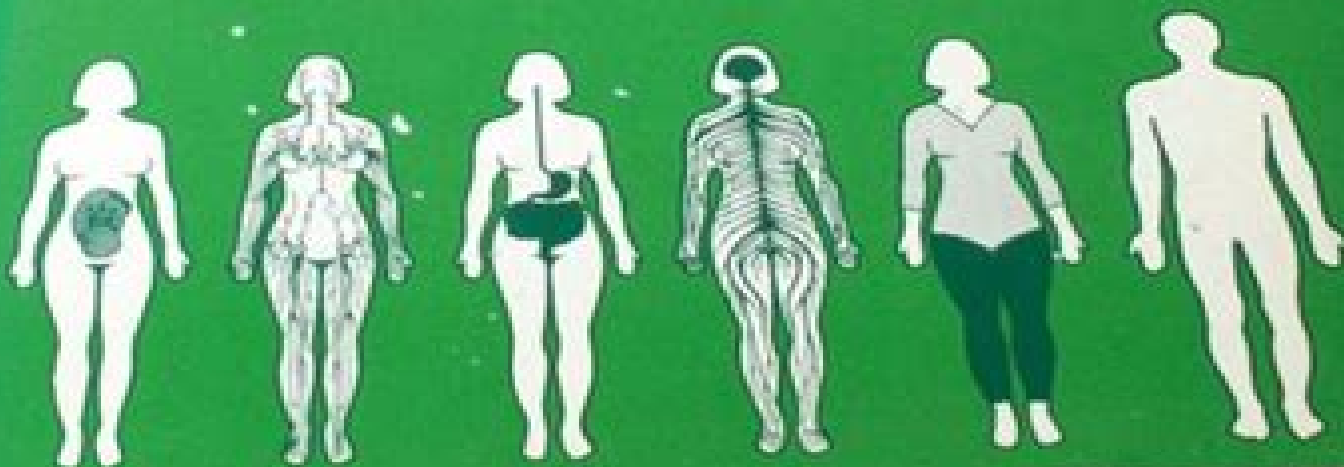


Vrouwen lijfboek

een gebruiksaanwijzing

Diagram Group



Vrouwen Lijfboek Een Gebruiksaanwijzing

Henk Romijn Meijer



Vrouwen Lijfboek Een Gebruiksaanwijzing:

Body een lijfboek Timothy Ferriss, 2011-10-20 Moet je je gewoon neerleggen bij zware botten en zwembandjes Timothy Ferriss onderzocht met behulp van medici en wetenschappers of erfelijkheid je inderdaad een lichaam kan opleggen waar je niet gelukkig mee bent Ferriss uitgebalanceerde dieet en trainingsprogramma is het verrassende antwoord op vijftien jaar onderzoek naar de vraag hoe hou je je genen voor de gek en krijg je het perfecte figuur en de beste seks En hoe krijg je met de kleinste aanpassingen en zo min mogelijk moeite de meeste energie en de beste resultaten Body een lijfboek geeft alle antwoorden voor mannen n vrouwen Van de sportschool tot de slaapkamer vergeet wat hip en happening is en doe wat echt werkt **De gids** ,1980 Boekblad ,1999 Vrij Nederland ,2002 **De mens leeft niet van bloot alleen** Michel van der Plas,1971 **Toen Reve nog Van het Reve was** Henk Romijn Meijer,1985 Herinneringen aan de Nederlandse schrijver ten tijde van diens debuut **Werken van barmhartigheid** Louis Ferron,2003 **Vrouwen lijfboek** May van Slichter, The Diagram Group,1978 Biologische medische en seksuologische gegevens over het vrouwelijke lichaam aangevuld met praktische adviezen **Je lichaam, je leven** Anja Meulenbelt,1977 Woman's Body ,1978

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