# Tourist Experience and Fulfilment

Insights from positive psychology

Edited by Sebastian Filep and Philip Pearce



# **Tourist Experience And Fulfilment**

**Sebastian Filep, Philip Pearce** 

### **Tourist Experience And Fulfilment:**

Tourist Experience and Fulfilment Sebastian Filep, Philip Pearce, 2013-07-31 What makes life worth living Many people would argue that it is fulfilling experiences These experiences are characterised by feelings of joy and pleasure positive relationships and a sense of engagement meaning and achievement Tourism is arguably one of the largest self initiated commercial interventions to promote well being and happiness on the global scale but yet there is absence in the literature on the topic of fulfilling tourist experiences from psychological perspectives Drawing on insights and theories from the research field of positive psychology the study of well being this is the first edited book to evaluate tourist experiences from positive psychology perspectives The volume addresses the important topic of fulfilment through the lens of the world s largest social global phenomenon tourism In doing so the book refreshes and challenges some aspects of tourist behaviour research The chapters are grouped under three broad sections which reflect a range of positive psychological outcomes that personal holiday experiences can produce namely happiness and humour meaning and self actualisation and health and restoration The book critically explores these fulfilling experiences from interdisciplinary perspectives and includes research studies from wide range of geographical regions By analysing the contemporary fulfilling tourist experiences the book will provide further understanding of tourist behaviour and experience Written by leading academics this significant volume will **Tourist Experience and Fulfilment Sebastian** appeal to those interested in Tourism and Positive Psychology Filep, Philip Pearce, 2013-07-31 What makes life worth living Many people would argue that it is fulfilling experiences These experiences are characterised by feelings of joy and pleasure positive relationships and a sense of engagement meaning and achievement Tourism is arguably one of the largest self initiated commercial interventions to promote well being and happiness on the global scale but yet there is absence in the literature on the topic of fulfilling tourist experiences from psychological perspectives Drawing on insights and theories from the research field of positive psychology the study of well being this is the first edited book to evaluate tourist experiences from positive psychology perspectives. The volume addresses the important topic of fulfilment through the lens of the world's largest social global phenomenon tourism In doing so the book refreshes and challenges some aspects of tourist behaviour research The chapters are grouped under three broad sections which reflect a range of positive psychological outcomes that personal holiday experiences can produce namely happiness and humour meaning and self actualisation and health and restoration The book critically explores these fulfilling experiences from interdisciplinary perspectives and includes research studies from wide range of geographical regions By analysing the contemporary fulfilling tourist experiences the book will provide further understanding of tourist behaviour and experience Written by leading academics this significant volume will appeal to those interested in Tourism and Positive Psychology Handbook on the Tourist Experience Agapito, Dora, Ribeiro, Manuel A., Woosnam, Kyle Woosnam M., 2022-07-19 Offering an overview of current issues around design marketing and management of experiences from the

tourist perspective this comprehensive Handbook critically reviews the key debates and developments within the field Empirical chapters by international contributors explore a range of perspectives challenges opportunities for future research and best managerial practices Routledge Handbook of the Tourist Experience Richard Sharpley, 2021-11-17 Routledge Handbook of the Tourist Experience offers a comprehensive synthesis of contemporary research on the tourist experience It draws together multidisciplinary perspectives from leading tourism scholars to explore emergent tourist behaviours and motivations. This handbook provides up to date critical discussions of established and emergent themes and issues related to the tourist experience from a primarily socio cultural perspective It opens with a detailed introduction which lays down the framework used to examine the dynamic parameters of the tourist experience Organised into five thematic sections chapters seek to build and enhance knowledge and understanding of the significance and meaning of diverse elements of the tourist experience Section 1 conceptualises and understands the tourist experience through an exploration of conventional themes such as tourism as authentic and spiritual experience as well as emerging themes such as tourism as an embodied experience Section 2 investigates the new developing tourist demands and motivations and a growing interest in the travel career Section 3 considers the significance motives practices and experiences of different types of tourists and their roles such as the tourist as photographer Section 4 discusses the relevance of place to the tourist experience by exploring the relationship between tourism and place The last section Section 5 scrutinises the role of the tourist in creating their experiences through themes such as transformations in the tourist role from passive receiver of experiences to co creator of experiences and external mediators in creating tourist experiences This handbook is the first to fill a notable gap in the tourism literature and collate within a single volume critical insights into the diverse elements of the tourist experience today It will be of key interest to academics and students across the fields of tourism hospitality management geography marketing and consumer behaviour Tourism, Travel, and Hospitality in a Smart and Sustainable World Vicky Katsoni, 2023-05-26 This book features the second volume of the proceedings of the 9th International Conference of the International Association of Cultural and Digital Tourism IACuDiT Held at the Syros Island in Greece in September 2022 the conference s lead theme was Tourism Travel and Hospitality in a Smart and Sustainable World With a full appreciation of the contributions made by numerous writers toward the progress in tourism research this book presents a critical academic discourse on sustainable practices in a smart tourism context stimulating future debates and advancing knowledge and understanding in this critical area of knowledge It also puts emphasis on the knowledge economy and smart destinations notion It enacts new modes of tourism management and development and presents chapters on cultural heritage tourism emerging technologies and tourism consumer behaviour such as tourism education location based services Internet of Things smart cities mobile services gamification digital collections and the virtual visitor social media social networking and augmented reality Tourist Experiences Chris Ryan, Xiaoyu (Nancy) Zhang, 2024-03-12 This book explores the application of psychological

theories to tourist behaviour and experiences It traces the evolution of those theories and how they have changed in response to broader social and economic changes Among those changes have been the development of tourism which reflects those social changes and contributes to them In doing so tourism theories also contribute to and gain insights from emergent psychological theories including those derived from the neurosciences The book provides both undergraduate and postgraduate students with an understanding of core psychological perspectives derived from both humanistic and empirical psychology and their application to tourist behaviours and experiences The Routledge Handbook of Tourism Experience Management and Marketing Saurabh Kumar Dixit, 2020-05-18 The Routledge Handbook of Tourism Experience Management and Marketing offers a comprehensive and thorough inquiry into both customary and emergent issues of tourism experience and co creation Drawing together contributions from 83 authors from 28 countries with varied backgrounds and interdisciplinary interests the handbook highlights multiple representations and interpretations of the theme It also integrates a selection of illustrative global case studies to effectively present its chapter contents Tourism experience drives the contemporary tourist's behavior as they travel in pursuit of experiencing unique and unusual destinations and activities Creating a memorable and enduring experience is therefore a prerequisite for the all tourism business organizations irrespective of the nature of their products or services This handbook focuses on conceptualizing designing staging managing and marketing paradigms of tourism experiences from both supply and demand perspectives It sheds substantial light on the contemporary theories practices and future developments in the arena of experiential tourism management and marketing Encompassing the latest thinking and research themes this will be an essential reference for upper level students researchers academics and industry practitioners of hospitality as well as those of tourism gastronomy management marketing consumer behavior cultural studies development studies and international business encouraging dialogue across disciplinary boundaries Creating Experience Value in Tourism, 2nd Edition Nina K Prebensen, Joseph S Chen, Muzaffer Uysal, 2018-06-18 Research delivers a multitude of approaches to value creation represented here as a set of definitions perspectives and interpretations of how tourists as customers create value alone and with others Now updated throughout Creating Experience Value in Tourism 2nd Editionprovides a clarification of these approaches as well as a practical translation as to how they can work within industry Concluding with a summary of the areas for future research this is a key resource for researchers particularly those interested in experience value and co creation as well as a useful read for students of tourism and related industries A Practical Guide to Managing Tourist Experiences Isabelle Frochot, 2021-12-30 This book provides students with a concise and practical guide that presents key understandings of the tourist experience and provides strategic quidance on how to develop an impactful and memorable experience Chapters follow the path of the tourist journey firstly exploring consumer behaviour the decision making process and the tourist's need for escape and providing insights into the strategic implications of consumer behaviour and the concept of immersion in

tourism Subsequent chapters look at the impact of experiences consider trends in tourism experience such as wellness sustainability authenticity and fantasy and provide experience design models The final chapter offers a unique ten step approach to designing impactful and memorable tourist experiences Highly practical and engaging this book is packed full of case studies and examples from forest bathing in Finland to truffle hunting in Italy as well as tools and exercises to guide the design process This book offers students a full understanding of how the experience is lived from the tourist perspective how tourism providers can manage that process and how to develop successful experimental marketing interventions This is essential reading for all tourism students and future tourism managers 

The Heritage Tourist Experience Dallen J. Timothy,2017-05-15 This three volume reference series provides an authoritative and comprehensive set of volumes collecting together the most influential articles and papers on tourism heritage and culture The papers have been selected and introduced by Dallen Timothy one of the leading international scholars in tourism research The second volume The Heritage Tourist Experience focuses on the nature of the heritage experience the demand for heritage and managing visitors and their experiences Sold individually and as a set this series will prove an essential reference work for scholars and students in geography tourism and heritage studies cultural studies and beyond

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