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Choices in a Changing Society



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Your Health Today Brief Choices In A Changing Society

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Your Health Today: Choices in a Changing Society Michael Teague, Sara Mackenzie, David Rosenthal, 2008-11-19 This exciting new text presents personal health in the context of a changing social and cultural environment. Going beyond behavior change and individual responsibility, it offers a broadened view of health that includes the impact of family, community, and society. It's a new way of looking at health. Personal health is not only the choices we make. Choice is another key theme in *Your Health Today*. Emphasizing the importance of making informed health choices, this text demonstrates how these choices affect an individual's health for today and for a lifetime.

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Your Health Today Michael Teague, 2010 Your Health Today Michael L. Teague, 2017 **Your Health Today?** TEAGUE, 2023-04-11 Your Health Today: Choices in a Changing Society, Brief Michael Teague, Sara Mackenzie, David Rosenthal, 2008-11-24 For your classes in Personal Health, McGraw Hill introduces the latest in its acclaimed M Series. The M Series started with your students. McGraw Hill conducted extensive market research with over 4,000 students to gain insight into their studying and buying behavior. Students told us they wanted more portable texts with innovative visual appeal and content that is designed according to the way they learn. We also surveyed instructors, and they told us they wanted a way to engage their students without compromising on high-quality content. This exciting text presents personal health in the context of a changing social and cultural environment. Going beyond behavior change and individual responsibility, it offers a broadened view of health that includes the impact of family, community, and society. It's a new way of looking at health. It's not just personal. More current, more portable, more captivating, plus a rigorous and innovative research foundation adds up to more learning. When you meet students where they are, you can take them where you want them to be.

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