

ALEJANDRO LORENTE

LA
VUELTA
CUERPO
EN 40
PUNTOS



UNA GUÍA DE
DIGITOPUNTURA
Y MEDICINA CHINA
PARA MEJORAR
SU SALUD Y ALIVIA
DOLORES RÁPIDAMENTE

✦ **EDAF**

Vuelta Al Cuerpo En Cuarenta Puntos La Plus Vitae

Alejandro Lorente García-Mauriño



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La vuelta al cuerpo en cuarenta puntos Alejandro Lorente, 2009-06-30 La milenaria medicina china ha demostrado a través de los siglos su enorme eficacia para tratar enfermedades y dolores de un modo rápido y seguro siendo la digitopuntura es decir la presión con los dedos en determinados puntos del cuerpo una forma sencilla y sumamente efectiva de tratamiento que uno puede practicar con los demás y consigo mismo Basada en la ciencia de los meridianos y avalada por siglos de experiencia este libro pone la digitopuntura al alcance de todos de un modo nunca antes expuesto al lector occidental En esta obra el autor un especialista reconocido internacionalmente explica de forma fácil la localización de 40 puntos fundamentales en el tratamiento de numerosas dolencias comunes y cómo ejercer sobre ellos la digitopuntura Dolores de muelas de cabeza o de espalda problemas articulares estomacales o sexuales insomnio falta de vigor alergias rinitis o diarreas entre otras muchas y comunes dolencias pueden ser tratadas y espectacularmente mejoradas por medio de esta sencilla práctica Asimismo conocimientos básicos de la medicina china y su concepción de la salud y enfermedad son tratados con amenidad y gran sentido didáctico En resumen un libro enormemente útil que le ayudará a mejorar su vida y la de los suyos

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Reviewing **Vuelta Al Cuerpo En Cuarenta Puntos La Plus Vitae**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Vuelta Al Cuerpo En Cuarenta Puntos La Plus Vitae**," an enthralling opus penned by a very acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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