

TRANSCULTURAL  
COUNSELLING

# in Action

SECOND EDITION



Series Editor: Windy Dryden

PATRICIA D'ARDENNE  
& ARUNA MAHTANI

SAGE PUBLICATIONS

# Transcultural Counselling In Action Counselling In Action Series

**Jocelyn Chaplin**



## **Transcultural Counselling In Action Counselling In Action Series:**

**Transcultural Counselling in Action** Patricia D'Ardenne, Aruna Mahtani, 1989 Can a counselor's or client's culture affect the counseling process Should counselors confine themselves to counseling only those from their own culture Transcultural Counselling in Action offers a new approach to the counseling process that addresses the problems often posed by cultural differences Drawing on examples from community groups liaison and advocacy workers mental health specialists and from professionals already working with other cultures this practical volume walks the counselor through the transcultural counseling process Main themes are summarized the response of professionals to the process are evaluated and the implications for counseling in a multicultural society are addressed With so little literature existing on transcultural counseling this volume will serve as an essential guide to anyone working with groups or individuals from other cultures The book serves its purpose well in terms of both the transcultural issues highlighted and the handling of issues arising in the process of transcultural counseling Contemporary Psychology The fundamental assumptions made by the authors are evident throughout the book and highlight the need for the reader to question their personal stance on these issues This in itself is a useful exercise for the transcultural counsellor This book meets its aim of providing guidelines of good practice in counselling New Community Transcultural Counselling in Action ,1989 Psychosynthesis Counselling in Action Diana Whitmore, 2004-09-23 This edition has been fully revised and updated to take account of recent developments in the field It remains the most practical guide to the principles and primary techniques of the psychosynthesis approach and its effective use in counselling **Standards and Ethics for Counselling in Action** Tim Bond, 2000-06-22 SAGE celebrated the 20th Anniversary of the Counselling in Action in November 2008 To view the video click here This book is very comprehensive and a useful addition to the reading list for healthcare students Excellent student text Invaluable text This edition retains the same informative and accessible style and broadly the same order of contents as the First Edition which makes it easy for readers to track down key changes The author's extensive experience in the field of ethics in counselling and his experience as Chair of BACP underpin this updated essential and authoritative Second Edition British Journal of Guidance and Counselling Tim Bond has done a great service to the counselling profession by writing and now updating this book His particular strength must surely be his clarity in acquainting counsellors with the complexities of British law After an introduction he starts with an exploration of the origins and scope of counselling He then exemplifies cases in which a counsellor's personal and professional values collide He has collected together a host of ethical dilemmas that counsellors might have to face Naomi Stadlen Journal of the Society for Existential Analysis This highly acclaimed guide to the major responsibilities which trainees and counsellors in practice must be aware of before working with clients has now been fully revised and updated The Second Edition examines issues fundamental to the process of counselling A wide range of ethical problems are discussed and advice is given for resolving these dilemmas Tim Bond outlines the values and ethical principles

inherent in counselling and points out that the counsellor is at the centre of a series of responsibilities to the client to him herself as a counsellor and to the wider community He covers topics such as confidentiality legal aspects of counselling working with suicidal clients false or recovered memory record keeping and the importance of adequate supervision **Key Issues for Counselling in Action** Windy Dryden, Andrew Reeves, 2008-09-17 Effective counselling is based on a strong working relationship between counsellor and client Building and maintaining this therapeutic alliance demands both skill and an ability to negotiate challenges which arise during the counselling process Key Issues for Counselling in Action prepares new practitioners for face to face work with clients by looking at what is required at each stage of the process and examining issues which practitioners most frequently need to deal with along the way The topics covered are relevant to all counsellors regardless of theoretical orientation The book explores the everyday issues counsellors face when getting started making an assessment working at relational depth setting goals and ending the relationship Advice is also given on more difficult challenges such as dealing with reluctant clients stuckness client dependency and unplanned endings Key Issues for Counselling in Action is a bestselling text which has been used to train many thousands of counsellors as well as supporting their continuing professional development This second edition has been completely re written and includes new material on the use of touch self care culture and counselling evaluation Windy Dryden is Professor of Psychotherapeutic Studies Professional and Community Education PACE at Goldsmiths College University of London Andrew Reeves is a University Counsellor at the University of Liverpool Counselling Service and Editor of the journal Counselling Psychotherapy Research

**Rational Emotive Behavioural Counselling in Action** Windy Dryden, Michael Neenan, 2004-05-18 The book is highly readable and makes extensive use of an actual case study in order to illustrate the approach Mark Edwards Nurtuting Potential As the creator of Rational Emotive Therapy I have probably read more books dealing with its theory and practice than has anyone else Of all these books Windy Dryden and Michael Neenan s is easily one of the best In a remarkably concise way they have distilled most of the main principles and methods into a small highly practical and exceptionally readable volume Any counsellor or therapist will find this book unusually useful and valuable Albert Ellis Albert Ellis Institute Rational Emotive Behavioural Counselling in Action Third Edition is a brand new edition of this highly popular guide to a much used approach Combining the theoretical with the practical the book provides an accessible guide for newcomers to this form of counselling The book describes the way in which the REB approach helps clients to identify the self defeating beliefs behind their problems and instead to think feel and behave differently as a means of achieving valued goals Fully revised and updated the book includes an important client case study following therapeutic work with Paula which introduces the reader to the strategies and techniques needed at every stage of the process Here the reader is given an insight into the nuts and bolts of the therapeutic session including conversations between client and therapist to illustrate the counselling sequence how to help the client achieve goals and how to end the counselling process Rational Emotive Behavioural Counselling in

Action Third Edition is invaluable for trainees of REB counselling as well as those who want to incorporate elements of the approach into their own therapeutic work *Feminist Counselling in Action* Jocelyn Chaplin, 1999-09-13 For counsellors therapists trainees and others who want a deeper understanding of how society affects them psychologically the revised and updated edition of *Feminist Counselling in Action* is the ideal resource Drawing on feminist theory Jocelyn Chaplin points to the deeply entrenched hierarchical ways of thinking which permeate every level of our lives The author presents an alternative rhythm model that when applied in counselling increases self confidence wholeness and improved relationships In this model the counsellor is not seen as the expert or the doctor and the client is not a patient They are two equal but different people using clues to understand and improve the life of the client To illu *Integrative Counselling Skills in Action* Sue Culley, Tim Bond, 2011-03-31 As a counsellor supervisor and trainer I find this book such an excellent resource It is invaluable in my teaching as well as supporting learning in supervision Culley and Bond use their extensive experience as practitioners to demystify potentially complex ideas instead presenting them in an accessible and engaging way Counselling skills are described clearly and case study material is relevant to practice The third edition brings new and contemporary content that further enhances the value of the book Buy it now Dr Andrew Reeves Counsellor Supervisor Trainer and Editor of *Counselling and Psychotherapy Research journal* *Integrative Counselling Skills in Action* third edition is a bestselling introduction to the core counselling skills It takes you step by step through the skills and strategies needed at each stage of the counselling process beginning middle and end using illustrative case examples and providing practical checklists and summaries New to the third edition Negotiating and managing a counselling contract Using self disclosure Preparing for and using supervision An example of supervision included in extended case study A new preface *Integrative Counselling Skills in Action* is used by many thousands of students and practitioners who need guidance on using counselling skills in a variety of helping settings **Transactional Analysis Counselling in Action** Ian Stewart, 2007-11-21 SAGE celebrated the 20th Anniversary of the *Counselling in Action* in November 2008 To view the video click here Praise for the First Edition Ian Stewart has made the difficult link between theory and practice clear without being patronizing This is valuable for everyone interested in TA since many concepts can only be fully assimilated when linked to actual examples Even if you are not in clinical practice this book would be a useful addition to your library and for anyone in training or beginning practice this is required reading Group Relations *Transactional Analysis Counselling in Action* Third Edition meets a demand for a clearly written step by step account of the process and practice of using transactional analysis to promote personal change This book retains the successful overall structure and organisation of the popular earlier editions but has been fully revised Key features of this new edition include concise hands on descriptions of current techniques and concepts in transactional analysis presented in an accessible style that is immediately useful to the practitioner the sequence of chapters ordered to reflect successive stages in the typical process of therapeutic change using transactional analysis This assists in building

understanding and application of transactional analysis step by step in the order that is likely to arise during actual psychotherapy or counselling expanded discussion of the protective procedure known as closing the escape hatches no suicide no homicide no go crazy decision including possible contra indications a single extended case history that runs through the book to illustrate practice and theory Key Ideas panels which provide summaries of the main ideas that are described in each section or chapter Self supervision sequences offering suggested checklists of questions that readers can use in appraising their own work with clients In this revised Third Edition of his bestselling guide Ian Stewart offers trainee and practising psychotherapists and counsellors an introduction to the core concepts and basic techniques of transactional analysis Ian Stewart is Co Director of The Berne Institute Nottingham He is accredited by the ITAA and the EATA as a Teaching and Supervising Transactional Analyst

**Gestalt Counselling in Action** Petruska Clarkson, 2004-09-18 Gestalt Counseling in Action is a bestselling text which has sold over 30 000 copies Now in its Third Edition the book continues to be a popular text for training in counselling and psychotherapy and with practitioners who are new to the gestalt approach Fully revised and updated Gestalt Counselling in Action Third Edition includes a new chapter which explores recent developments in the field and looks to the future for the gestalt approach

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