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THERAPIE-TOOLS



Kinder- und Jugendlichen- psychotherapie

4. Auflage



Deutsche Gesellschaft für
Psychiatrie und
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SPALD

Therapie Tools Kinder Jugendlichenpsychotherapie E Arbeitsmaterial

Ulrike Petermann, Franz Petermann



Therapie Tools Kinder Jugendlichenpsychotherapie E Arbeitsmaterial:

Therapie-Tools Kinder- und Jugendlichenpsychotherapie Ulrike Petermann, Franz Petermann, 2015-06-22

Anorexia nervosa Tanja Legenbauer, Iris Schmieg, Katharina Bühren, 2024-10-07 Anorexia nervosa ist eine Erkrankung des Kindes und Jugendalters sowie des jungen Erwachsenenalters. Die Erkrankung ist durch Einschränkungen der Nahrungsaufnahme und/oder eine Steigerung des Kalorienverbrauches gekennzeichnet, um ein niedriges Körpergewicht zu erreichen. Die Betroffenen leiden unter starken Sorgen bezüglich ihres Gewichts und ihrer Figur und einer verzerrten Wahrnehmung ihres Körpers. Die Anorexia nervosa weist bei Chronifizierung eine hohe Mortalitätsrate auf, hat aber vor allem im Jugendalter bei frühzeitiger Therapie eine gute Prognose. Der Leitfaden liefert einen praxisorientierten und evidenzbasierten Überblick über die Diagnostik und Therapie der Anorexia nervosa im Kindes und Jugendalter. Zunächst wird der aktuelle Forschungsstand zu Symptomatik, Klassifikation, Differenzialdiagnosen, komorbiden Störungen, Ätiologie und epidemiologischen Erkenntnissen zusammengefasst. Anschließend werden dann Leitlinien zur Diagnostik, Verlaufskontrolle und Behandlung der Störung beschrieben. Neben den Standardinterventionen in der Essstörungsbehandlung zur Wiederherstellung des Gewichts und zum Ernährungsmanagement werden Empfehlungen für psychotherapeutische Strategien mit assoziierten bzw. zugrunde liegenden Problembereichen gegeben. Weiterhin wird auf den Einbezug der Eltern und anderer Bezugspersonen in die Behandlung eingegangen. Die Umsetzung der Leitlinien in den klinischen Alltag wird anhand von Fallbeispielen, Beispieldialogen und konkreten Anleitungen veranschaulicht. Zudem werden für den Praxisalltag hilfreiche diagnostische und therapeutische Materialien zur Verfügung gestellt. Selbstverletzendes Verhalten Tina

In-Albon, Paul L. Plener, Romuald Brunner, Michael Kaess, 2015-01-19 Nichtsuizidales Selbstverletzendes Verhalten ist bei vielen Jugendlichen ein Thema. Zahlreiche Jugendliche probieren es einmal aus, aber es gibt auch einige, die sich regelmäßig über Wochen, Monate oder Jahre hinweg selbst verletzen. Die häufigste Absicht, die mit diesem Verhalten einhergeht, ist die Reduktion von unangenehmen Emotionen. Ziel des Leitfadens ist es, aktuelle Ergebnisse zur Symptomatik, Diagnostik, Therapie und Prävention zu vermitteln. Kernstück des Leitfadens sind die Leitlinien zur Diagnostik und Behandlung von Nichtsuizidalem Selbstverletzendem Verhalten. Die Leitlinien zur Diagnostik beschreiben die Exploration des Patienten, der Symptomatik und störungsrelevanter Faktoren. Zudem werden Hinweise zur körperlichen Untersuchung, zur Differenzialdiagnostik sowie zur Verlaufskontrolle und Qualitätssicherung gegeben. Auf Basis der aktuellen Therapieforschung erläutern die Leitlinien zur Therapie das konkrete Vorgehen beim Erstkontakt und bei der Akutbehandlung, Möglichkeiten der Weiterversorgung sowie das psychotherapeutische und pharmakologische Vorgehen. Des Weiteren wird auf das Therapiesetting, die Elternarbeit und die Zusammenarbeit mit Schule, Jugendhilfe und Sozialarbeit eingegangen. Materialien für die Praxis und Fallbeispiele ergänzen den Leitfaden. **Therapie-Tools Kinder- und Jugendlichenpsychotherapie**

Ulrike Petermann, Franz Petermann, 2015 **Therapie-Tools Soziale Kompetenz für Kinder** Marion Pothmann, 2024

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Kinder und Jugendliche unterst tzen resilienter und selbstbewusster zu werden F higkeiten Talente und innere Ressourcen aufsp ren Den Blick auf die Chancen lenken nicht auf die Probleme Wenn Kinder und Jugendliche in ihren St rken und mit ihren besonderen Begabungen und Talenten gef rdert werden steigert dies ihr Selbstwertgef hl macht sie selbstbewusster und resilienter gegen Krisen und in schwierigen Momenten In der Psychotherapie mit Kindern und Jugendlichen spielt die Wahrnehmung und F rderung individueller St rken und Talente daher eine wesentliche Rolle ber 80 Arbeits und Informationsbl tter zum direkten Einsatz in der Therapie Mit zahlreichen kindgerechten Illustrationen Mit psychoedukativen Materialien und bungen u a aus der Positiven Psychologie Spieltherapie L sungsorientierten Therapie Aus dem Inhalt Nach St rken und Ressourcen fragen Diagnostik Was macht Kinder und Jugendliche stark Psychoedukation Kinder und Jugendliche aktiv st rken bungssammlung Kinder auf Spielebene st rken spieltherapeutische Interventionen Eltern Kind Interaktionen st rken Bindungsspiele St rkende Elternarbeit Therapie-Tools Akzeptanz- und Commitmenttherapie (ACT) mit Kindern und Jugendlichen Tanja Cordshagen-Fischer, Jens-Eckart Fischer, 2022 **Therapie-Tools Aggressives und expansives Verhalten im Kindes- und Jugendalter** Dörte Grasmann, Felix Euler, 2019 Therapie-Tools Bindung und Bindungsstörungen Michael Borg-Laufs, Monique Breithaupt-Peters, Eva Jankowski, 2021 *Therapie-Tools Suizidalität und Krisenintervention bei Kindern und Jugendlichen* Sören Friedrich, Tobias Teismann, 2022 *Psychiatrie & Psychotherapie Band 08: Therapietools* Sybille Disse, 2023-08-15

Therapietools sind Hilfsmittel die in der Psychiatrie und Psychotherapie eingesetzt werden um die Behandlung von psychischen St rungen zu unterst tzen Sie k nnen verschiedene Formen annehmen wie z B Frageb gen Skalen Tests Apps Spiele B cher oder Arbeitsbl tter Therapietools dienen dazu die Diagnostik zu erleichtern den Therapieprozess zu strukturieren die Therapiemotivation zu f rdern die Selbstwirksamkeit zu st rken und den Therapieerfolg zu messen Psychiater Psychologische Psychotherapeuten Kinder und Jugendlichenpsychotherapeuten und Heilpraktiker f r Psychotherapie k nnen Therapietools in der t glichen Praxis einsetzen indem sie sie an die Bed rfnisse und Ziele ihrer Patienten anpassen Dabei sollten sie einige Aspekte beachten wie z B die wissenschaftliche Evidenz die praktische Anwendbarkeit die ethischen Richtlinien und 4 Therapietools die Datenschutzbestimmungen Therapietools sollten immer in den Kontext der therapeutischen Beziehung eingebettet werden und nicht als Ersatz f r eine individuelle und empathische Behandlung dienen Therapietools k nnen f r den Therapieerfolg nutzen indem sie die Wirksamkeit der eingesetzten

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In a digitally-driven world where displays reign great and immediate interaction drowns out the subtleties of language, the profound secrets and psychological nuances concealed within phrases usually get unheard. However, set within the pages of **Therapie Tools Kinder Jugendlichenpsychotherapie E Arbeitsmaterial** a charming literary prize sporting with organic thoughts, lies an exceptional journey waiting to be undertaken. Composed by a skilled wordsmith, this wonderful opus encourages visitors on an introspective journey, softly unraveling the veiled truths and profound influence resonating within the cloth of each and every word. Within the psychological depths of this poignant review, we will embark upon a genuine exploration of the book is key subjects, dissect their fascinating publishing type, and yield to the effective resonance it evokes deep within the recesses of readers hearts.

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