above all it illustrates the way in which mountain huts can be truly sociable places where like minded people can spend a night or two in the most magical of locations and share a love of wild places **Walking the Lake District Fells - Borrowdale** Mark Richards,2021-02-15 This guide describes ascents of 28 Lake District fells that can be climbed from Borrowdale and the Newlands and Thirlmere valleys including Catbells a perennial favourite and the mighty Scafell Pike Great End and Great Gable Easily accessed from Keswick Borrowdale is a valley of exquisite natural beauty with the lower wooded and heather clad slopes giving way to sweeping moors and craggy heights With such great variety within so small a vicinity the fellwalker is spoilt for choice Unlike other guidebooks which describe a single or limited number of routes to a particular destination the aim of the Walking the Lake District Fells series is to offer all the options These are presented as numbered sections which can be combined to create infinite possibilities from simple ascents to longer ridge routes You ll find the classics and popular routes alongside less traditional alternatives perfect for the wandering spirit The series gives you both the freedom to devise your own routes and the information to make informed decisions thanks to the clear descriptions of the routes terrain hazards interesting features and safe descent paths should the weather close in Also included are a handful of classic ridge routes for longer fell days Mark Richards inimitable text is complemented by HARVEY mapping and the author s own beautiful sketch topos and panoramas Perfect for keen hillwalkers and peak baggers alike and ideal both for pre planning

and use on the hill Walking the Lake District Fells is the new incarnation of the Fellranger series which sees the volumes updated and trimmed to a more practical size These true connoisseurs guides are sure to inspire you to get out and explore the beautiful fells of Lakeland For those collecting fell summits a Fellrangers hill list register can be found on the Long Distance Walkers Association website *Great Mountain Days in Snowdonia* Terry Marsh,2011-06-07 A guidebook to 40 great mountain walks and scrambles in Snowdonia The inspirational routes in this larger format book range right across the Snowdonia National Park and are divided into 8 geographical regions Snowdon and Moel Eilio the Glyderau the Carneddau Eifionydd Siabod and the Moelwynion Rhinogydd the Harlech Dome Migneint and the Arans and Cadair Idris and the Tarrens All routes are graded from moderate to strenuous and illustrated with Harvey map extracts topo diagrams by Mark Richards and lots of stunning photographs Some routes include mild scrambling or long days in rugged country and many can be enjoyed all year round The walks have been chosen to encourage you to try something new in this much loved region while at the same time offering clear descriptions of classic routes for those new to Snowdonia **Walking the Lake District Fells**

- **Coniston** Mark Richards,2021-02-15 This guide describes ascents of 24 Lake District fells that can be climbed from Coniston and the Duddon and Eskdale valleys including Coniston Old Man Swirl How Wetherlam and Dow Crag The Coniston Fells much loved for their classic ridges and wide reaching views need little introduction however to the west the less frequented summits of the Birker and Corney Fell massifs offer more great mountain and maritime vistas as well as solitude Unlike other guidebooks which describe a single or limited number of routes to a particular destination the aim of the Walking the Lake District Fells series is to offer all the options These are presented as numbered sections which can be combined to create infinite possibilities from simple ascents to longer ridge routes You ll find the classics and popular routes alongside less traditional alternatives perfect for the wandering spirit The series gives you both the freedom to devise your own routes and the information to make informed decisions thanks to the clear descriptions of the routes terrain hazards interesting features and safe descent paths should the weather close in Also included are a handful of classic ridge routes for longer fell days Mark Richards inimitable text is complemented by HARVEY mapping and the author s own beautiful sketch topos and panoramas Perfect for keen hillwalkers and peak baggers alike and ideal both for pre planning and use on the hill Walking the Lake District Fells is the new incarnation of the Fellranger series which sees the volumes updated and trimmed to a more practical size These true connoisseurs guides are sure to inspire you to get out and explore the beautiful fells of Lakeland For those collecting fell summits a Fellrangers hill list register can be found on the Long Distance Walkers Association website **Scottish Wild Country Backpacking** Peter Edwards,David Lintern,Stefan Durkacz,2022-08-15 Stunning backpacking routes in the Scottish Highlands and Islands are covered in this inspiring large format guidebook 30 routes are described ranging from 1 4 days with most suitable for a long weekend The routes are divided between the Western Highlands and Inner Hebrides the Central and Eastern Highlands the Northwest Highlands the Far North and the

Outer Hebrides They are suitable for those with the experience and self reliance to navigate proficiently and stay safe in an environment which can easily become inhospitable Although some routes visit bothies most call for at least one night s wild camping Each walk includes overview data route description and 1 100 000 mapping and they are illustrated with stunning photos An introduction offers background information about the Highlands rich geology plants and wildlife and the historical and cultural context of Scotland s wilderness There is also practical information on preparing for an incursion and advice for those looking to expand their experience of wild country backpacking The Highlands and Islands of Scotland are home to the most ruggedly beautiful expansive and challenging backpacking country in the British Isles This is a land for those who love open spaces vast horizons and the domination of nature

Hiking the Tour of Monte Rosa Maddy Williams,2025-04-14
Guidebook to hiking the Tour of Monte Rosa TMR through the Swiss and Italian Alps This 174km 108 mile circular trek is a challenging alternative to the Tour du Mont Blanc giving experienced trekkers the chance to explore some of the highest and most spectacular mountain scenery in the Alps Described in 11 daily stages of between 7.5 and 22km 4.5 13.5 miles with one alternative stage and two optional glacier crossings the route includes several iconic alpine passes GPX files available to download 1 100 000 maps included for each stage Handy route summary tables help you plan your itinerary Refreshment and accommodation information given for each trek stage Advice on planning and preparation

Walking in Zermatt and Saas-Fee Lesley Williams,Jonathan Williams,2024-02-13 A guidebook to 50 graded day walks in Switzerland s Valais Exploring the areas around the towns of Zermatt and Saas Fee in the Mattertal and Saastal valleys the walks are suitable for beginner and experienced walkers alike Walks range from 4 to 29km 3 18 miles and can be enjoyed in 2 10 hours The routes make the most of the area s extensive network of well made mountain paths and its lift system to explore Europe s highest mountains 1 50 000 maps included for each route GPX files available to download Detailed information on planning transport and amenities Highlights include the Swiss 4000m giants Matterhorn and Monte Rosa

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