

World Enough and Time

Conversations with
Canadian Women at Midlife



A n d r e a M u d r y

World Enough And Time Conversations With Canadian Women At Midlife

Grassroots Women's Collective



World Enough And Time Conversations With Canadian Women At Midlife:

World Enough and Time Andrea Mudry, 1996-11-12 For me getting older physically seems to be epitomized in the feeling that I look like my mother She s really attractive It s just that I can see that she s older and I m not supposed to be Charlotte Wilson Hammond My view of the world is slowly becoming more integrated Sometimes I feel as if I ve walked to the top of a mountain and can look down and see all around Lesia Gregorovitch Some women have told me that they re too old at fifty And I wondered to myself why at fifty would anyone think herself too old Linda Silver Dranoff Now I look upon everything I do and say Is this how I m going to be using the energy that I have or am I going to use it in a different way Roberta Bondar

The most important thing is not to be afraid Kim Campbell **The Dundurn Group** The Dundurn Group, **Canadian Book Review Annual** ,1997 **Feminist Bookstore News** ,1998 Canadian Books in Print 2002 Edited by Butler

Marian, Marian Butler, 2002-02 Containing more than 48000 titles of which approximately 4000 have a 2001 imprint the author and title index is extensively cross referenced It offers a complete directory of Canadian publishers available listing the names and ISBN prefixes as well as the street e mail and web addresses World Enough and Time Andrea

Mudry, 1996-11-12 This collection features intriguing conversations with women 45 to 55 years of age from various backgrounds across Canada **Canadian Books in Print. Author and Title Index** ,1975 **Voicing Our**

Stories/remaking Our Lives Grassroots Women's Collective, 1999 With clarity and conviction this book relates women s stories of adversity and triumph Twelve women from diverse backgrounds and experiences talk about struggle and recovery in this inspiring collection of personal writings Native women immigrant and working class women wives mothers and war refugees speak of sexual and physical abuse workplace harassment alcoholism eating disorders and emotional breakdowns They also document their determination and strength to overcome and move forward Women in struggle and the general reader will be informed and inspired by the extraordinary determination of these ordinary women **Acadiensis** ,1998

Documentation Sur la Recherche Féministe ,1996 **Dreams Have No Expiry Date** Laurie Naomi Gottlieb, Deanna Rosenswig, 2005 Written by two accomplished Canadian women this inspirational guide helps women redefine their life paths and find new meaning and direction at mid life What will I do for the rest of my life And what s next Many women are asking these most pressing questions Whether capping a successful career and looking for a new challenge finding themselves unexpectedly downsized or emerging from the home and looking for a new start in today s workforce women are searching for purpose in their work and at leisure In *Dreams Have No Expiry Date* Laurie Gottlieb and Deanna Rosenswig show how mid life is actually the best time for women to live their dreams now that they have the freedom emotional resources self knowledge time wisdom and energy to do so In a step by step way using interviews research and exercises designed to stimulate thinking and increase self awareness Gottlieb and Rosenswig help women articulate and then achieve their dreams The text is peppered with inspirational stories and anecdotes from women interviewed about their process their learning and

their dreams Gottlieb and Rosenswig never underestimate the complexities of each woman's life but instead help women work with their skills and abilities to chart a course for the next 30 40 or even 50 years of their lives *Dreams Have No Expiry Date* helps the reader discover and articulate dreams identify and mobilize inner strengths and resources estimate readiness for change identify the phases in the process of transitions eliminate negatives that hijack dreams optimize resources to realize dreams create a personalized roadmap to make dreams a reality Excerpt from *Dreams Have No Expiry Date* If you hear yourself thinking one or more of the following statements then this book is for you I have been there done that and don't want to do this any more I have achieved my goals and need a new challenge What's next What are my choices I need to find passion meaning and balance in my life I had planned to retire at 65 but was retired 15 years earlier I want to do something just for me Everything seems so uncertain all of a sudden I'm questioning everything in my life It's now or never **BC Studies** ,1996 New Books on Women and Feminism ,1996 **Quill & Quire** ,2004 Canadian Books in Print ,1999 Sociology James M. Henslin, Keith Christopher Hampson, 2004 The British National Bibliography Arthur James Wells, 1998 *Bibliographic Guide to Womens Studies* 1998 New York Public Library Staff, 1999-08 *Resources in Education* ,1982 **Index Medicus** ,2003 Vols for 1963 include as pt 2 of the Jan issue Medical subject headings

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